

May 2025

Articles submitted are published as received & do not reflect the views of the Parish Council

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Parish Council Meetings May 2025

Full Council:

Wednesday 7th, 7:00pm (AGM)

Finance & Governance:

Wednesday 7th, 10:30am

Planning & Highways:

- Wednesday 14th, 10:00am
- Wednesday 28th, 10:00am

Personnel:

- No meetings scheduled.

Leisure & Community Engagement:

- Monday 19th, 11:00am

The agendas & minutes of all the committee meetings are listed on the parish council website: www.kessinglandparishcouncil.co.uk. The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.



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Join us on Facebook
Friends of Kessingland Parish Council

Your Parish Councillors





Stephen (Sid) James Chair of Council

01502 740521

sjames@kessinglandparishcouncil.gov.uk



Caroline Carter Vice-Chair of Council

07811 753930

ccarter@kessinglandparishcouncil.gov.uk



Christine Cook Councillor

07592 555345

ccook@kessinglandparishcouncil.gov.uk



Alan Green Councillor

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agreen@kessinglandparishcouncil.gov.uk



Julie McLean Councillor

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jmclean@kessinglandparishcouncil.gov.uk



Ian Graham Councillor

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01502 744367

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Neil Glendinning Councillor

07801 681136

nglendinning@kessinglandparishcouncil.gov.uk



Lynda Hood Councillor

07954 412031

lhood@kessinglandparishcouncil.gov.uk



David Boyle Councillor

07707 201300

dboyle@kessinglandparish council.gov.uk

Danielle Pope-Brannon Councillor

07928 245822

dpope-brannon@kessinglandparishcouncil.gov.uk

Jack Ollett Councillor

07897 643233

jollett@kessinglandparishcouncil.gov.uk

Vacancy

Kessingland Parish Council

Committees / Groups / Representatives



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair The Council has 4 committees which deal with different areas of Council business.

Planning & Highways Committee

Councillors: Chair: C. Carter Vice-Chair: I. Graham B. Saunders, N. Glendinning, C. Cook, D. Pope-Brannon, J. Ollett

Personnel Committee

Councillors: Chair: N. Glendinning Vice-Chair: C. Carter C. Cook, I. Graham, A. Green

Finance & Governance Committee

Councillors: Chair: A. Green Vice-Chair: I. Graham N. Glendinning, J. McLean, C. Cook, B. Saunders, J. Ollett

Leisure & Community Engagement Committee

Councillors: Chair: I. Graham Vice Chair: J. McLean C. Carter, C. Cook, A. Green, L. Hood, D. Boyle, J. Ollett, D. Pope-Brannon

As well as sitting on its 4 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens

North - Cllr D. Boyle South - Cllr S. James

Community Garden Co-ordinator

Cllr J. McLean

Community Fridge Cllr C. Cook, Cllr J. McLean,

Cllr L. Hood

Youth Culture Board

Chair & Vice Chair of Council, Cllr J. McLean, Cllr I. Graham

Suffolk Police

Cllr C. Carter, Cllr L. Hood

Benacre & Kessingland Flood Group

Cllr S. James

Kessingland Marsh

CIIr D. Boyle (Warden) D. Fox (Deputy Warden)

Hidden Needs Forum

Cllr C. Cook, Cllr J. McLean, Cllr C. Carter, Cllr L. Hood

Kessingland Sports & Social Centre

Cllr C. Cook

Suffolk Bus Passenger **Interest Group**

Cllr A. Green

Village & Beach Clean-Up Co-ordinator Cllr D. Boyle

Kessingland in Need Trust

Cllr L. Hood, Cllr D. Boyle

ESC Community Partnership

Cllr J. McLean, Cllr I. Graham, Deputy Parish Clerk

SALC Climate Forum

Cllr A. Green & Parish Clerk

Community Speed Watch & SID Co-ordinator

Cllr D. Pope-Brannon

Kessingland Events Group

Cllr J. McLean, Cllr C. Cook, Cllr D. Boyle, Cllr C. Carter, Cllr L. Hood, Cllr J. Ollett, Cllr D. Pope-Brannon

Kessingland Parish Council Staff





Kessingland Parish Council

Office Hours:

Monday – Wednesday & Friday, 10am – 3pm Closed on Thursday

Telephone:

