



The Village News

March 2025

Articles submitted are published as received & do not reflect the views of the Parish Council

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Photo Credit: David Boyle

Parish Council Meetings March 2025

~~~~~ **Annual Meeting of the Parish**

7:00pm, Friday 28th March 2025
Kessingland Church Centre, Church Road
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#### **Full Council:**

- Wednesday 12<sup>th</sup>, 7:00pm

#### **Finance & Governance:**

- Wednesday 12<sup>th</sup>, 10:30am

#### **Planning & Highways:**

- Wednesday 5<sup>th</sup>, 10:00am
- Wednesday 19<sup>th</sup>, 10:00am

#### **Personnel:**

- Wednesday 12<sup>th</sup>, 11:00am

#### **Leisure & Community Engagement:**

- Tuesday 18<sup>th</sup>, 1:30pm

The agendas & minutes of all the committee meetings are listed on the parish council website: [www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk). The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.

To receive The Village News by Email, sign up here:  
<http://eepurl.com/hHHSZv>



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## Your Parish Councillors



Stephen (Sid) James  
Chair of Council

01502 740521

[sjames@kessinglandparishcouncil.org.uk](mailto:sjames@kessinglandparishcouncil.org.uk)



Caroline Carter  
Vice-Chair of Council

07811 753930

[ccarter@kessinglandparishcouncil.org.uk](mailto:ccarter@kessinglandparishcouncil.org.uk)



Christine Cook  
Councillor

07592 555345

[ccook@kessinglandparishcouncil.org.uk](mailto:ccook@kessinglandparishcouncil.org.uk)



Alan Green  
Councillor

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[agreen@kessinglandparishcouncil.org.uk](mailto:agreen@kessinglandparishcouncil.org.uk)



Julie McLean  
Councillor

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Ian Graham  
Councillor

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[igraham@kessinglandparishcouncil.org.uk](mailto:igraham@kessinglandparishcouncil.org.uk)



Bob Saunders  
Councillor

07901 530770

[bsaunders@kessinglandparishcouncil.org.uk](mailto:bsaunders@kessinglandparishcouncil.org.uk)



Neil Glendinning  
Councillor

07801 681136

[nglendinning@kessinglandparishcouncil.org.uk](mailto:nglendinning@kessinglandparishcouncil.org.uk)



Lynda Hood  
Councillor

07954 412031

[lhood@kessinglandparishcouncil.org.uk](mailto:lhood@kessinglandparishcouncil.org.uk)



David Boyle  
Councillor

07707 201300

[dboyle@kessinglandparishcouncil.org.uk](mailto:dboyle@kessinglandparishcouncil.org.uk)

Zarina Mo  
Councillor

07803 125220

[zarina@kessinglandparishcouncil.org.uk](mailto:zarina@kessinglandparishcouncil.org.uk)

Jack Ollett  
Councillor

07897 643233

[jollett@kessinglandparishcouncil.org.uk](mailto:jollett@kessinglandparishcouncil.org.uk)

Danielle Pope-Brannon  
Councillor

07928 245822

[dpope-brannon@kessinglandparishcouncil.org.uk](mailto:dpope-brannon@kessinglandparishcouncil.org.uk)



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair  
The Council has 4 committees which deal with different areas of Council business.

**Planning & Highways Committee**

Councillors:  
Chair: C. Carter  
Vice-Chair: I. Graham  
B. Saunders, N. Glendinning, C. Cook,  
Z. Mo, D. Pope-Brannon, J. Ollett

**Finance & Governance Committee**

Councillors:  
Chair: A. Green  
Vice-Chair: I. Graham  
N. Glendinning, J. McLean, C. Cook,  
B. Saunders, J. Ollett

**Personnel Committee**

Councillors:  
Chair: N. Glendinning  
Vice-Chair: C. Carter  
C. Cook, I. Graham, A. Green

**Leisure & Community Engagement Committee**

Councillors:  
Chair: I. Graham  
Vice Chair: J. McLean  
C. Carter, C. Cook, A. Green, L. Hood,  
D. Boyle, J. Ollett, D. Pope-Brannon

As well as sitting on its 4 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

**Beach Wardens**

North – Cllr D. Boyle  
South – Cllr S. James

**Benacre & Kessingland Flood Group**

Cllr S. James

**Village & Beach Clean-Up Co-ordinator**

Cllr D. Boyle

**Community Garden Co-ordinator**

Cllr J. McLean

**Kessingland Marsh**

Cllr D. Boyle (Warden)  
D. Fox (Deputy Warden)

**Kessingland in Need Trust**

Cllr L. Hood, Cllr D. Boyle

**Community Fridge**

Cllr C. Cook, Cllr J. McLean,  
Cllr L. Hood

**Hidden Needs Forum**

Cllr C. Cook, Cllr J. McLean,  
Cllr C. Carter, Cllr L. Hood

**ESC Community Partnership**

Cllr J. McLean, Cllr I. Graham,  
Deputy Parish Clerk

**Youth Culture Board**

Chair & Vice Chair of Council,  
Cllr J. McLean, Cllr I. Graham

**Kessingland Sports & Social Centre**

Cllr C. Cook

**SALC Climate Forum**

Cllr A. Green  
& Parish Clerk

**Suffolk Police**

Cllr C. Carter, Cllr L. Hood

**Suffolk Bus Passenger Interest Group**

Cllr A. Green

**Community Speed Watch & SID Co-ordinator**

Cllr D. Pope-Brannon

**Kessingland Events Group**

Cllr J. McLean, Cllr C. Cook, Cllr D. Boyle,  
Cllr C. Carter, Cllr L. Hood, Cllr J. Ollett, Cllr D. Pope-Brannon

## Kessingland Parish Council Staff



### Kessingland Parish Council

#### Office Hours:

Monday – Wednesday & Friday, 10am – 3pm  
Closed on Thursday

#### Telephone:

01502 744367

#### Email:

[admin@kessinglandparishcouncil.org.uk](mailto:admin@kessinglandparishcouncil.org.uk)

#### Website:

[www.kessinglandparishcouncil.co.uk](http://www.kessinglandparishcouncil.co.uk)



**Parish Clerk & RFO:**  
Neil Coleby



**Acting Parish Clerk & RFO:**  
Shelley Hogg



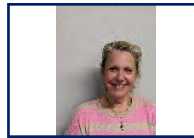
**Admin/Committee Clerk:**  
Debbie Blowers



**Senior Youth Leader:**  
Christine Smith



**Youth Leader:**  
Daniel Fisk



**Youth Leader:**  
Amanda Loud



**Cleansing Operative:**  
Ruth Hill



**Cleansing Operative:**  
Niall McLean

**General Maintenance:**  
Darren Haward

## District & County Councillors



**County Councillor:**  
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

**Telephone:** 01502 675603  
**Email:** michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

**Telephone:** 01502 741888 / 07818 563003  
**Email:** alan.green@eastsuffolk.gov.uk



**District Councillor:**  
Alan Green



## Councillor Surgery

with **Councillor Alan Green**

District Councillor for the ward of Kessingland

**Telephone:** 07818 563003 / **Email:** alan.green@eastsuffolk.gov.uk

Every Saturday  
from 10am until 12pm

"Saturday Coffee at St. Ed's"  
Kessingland Church Centre, Church Road, Kessingland

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

**ALL WELCOME**



## Labour's Extra Urgent Dental Appointments for Lowestoft Welcomed by Jess Asato MP

The Government has today (Friday 21 February) announced the rollout of over 700,000 extra urgent and emergency NHS dentistry appointments from April, delivering on Labour's manifesto commitment.