01502 744367

Email:

admin@kessinglandparishcouncil.gov.uk

Website:

www.kessinglandparishcouncil.gov.uk



Parish Clerk & RFO: Neil Coleby



Acting Parish Clerk & RFO:
Shelley Hogg



Admin/Committee Clerk: Debbie Blowers



Senior Youth Leader: Christine Smith



Youth Leader: Daniel Fisk



Youth Leader: Amanda Loud



Cleansing Operative: Ruth Hill



Cleansing Operative: Niall McLean

General Maintenance:Darren Haward

District & County Councillors







County Councillor: Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603

Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003 **Email:** alan.green@eastsuffolk.gov.uk





District Councillor:
Alan Green



Councillor Surgery

with Councillor Alan Green

District Councillor for the ward of Kessingland

Telephone: 07818 563003 / Email: alan.green@eastsuffolk.gov.uk

Every Saturday from 10am until 12pm

"Saturday Coffee at St. Ed's" Kessingland Church Centre, Church Road, Kessingland

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

ALL WELCOME

News from Suffolk Police & Crime Commissioner



PCC publishes his new Police and Crime Plan

Tim Passmore, the Police and Crime Commissioner for Suffolk has published his new Police and Crime Plan, following several months of extensive consultation with the public and stakeholder groups across the county. The newly published plan, which is the PCC's fourth, clearly sets out his Police and Crime objectives for policing in Suffolk.

Launching the plan, Tim Passmore said "Over the next four years I will continue to focus on making Suffolk a safer place in which to live, work, travel and invest, and my Police and Crime Plan reflects this ambition. The plan is a high-level strategic policing document which recognises the vital Peelian principles of policing and yet is customised for our unique Suffolk requirements. It is a public document and a key mechanism for me to hold the Chief Constable to account and ensure the broader community safety objectives are delivered. The starting position is favourable. The latest data from the Office for National Statistics places Suffolk as having the third lowest rate of recorded crime in England and Wales. This is an excellent achievement bearing in mind the Constabulary is one of the lowest funded forces per capita and covers an enormous rural area, never mind the long and complex coastline. The previous three plans have helped make Suffolk a safer place in which to live, work, travel and invest. Reflecting on some achievements is necessary as the next plan builds on those changes and achievements. Evolution is normally far better than revolution."

He added, "Although it is the Police and Crime Commissioner's plan, I am proud it is very much a team effort, involving the Constabulary, all my partners and colleagues from the voluntary and community sector. We received nearly 200 considered responses to the plan and I would like to publicly thank everyone who participated in the consultation. I believe we all have a part to play in making Suffolk a safe, vibrant and thriving community and I am heartened by the response that I have received."

View the plan at www. suffolk-pcc.gov.uk/wp-content/uploads/2025/03/PC-Plan-2025-2029-spreads.pdf

PCC invites you to get involved with the next Accountability meeting

Tim Passmore invites residents to submit questions on policing and crime ahead of the next Accountability & Performance Panel (APP) which takes place on Friday May 9 at 9.30 at Police HQ Martlesham.

The meeting provides the PCC with the opportunity to publicly question, challenge and hold the Chief Constable and senior officers directly to account on how policing is delivered across the county.

The main priority areas to be discussed at the May meeting are:

Financial Monitoring Supporting Children and Young People Neighbourhood Crime and ASB Tackling Serious Violence

In order for your voice to be heard, the PCC encourages residents to share their questions with his office by 3pm on Thursday May 8 by emailing katherine.boswell@suffolk.police.uk.

Alternatively, you can attend and observe the meeting in person or watch via Microsoft Teams. To register your interest by please email katherine.boswell@suffolk.police.uk by 3pm on Thursday 8 May.

A recording of the meeting will be available on the PCC's website after the meeting.

RSPB Little Tern Project



Little Tern project paves the way for further Wildlife Wise grants in 2025

The first Wildlife Wise project grant of 2025 has been awarded to support the RSPB's work in reducing disturbance to ground nesting birds along Kessingland beach.

The £4,900 fund will support the RSPB team to provide and maintain two areas of fencing protecting nesting Little Terns, Ringed Plovers and Oystercatchers over the sensitive breeding months, from disturbance from people and dogs.