These new appointments have been particularly targeted at so-called 'dental deserts' like ours. In Norfolk and Waveney, there are just 31 NHS dentists for every 100,000 people. In the last two years, Norfolk and Waveney had the second lowest success rate out of all Integrated Care Boards (ICBs) for those trying to get an NHS dental appointment – with only 60% being successful.

Today's announcement delivers 21,520 new urgent NHS dentistry appointments for Norfolk & Waveney ICB. Of the 42 ICBs in England, Norfolk and Waveney has received the eighth highest number of new appointments.

Jess Asato, MP for Lowestoft, welcomed the news, stating:

*"For too long, people here have been let down by the inability to access NHS dentistry. I have heard far too many stories of people pulling their own teeth out because they couldn't get an NHS dental appointment. That is why it was the first issue I raised in the House of Commons after being elected last year.*

*"This injection of hundreds of thousands more dental appointments is incredibly welcome, and I am glad that the Government has targeted dental deserts like ours in particular. 21,520 extra appointments in our area will come as a relief to so many who desperately need dental help.*

*"This represents a vital step towards repairing NHS dentistry. This is the change people in Lowestoft wanted when they voted Labour last year – and this is the change this Labour Government is delivering for people here."*

Stephen Kinnock, Minister of State for Care, also commented:

*"We promised we would end the misery faced by hundreds of thousands of people unable to get urgent dental care. Today we're starting to deliver on that commitment.*

*"NHS dentistry has been left broken after years of neglect, with patients left in pain without appointments or queueing around the block just to be seen.*

*"Through our Plan for Change, this government will rebuild dentistry—focusing on prevention, retention of NHS dentists, and reforming the NHS contract to make NHS work more appealing to dentists and increase capacity for more patients. This will take time but today marks an important step towards getting NHS dentistry back on its feet."*



Tuesday 26 February 2025

### **Suffolk County Council Cabinet approves £2.7m funding for Benacre flood protection scheme**

Suffolk County Council's Cabinet has today approved a plan to underwrite a £2.7 million funding gap in a major flood management scheme to protect the A12. The council had already pledged £2m to the Benacre flood relief scheme, but the extra £2.7m will ensure it can now go ahead. The scheme will see 82 hectares of grazing land transformed into saltmarsh, along with construction of clay embankments and two new pumping stations.

The new habitat will absorb the energy of the sea during storms and ensure the A12, homes, businesses, farmland, freshwater resources, and wildlife are protected against a 1 in 200 year storm for the next 50 years. Were the scheme not to go ahead it could cost an estimated £235m over the next 50 years and compromise not only the A12, but also 200 domestic and commercial properties, and 450 hectares of farmland.

In October 2024 the Council agreed to the £2m contribution alongside £25m from Sizewell C and £32.1m from the Environment Agency, which funded the planned-for project costs of £59.1m. In late December 2024, the final total project costs became known and exceeded the planned-for value by £5m. Alternative funding sources and cost savings found £2.3m, but there was still a £2.7m funding gap. The Cabinet today agreed to underwrite the project up to £2.7m during the construction period up to 2029. The money will be used to cover existing risks identified in the project and will only be used if they materialise.

**Councillor Paul West, Suffolk County Council Cabinet member for Ipswich, Operational Highways and Flooding**, said: *"This scheme is incredibly important, doing nothing was not an option. If this scheme were not to proceed, we would be facing regular and prolonged closures caused by flooding of the A12, with all the cost and disruption that would entail. Our further financial contribution presents council taxpayers with excellent value for money and secures this section of the A12 for the future."*

The A12 at Benacre is low-lying and identified as being at significant flood risk from both the sea and the river. Water flowing down the Hundred River valley is currently pumped out to sea over the beach at Kessingland via an aging Environment Agency pumping station. The pumping station and the whole valley is at significant risk due to coastal erosion that will result in the sea breaching the current sand ridge and beach. Rock defences currently protecting the beach cannot be maintained in the long term due to the ongoing natural erosion and breaches are expected to occur in the next couple of years.

The project is being promoted and constructed by the Waveney, Lower Yare and Lothingland Internal Drainage Board (IDB) and maintained by the Environment Agency and the landowner. Now the council has approved funding the IDB can sign the main construction contract at the beginning of next month.

Tuesday 25 February 2025

### **County leaders to propose one council for Suffolk**

One council for Suffolk would make delivering public services simpler, cheaper and quicker, and better meet the needs of residents and businesses, county leaders have said today.

Following a recent government announcement that Suffolk's county, district and borough councils will be replaced with a single-tier system, Suffolk County Council argues that consolidating all services under one unitary authority is the only effective way to deliver against the government's criteria for local government reform.