The Little Tern's vulnerable nesting sites and its decline in Europe make it an important species to protect on the Suffolk Coast. Ringed Plover and Oystercatcher are also species that are demonstrably impacted by high disturbance. Across the UK, breeding numbers for both species have declined.

The fences will have an outer perimeter of 450m to 950m depending on the habitat extent, and location of nesting birds. The inner fence will be made from poultry netting and the outer will be made from natural rope. The habitat will be fenced off to reduce the potential for trampling of nests and disturbance of the birds, by the end of April, before birds settle to nest. The fencing is designed to ensure people can still access the beach and only covers a small area. The fence is removed once chicks have fledged.

The stretch of coast from Kessingland to Easton Broad is the most important area for breeding Little Terns in Suffolk by a very large margin. 8 pairs of Little Tern nested in 2024, and the site has a five-year average of 19 pairs. The ambition is to see this average return above historic numbers of 30 pairs supported nesting on the site.



Pamela Hallesy, Team Leader for the RSPB Beach Nesting Birds Project said: "Kessingland is an amazing site for beachnesting birds. The fencing funded by Wildlife Wise will make a big difference in providing secure areas where Little Terns, Ringed Plovers, Oystercatchers and Avocets can nest safely. By creating these protected areas, we hope to increase the numbers of pairs and chicks successfully fledging. We have a brilliant team of volunteers who look after the birds through the season, and we look forward to working with the Wildlife Wise team to give these incredible birds the best chance of success in 2025."

Sam Kench, Wildlife Wise Delivery Manager said he was delighted that Wildlife Wise could support the project. "The fencing gives these vulnerable birds the best chance at raising their chicks successfully. As well as the fencing, our rangers will be supporting the RSPB's team and volunteers, engaging with residents and visitors to reduce disturbance and give the birds the best chance of breeding successfully. We want to ensure that people enjoy the beaches and share them with wildlife, allowing nature to thrive".

Building on this project, Wildlife Wise has announced a new call for partners to access its small grants programme, with up to £5,000 being available to projects supporting priorities within the Suffolk Coast Recreational Disturbance Avoidance and Mitigation Strategy.

The Wildlife Wise small grant fund is now open for applications until 21 May, with awards made by 20 June. The types of site-based projects might include implementing new signage, improving footpaths, creating new dogs off lead areas, or small areas of fencing to enable ground nesting birds to breed without disturbance and sensitive wildlife habitats to flourish without trampling, whilst still preserving access to the coast.

Photo Credit: www.rspb.org.uk/helping-nature

Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD Telephone No: 01502 740218 / Website: www.kuwmc.co.uk Affiliated to the CIU

The Quiz nights are proving to be very popular with about at least 20 teams every time. To register a team please see separate poster below. Please note, 3rd July **NO QUIZ NIGHT**.

May 22nd: Tickets for Mary Newton, a talk by Retired Forensic Scientist, are on sale now and selling fast, this could be her last so don't miss her.

June 6th: "Bully" from 7:00pm, Free entry, music starts 8:00pm.

June 28th: We have our Classic Car Show with a Bottle Tombola, Baking Competition and Refreshments. Watch this space for further information.

Our Darts team has done very well and have been promoted to the next League. Looking to start a second team, if interested come visit them on a Friday.

Sunday Music: 11th May - Countryholic (£7.00)

18th May - Sunday Social Evening (£2.50)

Saturday Evening Music: 3rd May – Bobby Graham 7th June – Best if Both

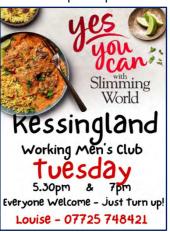
10th May – Just Andy 14th June – Kenny Lee & Hustler

17th May – Three Steps to Heaven 21st June – Steve Allen 24th May – Memphis Index 28th June – KCR Duo

31st May - Terry Batt

The Hall is well used with Parties and other activities with Slimming World every Tuesday evening with two sessions, Line Dancing lessons Wednesday evening £5.00 and the W.I. meet every second Thursday evening of the month with some interesting Speakers (£5.00 for visitors). Bingo on Monday and Wednesday evenings and Sunday Lunch times. Come and join us as more people means bigger prizes.