The move would see all council services, such as waste collection & disposal, housing, social care, planning,

highways maintenance, leisure, school placements and travel and street cleaning, all provided by one authority - rather than the six that currently exist in Suffolk. Bringing together district, borough and county council functions is expected to reduce duplication, lower administrative costs and ensure a more coordinated and cost-effective approach to delivering essential services.

The council warns that splitting services among multiple bodies would force the duplication of essential functions - such as social care, highways maintenance and schools - currently managed at a county level.

The key benefits of one council are:

- **Simpler for residents** – one council would make it easier to understand and contact local government
- **Clearer accountability** – there would be less confusion over who is responsible for what
- **Better use of funding** – a more coherent, strategic, financially sustainable, county-wide approach to budgeting
- **Better alignment of services** – since everything is under one roof, services can be more easily coordinated, creating opportunities for improve services for residents
- **More efficient decision-making** – with just one council, decisions can be made more quickly
- **Stronger leadership** – a single, visible and accountable body providing a clear strategic voice for Suffolk.

The council will submit its initial proposal to the government by 21 March, with a more detailed business case to follow later in the year. The government will then undertake a public consultation.

**Cllr Richard Rout, Suffolk County Council's cabinet member for devolution, local government reform and NSIPs, said:** *"The financial benefits of unitary local government are clear. By cutting unnecessary bureaucracy, the new council – whoever may serve on it – will have more money to invest in frontline public services, ensuring better value for taxpayers. But reorganisation must go beyond financial savings. It must also deliver greater accountability, speed up decision-making and lead to better outcomes for local communities. There is huge opportunity in pulling together services currently separated across the district, borough and county councils – such as housing and social care. If the government is serious about delivering savings, efficiencies, better outcomes for residents and financially sustainable local government, then there is only one answer - one council for Suffolk. Moreover, it is the only model that meets their criteria of serving over 500,000 people. One council for Suffolk will provide clear leadership, simplify access to services and eliminate the confusion of navigating multiple councils. Carving the county in two or three – as has been suggested - would defeat the purpose."*

The government's plans will also see the election of a mayor for Suffolk and Norfolk in May 2026, who would take control over strategic policy areas like transport infrastructure, economic development, health improvement and blue light services – along with devolved government funding to deliver positive change.

**Monday 24 February 2025**

## **Suffolk's 45 libraries to remain open and see new investment as Suffolk County Council plans to take service back in house**

- Business as usual as 45 libraries to remain open
- Opening hours maintained
- New mobile library vehicles and library computers across sites
- Important community asset protected

Suffolk's 45 libraries would remain open, see no change to opening hours and have new mobile libraries and computers as part of a plan to bring the service back into Suffolk County Council. Subject to a formal Cabinet decision on 18 March 2025, staff running Suffolk's library service – along with their years of experience and love for libraries - will transition to the direct employment of the council on 1 June 2025.



The county council would invest £200,000 in replacing Suffolk's aging mobile libraries with a further £157,000 for new books and to replace public computers in libraries across Suffolk. This is in addition to the £6.6 million a year budget available for Suffolk's libraries. It follows an attempt to secure an external provider for a new six-year contract (with the option to extend for up to a further six years) which had to be abandoned due to difficulties in aligning submissions with the service requirements and budgets.

Following the end of the procurement process, Suffolk County Council entered negotiations with Suffolk Libraries (the current provider) to reach agreement on a shorter-term contract. The intention was to secure the immediate future of the library service from 1 June 2025, while the longer-term future was considered. However, Suffolk Libraries were unwilling to accept those terms and proposed different terms which were not acceptable to Suffolk County Council and would have breached procurement law.

In addition, serious concerns about the viability of Suffolk Libraries also surfaced. The concerns included their proposal to reduce opening hours by 30% and issues with the financial stability of the organisation. There is also concern about the cost of their head office, including senior managers, which equates to 33% of their annual staffing costs. Suffolk County Council believes that more of the library budget should be invested in frontline services.

**Councillor Philip Faircloth-Mutton, Suffolk County Council's cabinet member for environment, communities and equality**, said: *"The future of Suffolk's 45 libraries will be in safe hands as part of our plans to protect and enhance the service. With these proposals, there will be no library closures, no reduction in library opening hours, and certainty and security for our most important asset - library staff and volunteers. Additionally, we propose new investment to buy new mobile library vehicles and upgrade computers across library sites. We know how important library services are to residents, particularly those who rely on them for education, access to information, support and, of course, books. A 30% cut to opening hours and the current management costs are unacceptable to Suffolk County Council. This is why we're taking action. We are responsible for libraries in Suffolk and this is the right thing to do to protect them and the services they provide to residents."*

Suffolk County Council today published two open letters explaining its proposal, one to Suffolk residents and the other to Suffolk Libraries staff, volunteers and supporters. They are available to read on [www.suffolk.gov.uk](http://www.suffolk.gov.uk)

## Kessingland Parish Council Allotment Gardens



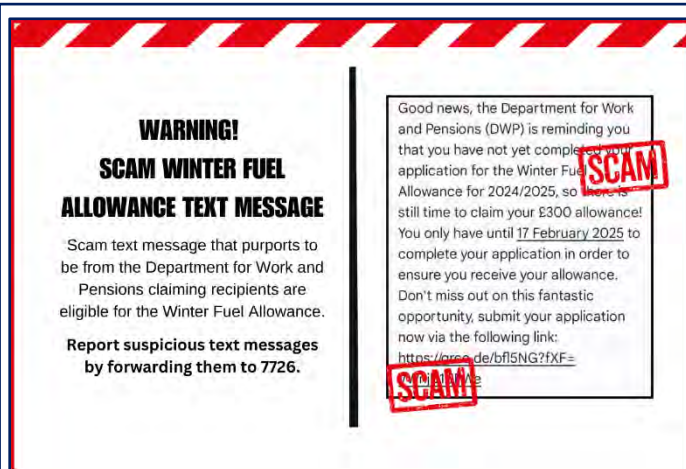
### Allotments Available for Rent

A few allotments plots in St Edmunds (East & West) and Church Road have become available for rent to residents in the Parish of Kessingland.