The Club is a lovely venue for Parties or other activities with a lounge for smaller groups, and for Wakes they are free with a £50 returnable deposit. We have a large well-lit carpark and plenty of disabled parking. Plus disabled entrances and Toilets facilities. We are always looking for new members, its £25.00 (less than 50p a week) with cheap bar prices.. well worth joining. Please also support our ONE LOTTERY.







President: R A Hood Secretary: T Gasking

Society Registration No: 4343 VAT Registration No: 105 2958

Kessingland Women's Institute



Kessingland WI has around 36 inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's club, starting at 7:30pm

Kessingland W.I. Learned about Modern Slavery and Human Trafficking at our April meeting. Jan Meades from the Salvation Army told us of her work as a first responder, interviewing victims for processing by the government. We were surprised to find that the second highest number of slavery victims in UK are British. Information on the background reasons behind people finding themselves entrapped were given, often debts owed to traffickers.

Carol Odell's collection of food items and toiletries was awarded first place in the competition - an item for the food bank. Jan was pleased to take the competition items for the Food Bank users.

The bright and cheery forsythia sprig grown by Bridget Higgins was the top Bloom of the Month.

Our birthday meal at Each- Lowestoft College's restaurant, had been enjoyed by twenty members, we have plans for a lunch at the Jolly Sailors, Pakefield in June.

This month's book group selection is Matt Haig's 'The Midnight Library'. Strollers group will be walking in Beccles.

Our 8th May meeting begins with discussion and voting on a resolution concerning use of defibrillators-Bystanders can be Lifesavers. Members will be sharing loaf cakes and enjoying a display of wartime memorabilia to mark the 80th anniversary of VE Day. We'll be keeping the meeting short in order to attend the Beacon lighting at 21.30.

Our meetings take place at Kessingland Working Men's Club, The Avenue, Kessingland NR33 7QD every 2nd Thursday at 7pm for a 7:30pm start.





Karelyn Smithson

For more information about joining or visiting Kessingland WI, please contact our President, Christine Mabb, on 01502 744255

Kessingland Youth Café (KYC)



Opening Dates for May and Other News

The new consent forms (only one page) are to update any changes since members joined, these include specific consent for members to leave KYC during the lighter evenings.

The KYC will be open on 7th, 14th and 21st May. Closed on the 28th for half term.

On 7th May, to commemorate VE day, we will be making a wreath to lay at the beacon lighting at Roy Brown's Garden opposite The Sailor's Home on Thursday 8th May. Plus, as long as she feels well enough, we will have a lady visit who was evacuated during the war to let us know about her experiences.

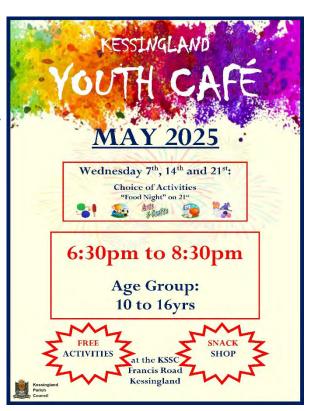


14th May, nothing planned as yet so please let the leaders know of your ideas as to what you would like to do – this is your Youth Café and we would like your ideas.



A big welcome to our new members and I hope you all enjoy your time at the KYC.

Thank you from Chris - Senior Youth Leader and the rest of the team.



Kessingland Men's Shed



Kessingland Men's Shed May 2025 Update

At the time of writing, it is a fine, sunny, Spring day and we at the Shed are looking on gratefully at the fine work being done to replace our roof.

Please come and visit in a couple of weeks to see the finished product, but in the meantime, here are some pictures showing the steps towards renewal,





Scaffolding goes up

The old tiles have been removed

Again, we would like to thank Lowestoft Lions, Adnams Community Trust, Kessingland Parish Council, East Suffolk Community Partnership and Suffolk County Council for help in funding this vital work which will extend the life of the building well beyond the 100th Anniversary it is celebrating later in the year.

Another big day coming up is, of course, the 80th Anniversary of VE-Day. Commemorations include a Beacon Lighting ceremony starting at 9pm on Thursday 8th May, which involves a Proclamation by the Chairman of the Parish Council, laying of wreaths, a bugle call and finishing with lighting of the Beacon at 9.30.

Please help us to raise more funds, which everyone can do at zero cost to themselves, by signing up to easyfundraising.com and support the Shed. Easyfundraising have connections with thousands of businesses, who will make a small donation to us every time you shop online. For example, Argos will give us up to 5%, Dunelm up to 3% and, if you're planning a trip this year, TUI, Travelodge and Booking.com are on the list.