If you wish to take out a tenancy agreement, please contact the Parish Council Office:

**Telephone:** 01502 744367

**Email:** [clerk@kessinglandparishcouncil.org.uk](mailto:clerk@kessinglandparishcouncil.org.uk)



Have you received a scam message like this? The message purports to be from the Department of Work and Pensions claiming recipients are eligible for the Winter Fuel Allowance of £300. These are **SCAM** text messages! **Do not click the link!**

The text message leads to a fake but very convincing copy of the official government website, complete with accurate logos, branding and font. The page asks for personal information and a payment of £1 to "verify your card".

**Report suspicious text messages by forwarding them to 7726.**

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With many people looking for remote working jobs to bring in extra money, we want to highlight the common scams that job seekers may experience to ensure you don't get caught out.

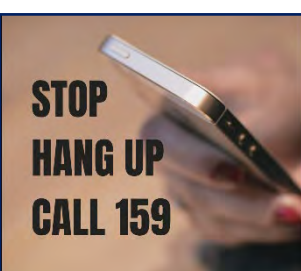
Scammers may reach out offering a job that promises a large amount of income for a small amount of work. If you respond, they may request you to provide them with a small amount of money for training or special equipment. Or they may request your bank account information so they can directly deposit your funds. In reality, there is no job, or the work provided has many hurdles to jump, that means you won't get paid.

The work itself could involve filling envelopes, assembling products or selling goods or services through your own website. In some cases, fraudsters may tell you there are faults with what you've done to avoid paying you. In other cases, the products you've bought or made are worthless. Many of these business opportunities only allow you to earn money if you introduce more people to it. These are known as pyramid schemes.

In other cases they will just take the money or the information you give them and use it to steal whatever money you have left. That's not to say there aren't legitimate work-from-home opportunities out there. You just have to do your research to make sure you're dealing with a real company. Do some research on the company and don't be afraid to contact it and ask questions before accepting a position, especially if it's asking for sensitive information. If you get a bad feeling, explore some other options instead.

If you spot a scam, or have signed up to what you think is a job scam, call us via Citizens Advice Consumer Service on 0808 223 1133.

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Received a call from your 'bank' but worried it might be a scam?

Stop, hang up and call **159**.

159 connects you securely to your bank to check if the call is genuine.

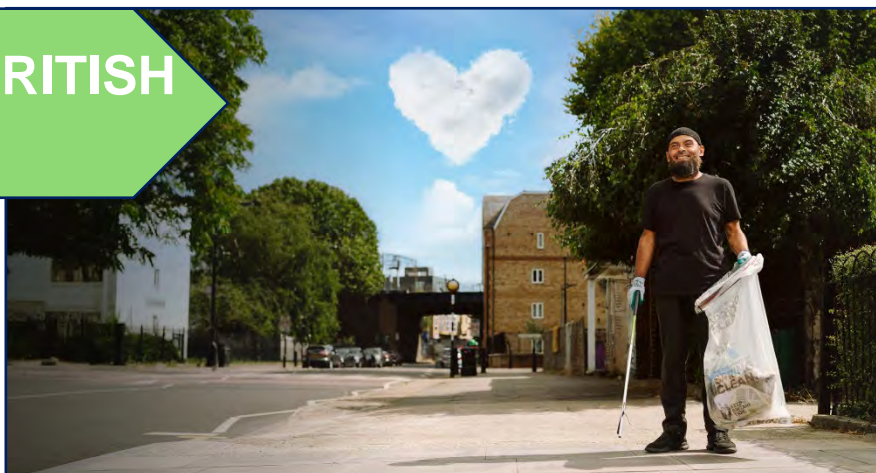
<https://stopscamsuk.org.uk/our-work/159-phone-number/>

## JOIN THE GREAT BRITISH SPRING CLEAN

Since 2016 our army of millions of amazing #LitterHeroes have shown they love where they live by pledging to pick more four million bags of litter during the Great British Spring Clean - the nation's biggest mass-action environmental campaign.

The Great British Spring Clean and Great Big School Clean 2025 will take place from 21 March to 6 April,

and you can pledge to pick up a bag of litter – or more – from today. Can we count on you to show your love for where you live by helping us clean up the places and spaces we care about, as Keep Britain Tidy celebrates the landmark 10th time we have run the campaign?



You can choose to pledge as an individual, group or school by visiting our special pledging page at [www.keepbritaintidy.org](http://www.keepbritaintidy.org). In a YouGov survey carried out on our behalf ahead of the Great British Spring Clean, more than 31.6 million people said 'litter-free' streets would help them love where they live – and 72% of UK adults said seeing litter makes them less proud of their neighbourhood.

So if you want to protect our wildlife and the places you love this spring, join us and pledge to pick up a bag – or more – today.

## The Environment Belongs to Everyone

This year we are spreading the word that the environment belongs to everyone! We are proud that since we launched the campaign, millions of #LitterHeroes from communities, faith groups, schools, businesses and local authorities have united to help tackle litter – we all have a role to play.

Many of our volunteers regularly find 'retro rubbish' that was dropped many years ago but is still causing harm to our environment today, releasing greenhouse gases as it slowly breaks down in our soil and water, which contributes to the climate crisis.

Litter-picking is a simple action that anyone can do to make an immediate and visible difference to the environment where we live, work and play. In fact, 97% of people surveyed after 2024's campaign agreed they felt they had made a difference to their local area, and 86% said they felt part of a national movement that is taking action to tackle litter.

Last year, an army of amazing #LitterHeroes all over the UK pledged to pick more than 425,000 bags of litter!

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This year our volunteer litter-picking group have again pledged their support for this campaign and will be helping to make a difference in our Village on Friday 4th April. Will you join them? If you would like to take part, please contact the Parish Council office for more information.

Why Is Active Travel Important?

A healthy population is one where people have a choice in how they move through their neighbourhoods. People that don't own or can't drive vehicles have the choice to travel by walking, wheeling, cycling or public transport. Those that need to drive are able to do so on roads that aren't congested and polluted. Children can walk, cycle and scoot to school safely, and people are able to connect with their neighbours in a quiet, pleasant environment. We offer free walking, cycling and wheeling activities to keep you well and active in Ipswich and Lowestoft. Equipment is available to borrow on request.



Supported by
Active Travel England

Free cycling activities in Lowestoft

Dip Farm

Wednesdays | 10:00-12:00
Learn to Ride

Wednesdays | 10:00-12:00, 13:30-15:30
and 18:00-20:00

Cycling for Health/Moderate Cycling
Group/Competent Cycling Group

Saturdays | 10:00-12:00
Cycling for Health

Nicholas Everitt Park

Mondays | 10:00-12:00 and 13:30-15:30
Cycling for Health/Moderate Cycling
Group/Competent Cycling Group

Interested in finding out more?