Come along and see us, have a coffee and a chat (Bacon rolls on Saturdays), we look forward to welcoming you.

We are still welcoming new members, so pop down to the Shed, on Bethel Drive, for a coffee and a chat, where you can fill in a form if you want to join up or contact the Secretary on 07950 837083. Opening times are 9-1pm on Mondays, Wednesdays, Fridays, and Saturdays.







Kessingland Library



Spring is finally upon us and it has been lovely being able to enjoy the outdoors, with the sun our faces and sound of birds. Spring is all about new beginnings and as we welcome the sunshine back into our lives, we have a wonderful genre for you to try called 'healing fiction'. Also known as 'cosy fiction', they are books that come with a warm hug and can be deeply philosophical, following characters who encounter loneliness or heartbreak and take time out from the fast pace of life to re-discover happiness. You can find a selection on our display in the library. Also, don't forget that with your library card you can access e-books, audiobooks, newspapers and magazines all for free, a perfect accompaniment to a cup of tea on a sunny afternoon.

We are currently busy preparing for the Reading Quest to return this summer, which will officially run from 19th July to 31st August, kicking off with a colouring competition running from 30th April to the end of May. Pop into the library to pick up a colouring sheet or visit the Suffolk Libraries website to download your own; once completed you can drop them off at the library to be entered into the competition.

The next FoLK Quiz will be on 16th May, with tickets on sale from the 7th May. Also, don't forget to join our FoLK 50 club – pop into the library to find out more and pick up a form.



WRITERS' GROUP

We have had enquiries about starting a writing group at the library. If you would be interested, please get in touch with the library and register your interest. We would also like to hear from anyone who would be interested in leading the group.



The library's new telephone number is:

01502 807667

Updates

From 1st June, the library service in Suffolk will no longer be run by the charity, Suffolk Libraries. I would like to reassure the community that this does not mean there will be major changes to the service, existing groups and activities will continue, and the library will be open as usual.

We are currently unable to take old/foreign currency, stamps, mobile phones and tablets for recycling.

Activities

Don't forget that we have a range of weekly activities including craft for children on Saturdays and Sundays. Give us a call, email us on kessingland.library@suffolk libraries, or pop into the library to find out more.

Keep enjoying the sunshine! Amy

Crossword Corner



No: 101-32

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Across:

- **7** Be a busybody (5)
- 8 Active volcano on Sicily (5,4)
- 10 Garden party (4)
- 11 Able to live on land or in water (10)
- **12** 20th century naval warship (6-7)
- **15** Paint-mixing board (7)
- **16** Have a try at (7)
- 18 Dr Turner actor in Call the Midwife (7,6)
- 20 From Scotland's largest city (10)
- 22 National partner in a conflict (4)
- 23 Gradual rusting (9)
- 24 Section of a poem (5)

Down:

- 1 Before birth (classes) (9)
- 2 2020s BBC crime series set in Northern Ireland (4,6)
- **3** Check like for like (7)
- 4 Drug for hay-fever sufferers (13)
- 5 Half-attached house (4)
- 6 Pig's nose (5)
- **9** Helpful and willing (5,2,6)
- **13** Swampy region of Florida (10)
- 14 Lacking a backbone, cowardly (9)
- **17** Deer meat (7)
- 19 Uncontrolled excess of water (5)
- 21 Arrange into groups (4)

Help & Support in the Community





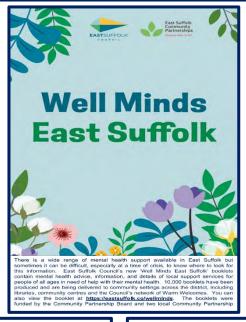
KESSINGLAND HELP IN NEED TRUST CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- · Help Towards Funeral Costs
- Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at clerk.khint@hotmail.com.







We offer a FREE Information & Advice, for anyone with a Disability, their carers, family or professionals.