Visit our website walkingandcyclinginsuffolk.org.uk
or scan the QR code
Email thewaytosuffolk@suffolk.gov.uk
or call 01473 260060



Please note that all bookings must be made in advance.

If you need help to understand this information in another language or would like it in another format including audio or large print, please call 03456 066 067.



Supported by
Active Travel England

Free walking activities in Lowestoft

Dip Farm

Wednesdays | 10:00-12:00
Introductory Walking Group

Thursdays | 10:00-12:00
Moderate Walking Group

Nicholas Everitt Park

Mondays | 10:00-12:00
Introductory Walking Group

Carlton Marshes

Tuesdays | 10:00-12:00
Moderate Walking Group

Various locations

Fridays | 10:00-12:00
Community group walks

Cuppa and a Stroll

Sparrows Nest

Mondays | 13:00-14:30

Cherry Lane Garden Centre

Tuesdays | 11:00-12:30

Kensington Gardens

Wednesdays | 13:00-14:30

Pathways Care Farm

Fridays | 13:00-14:30

Interested in finding out more?

Visit our website walkingandcyclinginsuffolk.org.uk
or scan the QR code
Email thewaytosuffolk@suffolk.gov.uk
or call 01473 260060



Please note that all bookings must be made in advance.

If you need help to understand this information in another language or would like it in another format including audio or large print, please call 03456 066 067.

Carlton Marshes wildlife walks take place on a Tuesday morning (10am). For further information, please email thewaytosuffolk@suffolk.gov.uk

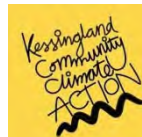


Photo Credit: Patrick O'Neill

The Way To Go team govern Travel plans, Active Travel Social Prescribing Pilot, and Road Safety.
For further information, please email: thewaytosuffolk@suffolk.gov.uk

www.thewaytosuffolk.org.uk / www.walkingandcyclinginsuffolk.org.uk

Kessingland Community Climate Action Group



The groups' aims are:

- To identify where we can reduce our contribution to global emissions, and make a difference towards becoming environmentally sustainable, both as individuals and as groups.
- To find practical ways for the local community to meet the challenges of climate change.

Thermal Imaging Project:



This free of charge project is to assist Kessingland residents in seeing where there is heat loss from their homes, how that may be reduced and what grants and funding may be available. Reducing heat loss can lead to lower energy use & costs as well as cutting carbon emissions.

We are starting the external thermal imaging of homes at the end of February and continuing into March 2025. There is still time to book a place if you are interested in having a free external thermal image survey of your home.



Please contact us either on our facebook page: Kessingland Community Climate Action Group, or by email: kccagroup@gmail.com. The next group meeting is on March 8th, 2025, at 6.30pm at the Marram Green Centre. All are welcome, we hope to see you then!

Advance Warning: Temporary Footpath Closure



East Suffolk Council have issued a Temporary Traffic Regulation Order for the closure of a public right of way. Details are as follows.

Public Right of Way to be closed:

Kessingland Footpath 006A: Full length.

Kessingland Footpath 007: From Kessingland Footpath 006A to Rider Haggard Lane.

Reason for closure:

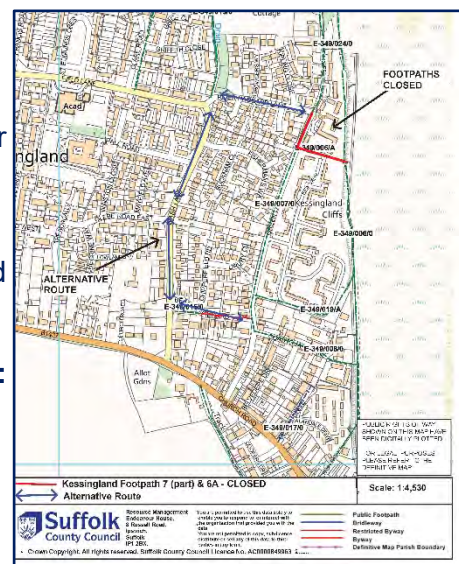
In the interests of public safety, the footpaths are closed for health and safety reasons due to machinery on the route for steps to be replaced.

Start date for closure: 31/03/2025 / **Finish date for closure:** 18/04/2025

Alternative route:

Beaconsfield Road - Wash Lane - Rider Haggard Lane and vice versa.

Enquiries regarding this closure should be made to East Suffolk Council: Russell Wilson (07391 066623, russell.wilson@eastsoffolk.gov.uk)





Kessingland WI has around 36 inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's club, starting at 7:30pm

At our February 13th meeting we sang Jerusalem.

Our speaker was Tony Brown. He gave a talk on "The Living Woodland all year round". Tony spoke about the seasons and how they affect the flora and fauna and wildlife using his own beautiful photographs. The talk was very informative and interesting and very inspiring for our members to look out for in our natural habitats.

February 2025 Competition which had 7 entries which was 'A Photo of Woodland'. Our speaker Tony judged the competition.

1st Place: Sue Mickel
2nd Place: Lesley Rhodes
3rd place: Margaret Brooke

Bloom of the month for February 2025 had 5 entries.

1st place: Margaret Parker
2nd Place: Pauline Shipley
3rd Place: Margaret Brooke

There is no craft group this month. Craft Group restarts in March for more information contact Sandra Warner.

Strollers Walking group went for a walk around Gunton Woods and on March 20th they will be going to Southwold for more information contact Margaret Parker.

Reading Group has just celebrated their 4th Birthday, and they are reading "Dark Places" by Gillian Flynn. For more information contact Jennifer Jagger.

Thank you to Tony Brown for an informative and interesting talk.

Visitors are welcome at our Next meeting on Thursday 13th March 2025, where we will be joined by St Mary's Handbell Ringers and the competition is "A bell ornament".