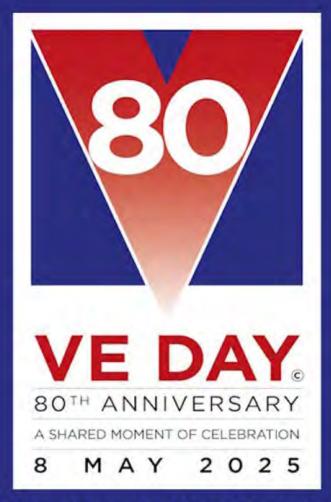
Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop-in service to assist with your enquiries such as benefits, transport, mobility, grants.

DANES will next be at Marram Green on 28th May 2025 9:30am – 12:30pm

> Contact us for details 01502 511333 info@danesonline.co.uk







LIGHTING OF THE KESSINGLAND BEACON

commemorating the 80th Anniversary of VE Day

Event Programme

6:30pm: St Edmund's Church Bells will ring out

From 9:00pm:

Reading of the Proclamation Laying of Commemorative Wreaths Bugle Call & Lighting of the Beacon

At Roy Brown's Memorial Gardens, Church Road, Kessingland















Saturday May 3rd 1.30-3.30 The Church Hall

You are invited to join us as we explore







Create art, make music, eat, drink and chat in an informal setting.

Hear a Bible story and sing songs Enjoy new potatoes, nuggets and beans.

Celebrate that God Loves You.

Messy Church is a Family Church
We invite you and your family

if you have a strong faith, a little faith or have no faith but are curious

RSVP: janetmpallister40@gmail.com
You are welcome.

Events, Competitions & Local Groups















GOOD NEWS!

Welcome Service for our new Rector

Revd. Natalie Rees

On 27th May 2025 7.00pm in

St Edmund's church

Refreshments & Buffet after in the church centre

Come & celebrate with us, bring your friends and families!

Events, Competitions & Local Groups







Active Travel England

Free walking activities in Lowestoff

O Dip Farm

Wednesdays | 10:00-12:00 Introductory Walking Group

Thursdays | 10:00-12:00 Moderate Walking Group

Nicholas Everitt Park

Mondays 10:00-12:00 Introductory Walking Group

Q Carlton Marshes

Tuesdays | 10:00-12:00 Moderate Walking Group

○ Various locations

Fridays | 10:00-12:00 Community group walks

Cuppa and a Stroll

Sparrows Nest

Mondays | 13:00-14:30

○ Cherry Lane Garden Centre Tuesdays | 11:00-12:30

♥ Kensington Gardens

Wednesdays | 13:00-14:30

Pathways Care Farm

Fridays | 13:00-14:30

Interested in finding out more?

Visit our website walkingandcyclinginsuffolk.org.uk or scan the QR code

Email thewaytogosuffolk@suffolk.gov.uk or call 01473 260060



If you need help to understand this information in another language or would like it in another format including audio or large print, please call 03456 066 067.





Supported by
Active Travel England

Free cycling activities in Lowestoff

Op Farm

Wednesdays | 10:00-12:00 Learn to Ride

Wednesdays | 10:00-12:00, 13:30-15:30

and 18:00-20:00

Cycling for Health/Moderate Cycling Group/Competent Cycling Group

Saturdays | 10:00-12:00 Cycling for Health

O Nicholas Everitt Park

Mondays | 10:00-12:00 and 13:30-15:30 Cycling for Health/Moderate Cycling Group/Competent Cycling Group

Interested in finding out more?

Visit our website walkingandcyclinginsuffolk.org.uk or scan the QR code

Email thewaytogosuffolk@suffolk.gov.uk or call 01473 260060

Please note that all bookings must be made in advance.

If you need help to understand this information in another language or would like it in another format including audio or large print, please call 03456 066 067.







Friends of the Library in Kessingland

7 for 7.30 pm
Friday May 16th

Marram Green

£8 with fish and chips, £4 quiz only

Up to 6 people per team

Tickets available at the library

from Wednesday 7th May





Showcase your photographs of Kessingland by entering this year's competition.