Our meetings take place at Kessingland Working Men's Club, The Avenue, Kessingland NR33 7QD

What3words: poets.snap.marzipan

Every 2nd Thursday at 7pm for a 7:30pm start

Follow us on Facebook: <https://www.facebook.com/profile.php?id=100066940700842>

Jill Traynier – Kessingland WI Publicity Officer

For more information about joining or visiting Kessingland WI, please contact our President, Christine Mabb, on 01502 744255



*Are you looking to try something new
and make new friends?*

Kessingland Women's Institute
meets monthly and you are very welcome to join us.

We meet at Kessingland Working Men's Club
NR33 7QD
at 7.30pm

On the second Thursday of the month
(different venue in August)
Visitors £5.

As well as a variety of speakers we have a Walking group,
Craft club, Reading group, Cinema group and outings to the
theatre and other places of interest.

If you'd like to know more
call our secretary Christine on 01502 744255

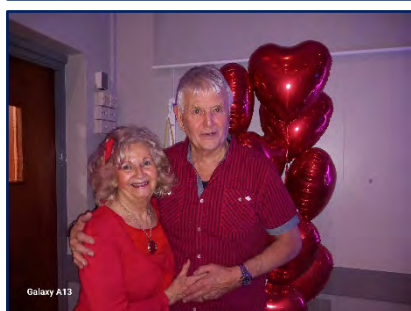
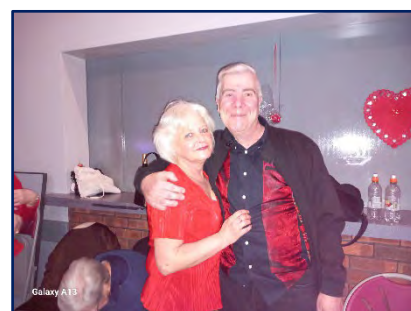
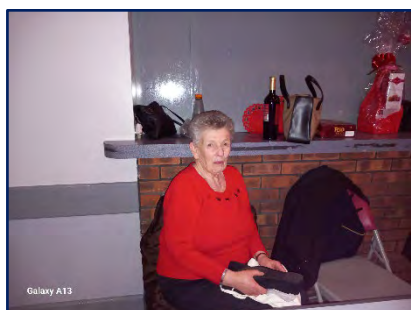
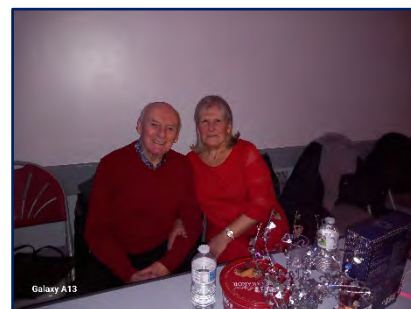
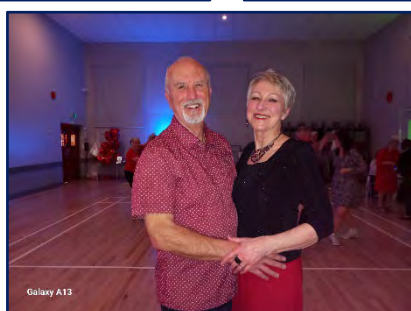
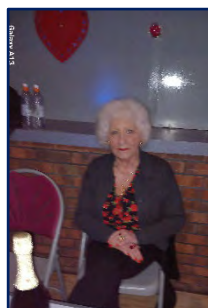
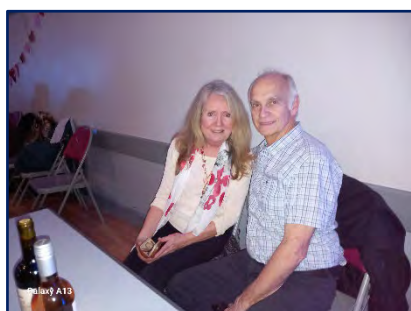
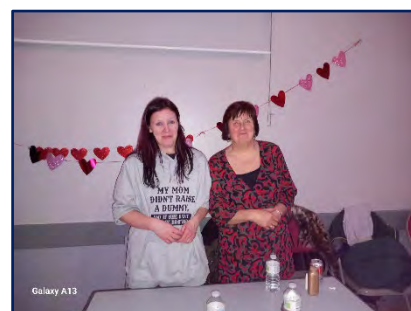
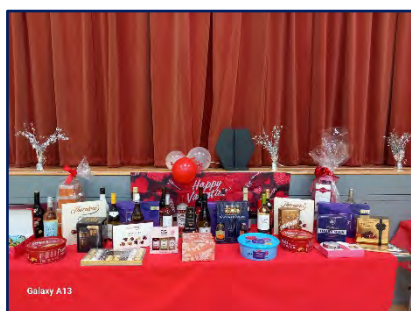
We look forward to seeing you
and you are guaranteed a warm welcome

P.S. Very few of us make jam!

“Friends who Dance” Group



Friends who Dance held their Valentine's Dance and free raffle on Monday February 10th at the KSSC. We meet every Monday (except Bank Holidays) at KSSC from 7.30pm - 10.30pm. We do all types of dancing & we welcome everyone whatever level. Dancing is a great way to exercise & there are many benefits from the social aspect too. So come along and try. I would like to say a big Thank You to everyone who helped make our Valentine's Dance a great success with special thanks to Lowestoft Town Council for the donation of the helium balloons.



Volunteer Groups Update



Not much of an update on the Garden as the weather is still not being kind and the ground is very wet & muddy in some areas so please do take care when visiting. Because of this the volunteers have been very limited in what can be done, the only job really being clearing the weeds around the perimeter fence and pathway... but it's a start !

On the bright side though, Spring is just around the corner & the daffodils & tulips are starting to show, so here's hoping the weather vastly improves and the team can get going again.

Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, you're more than welcome to take any seeds in the box if you need them.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome.

Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them. Thank you for your support.



Join us on Facebook:
Kessingland Community Kitchen & Wildlife Garden

The Village clean-up teams are out & about again on various days during the week – the organized litter picking groups go around the Village on a Friday morning (meet up at Marram Green at 9am if you want to join them). Alternatively, you can help out on a day/time that suits you.

All of our volunteers are doing a great job keeping the Village nice and tidy whether as part of the organized groups or on days to suit them.



The Monday beach cleans are starting again in March (Monday 17th) & the group will meet at approx. 10am at Marram Green. Until then our "Monday Group" are continuing to tidy several areas around the village of weeds and rubbish.

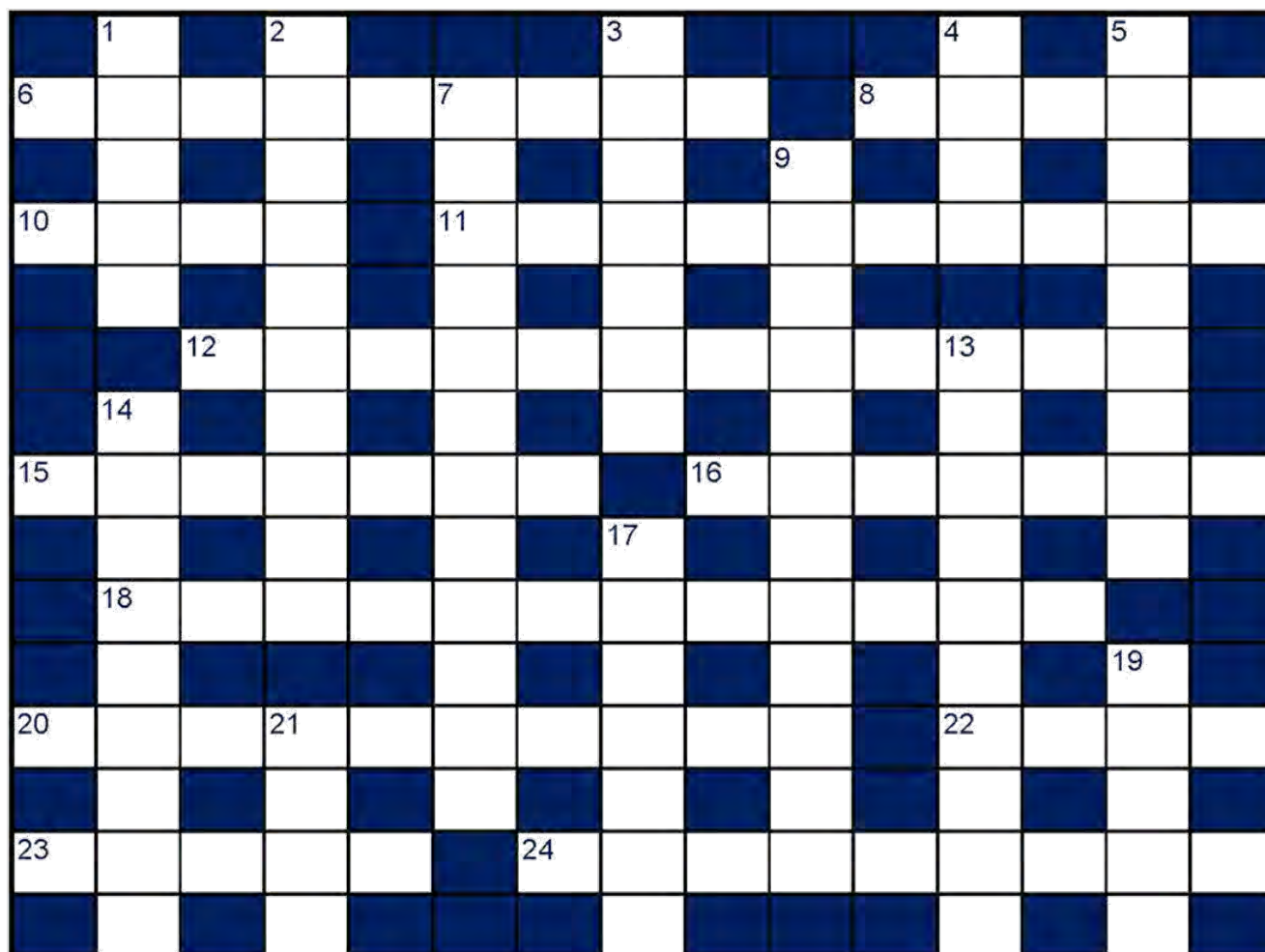
The team are also taking part in the Great British Spring Clean on Friday 4th April & will meet up at Marram Green (9am), everyone welcome to come & join them.

Thank you in advance to all our volunteers who help to keep it clean & tidy. More volunteers, for litter picking & work at the Marsh, are always needed. So, if you have an hour or two to spare, please contact the Parish Council Office or Cllr David Boyle for more details (all equipment will be provided).

Other volunteering opportunities are also listed in this Newsletter



No: 101-30



Across:

- 6 Job review (9)
- 8 Lustrous, glossy (5)
- 10 Gently drop into water (4)
- 11 Environmental campaigners (10)
- 12 2000s funeral home drama (3,4,5)
- 15 Legal fair play (7)
- 16 College pupil (7)
- 18 Tricycle (5-7)
- 20 Very thin pasta strands (10)
- 22 Kids' observation game (1-3)
- 23 Rabbit house (5)
- 24 Old-fashioned underwear (4,5)

Down:

- 1 Magic formula (5)
- 2 Business owner (10)
- 3 Blade fixed to a gun muzzle (7)
- 4 Language of Bangkok (4)
- 5 Female *Countryfile* presenter (5,4)
- 7 Failure to make the best use of resources (12)
- 9 Offering (your services) free (12)
- 13 Indigenous Australian instrument (10)
- 14 Quickly prepared (7,2)
- 17 Having little depth (7)
- 19 Dispose of (money) (5)
- 21 Poke fun at (4)

Help & Support in the Community



Drop in at Kessingland

Whatever the problem, we're here for free, impartial and confidential advice



Face to face drop in KESSINGLAND
First Monday every month 10.00am to 12.00pm
Marram Green Kessingland NR33 7AH
Call us on 0808 278 7866 or email us via caes.org.uk

citizens advice East Suffolk

Our offices are in:
Beccles • Felixstowe • Leiston
• Lowestoft • Woodbridge plus
outreach centres across the region

KESSINGLAND HELP IN NEED TRUST CHARITY NUMBER: 242755

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to help those in need within the village. The kind of things we are able to help with are:-

- Essential Household items e.g. cooker, washing machine, fridge, beds etc.
- Appropriate Garden Services and Household/Building Repairs
- Help Towards Funeral Costs
- Help with costs of Hospital Visiting
- Essential clothing, e.g. Children's winter coats
- Veterinary bills
- Signposting to other expert organisations

For further information or for an electronic application form, please contact the Clerk to the Trust at clerk.khint@hotmail.com.