Theme: "Anything Kessingland"





PRIZES:

1st - £25 Gift Voucher + A4 Canvas 2nd - £15 Gift Voucher 3rd - £10 Gift Voucher

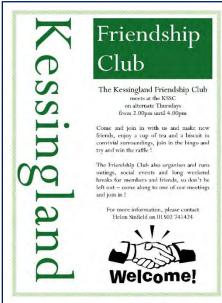
A canvas of the winning photo's will also be displayed in the council offices as part of the council's cultural heritage collection. For an entry form & copy of the rules, please email: admin@kessinglandparishcouncil.gov.uk or event@kessinglandparishcouncil.gov.uk

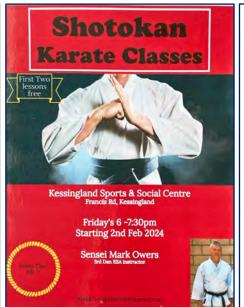
Closing date for entries
Tuesday 30th September 2025



Activities & Groups: Kessingland Sports & Social Centre















Groups at Kessingland Sports & Social Centre

MONDAYS

7:30 – 10:30pm: Friends who Dance

TUESDAYS

10:00 – 12:00pm: Waveney Table Tennis 2:00 – 4:00pm: Short Mat Bowls

7:00 – 9:00pm: Badminton

WEDNESDAYS

9:30 – 11:30am: Knit & Natter 6:30 – 8:30pm: Youth Café

(Every Wednesday unless otherwise informed)

Natter 2:00

THURSDAYS

9:30 – 10:30am: Chair Based Exercise 1:30 – 3:30pm: (Alternate Thursdays)

Singing Sensations

Friendship Club

6:00 – 7:00pm: Pilates

7:30 – 10:00pm: Model Flying Club

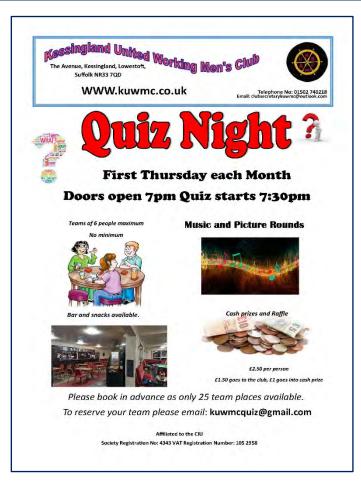
FRIDAYS

2:00 – 4:00pm: Short Mat Bowls 6:00 – 7:30pm: Shotokan Karate

SATURDAYS/SUNDAYS: Available for Private Hire / Events

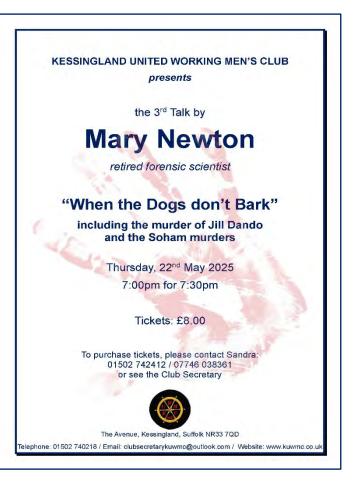
Activities & Groups: Kessingland United Working Men's Club









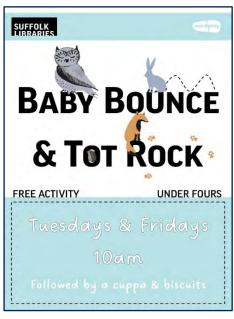


Activities & Groups: Kessingland Library & Marram Green

















Other Groups at Marram Green:

Tuesdays:

Yoga with Aleyna
 (Spinnaker Room)
 1:30pm – 2:30pm

Wednesdays:

 Kessingland Art Group (Spinnaker Room)
 1pm – 3pm

Thursdays:

Yoga with Aleyna
 (Spinnaker Room)
 4pm – 5pm



Activities & Groups: St Edmund's Church & Church Centre

















SUNDAY SERVICES at 10:30am



Volunteering Opportunities





Our Youth Café

is looking for Volunteers to help us run our club which provides a safe environment for Kessingland's young people

Volunteers Needed

for our

YOUTH CAFÉ

The Café is run every Wednesday of each month from 6:30pm until 8:30pm.

Duties include:

- Assist with setting up & running activities.
- Safeguard our young people.
- Be a positive role model.

DBS check & full training given.



For more details & an application form, please contact the Parish Council office:

T: 01502 744367

E: admin@kessinglandparishcouncil.gov.uk

Volunteering Opportunities







Supported by

Active Travel England

Volunteers needed to support our walking and cycling groups

Could you give a couple of hours two or three times a month to support our active travel social prescribing pilot project?

We're running free one-hour cycling and walking groups for residents in Ipswich and Lowestoft and need volunteers to help.







Interested in finding out more?
Email thewaytogosuffolk@suffolk.gov.uk or call 01473 260060





Pakefield Coastwatch

Can you spare 3-4 hours per week?

VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on 07788 377501

Pakefield Coastwatch is a registered charity. No. 1178259



VOLUNTEERS WANTED

Are you fed up with seeing litter all over the place? Fed up with seeing overgrown paths & alleyways? Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367

Email: admin@kessinglandparishcouncil.gov.uk



Kessingland Parish Council Parish Council Office, First Floor, Marram Green, Hall Road, Kessingland NR33 7PP

hone: 01502 744367

nail: admin@kessinglandparishcouncil.gov.uk eb: www.kessinglandparishcouncil.gov.uk

Community Recycling



CLOTHES BANKS

Kessingland Church Centre Carpark Church Lane Kessingland

Livingstones Freehouse Carpark Whites Lane Kessingland





BOOKS / USED PRINTER CARTRIDGES

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH



TETRAPAK CARTONS

Lowestoft Recycling Centre Haddenham Road Lowestoft NR33 7NF

UNWANTED / USED BATTERIES

Kessingland Co-op 44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library Marram Green, Hall Road, Kessingland NR33 7AH

GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club The Avenue, Kessingland NR33 7QD

The Sailor's Home 302 Church Road, Kessingland NR33 7SB



Kessingland Business Page



Welco Kessingland	ome to		
To advertis Your business must			
For details of how to submit rates, please contact			
Telephone Email: admin@kessir			

Useful Contact Information



Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367

Jess Asato MP (Lowestoft) jess.asato.mp@parliament.uk

Citizens Advice Bureau 01502 518510
Disability Advice North East Suffolk (DANES) 01502 511333
Suffolk County Council Highways 0345 6066171
- What's happening in my area? www.one.network

Report a fault
 Email
 www.highwaysreporting.suffolk.gov.uk
 www.suffolk.gov.uk/about/contact-us

- Telephone 0345 606 6171

Kessingland Doctors (Longshore Surgery) 01502 740203

Kessingland Pharmacy 01502 740251

James Paget Hospital A and E 01493 452200

NHS Helpline
111
Police - Emergency Only
Police - Non-Emergency
101
or online at www.suffolk.police.uk/contact-us/report-something

Coastline Vets (Carlton Colville) 01502 531999 Three Rivers Vets (Kessingland) 01502 741988 Pakefield Veterinary Clinic 01502 664656 Wangford Veterinary Clinic 01502 578999 Kessingland Library 01502 741212 St Edmund's Church 01502 743154 **Kessingland Primary Academy** 01502 740223 Kessingland Sports & Social Centre 07729 384705 Kessingland United Working Men's Club 01502 740218 Kessingland Women's Institute 01502 740785

National Organisations and Helplines

Age Concern Childline NSPCC helpline	0800 6781602 0800 1111 0808 800 5000
Cruse Bereavement Support Samaritans Macmillan Cancer Support	0808 8081677 116 123 0808 8080000
Mind Infoline Alcoholics Anonymous Refuge National Domestic Abuse Helpline	0300 1233393 0800 9177650 0808 2000 247
RSPCA helpline RSPCA (Mid Norfolk and North Suffolk branch)	0300 123499 0303 040 1565
Action Fraud (Fraud & Cyber Crimes) Suffolk Trading Standards	0300 123 2040 0808 223 1133

Crossword Corner - Solutions



The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor – jmclean@kessinglandparishcouncil.org.uk Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for a subscription form. Rates are £10.00 for 1 issue or £100.00 for 12 issues. Adverts may be up to A6 (quarter page) Portrait and supplied preferably as a PDF or JPEG file.



Large Village of the Year 2023







Community of the Year 2023

Crossword Solution 101-32

ACROSS: 7 Snoop 8 Mount Etna 10 Fete 11 Amphibious 12 Battle cruiser 15 Palette

16 Attempt 18 Stephen McGann 20 Glaswegian 22 Ally 23 Corrosion 24 Verse

DOWN: 1 Antenatal 2 Hope Street 3 Compare 4 Antihistamine 5 Semi 6 Snout

9 Eager to please 13 Everglades 14 Spineless 17 Venison 19 Flood 21 Sort