Kessingland Parish Council



If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



For help with Local Welfare Assistance Scheme & Household Support
www.suffolk.gov.uk/costofliving
0345 606 6067



For help with Finances/Food & Essentials/Fuel & Energy/Housing
www.eastsuffolk.gov.uk/community/squeeze
0333 016 2000



For general enquiries
www.kessinglandparishcouncil.co.uk
01502 744367
admin@kessinglandparishcouncil.org.uk

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of The Village News

Well Minds East Suffolk

There is a wide range of mental health support available in East Suffolk but sometimes it can be difficult, especially at a time of crisis, to know where to look for this information. East Suffolk Council's new 'Well Minds East Suffolk' booklets contain mental health advice, information, and details of local support services for people of all ages in need of help with their mental health. 10,000 booklets have been produced and are being delivered to community settings across the district, including libraries, community centres and the Council's network of Warm Welcomes. You can also view the booklet at <https://eastsuffolk.co.uk/wellminds>. The booklets were funded by the Community Partnership Board and two local Community Partnership.

Disability Advice

North East Suffolk

Free, Impartial & Confidential



#IAmConfident

disability confident

I am a Mental Health First Aider

We offer a **FREE** Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop-in service to assist with your enquiries such as benefits, transport, mobility, grants.

DANES will next be at Marram Green on 26th March 2025 9:30am – 12:30pm

Contact us for details
01502 511333
info@danesonline.co.uk

SUFFOLK LIBRARIES WHERE I BELONG

Giving you a Warm Welcome

Free hot drinks and refreshments are available in the library on Wednesday mornings. Come in and warm up!



Take what you need, give what you can at:
www.suffolklibraries.co.uk/be-kind



kind

East of England COOP

By donating to Suffolk Libraries you can help us fund essential additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/Donate

KESSINGLAND PARISH COUNCIL



ANNUAL MEETING OF THE PARISH

facilitated by Kessingland Parish Council

Friday, 28th March 2025 at 7pm
Kessingland Church Centre
Church Road, Kessingland

Guest Speaker: Jess Asato, MP for Lowestoft

This is YOUR meeting

Each year the Chair of the parish council organises a meeting where local residents can find out more about what is happening in the village, ask questions of key speakers (generally including our MP, county, district and parish councillors, the police and others) and discuss matters affecting the village in a friendly, inclusive forum.

It is also an opportunity for Kessingland voluntary organisations and clubs to promote their group, what they do and how people can join. You can do this either by giving a brief presentation, having a table where you could do a display or by submitting a written report.

If you'd like to be involved, then please contact the Acting Clerk on **01502 744367** or via email at clerk@kessinglandparishcouncil.org.uk.

theWI

Kessingland

Kessingland Working Men's Club
NR33 7QD

Thursday 10th April
7.30pm

Modern Slavery & Human Trafficking

Jan Meades- Salvation Army

Competition – An item for the food bank

Visitors welcome- £5.00

contact Christine for more information 01502 744255

INSPIRING WOMEN



Fancy a game?

We have a wide selection to choose from totalling over 100 games so there should be something for everyone so why not join us for the first meet up of the newly formed Kessingland Board Game Group

Livingstone's Freehouse
Kessingland
Monday 3rd March 2025
6pm-9pm

Hoping to make this a weekly meeting if interest is there so why not pop along & take a look.
You never know, you might find a new hobby!



ANNUAL GENERAL MEETING

22nd March 2025, 11am

Kessingland Men's Shed
Bethel Drive NR33 7RY

The Agenda will include an update on plans to renovate the roof and arrangements for the VE Day Beacon Lighting ceremony on May 8th.

EASTER FUN DAY

Friday, 18th April 2025

11:30am - 3:30pm

Kessingland Sports & Social Centre
Francis Road, Kessingland NR33 7PU



Thursday 8th May 2025:

Lighting of the Beacon
Roy Brown's Memorial Gardens

Saturday 10th May 2025:

VE Day Party with Fish & Chip Supper
Kessingland Sports & Social Centre

More details of both events will be published in the April edition of The Village News

Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



Kessingland

Friendship Club

The Kessingland Friendship Club meets at the KSSC on alternate Thursdays from 2.00pm until 4.00pm

Come and join in with us and make new friends, enjoy a cup of tea and a biscuit in convivial surroundings, join in the bingo and try and win the raffle!

The Friendship Club also organises and runs outings, social events and long weekend breaks for members and friends, so don't be left out – come along to one of our meetings and join in!

For more information, please contact Helen Sinfield on 01502 741424

Welcome!

Shotokan Karate Classes

First Two lessons free

Kessingland Sports & Social Centre
Francis Rd, Kessingland

Friday's 6 -7:30pm
Starting 2nd Feb 2024

Sensei Mark Owers
3rd Dan ISSA Instructor

KESSINGLAND

Short Mat Bowls

CLUB

WE MEET EVERY TUESDAY & FRIDAY AFTERNOONS
1.45 PM FOR START AT 2PM UNTIL 4PM

PAY & PLAY, NO MEMBERSHIP FEE
£3.00 PER SESSION INCLUDING REFRESHMENTS
FIRST TIME? PLAY FOR FREE

FOR FURTHER INFORMATION PLEASE CONTACT:-
WAYNE THOMPSON ON 07557 030442

WE ARE A FRIENDLY CLUB LOOKING FOR NEW MEMBERS

WE LOOK FORWARD TO SEEING YOU THERE!

KESSINGLAND COMMUNITY CENTRE
FRANCIS ROAD
KESSINGLAND

BOOST FUNDS FOR OUR CAUSE

JOIN OUR LOTTERY!

- Help us raise money to help keep the KSSC open. Win prizes of up to £25,000!
- Tickets only cost £1 per week
- 50% of all tickets sold from our page go to us!

PLAY NOW:-
SCAN THE QR CODE OR GO TO
www.onelottery.co.uk
AND SEARCH FOR: Kessingland Sports

KESSINGLAND

YOUTH CAFÉ

MARCH 2025

Wednesday 12th, 19th & 26th:

Choice of Activities
"Hot Food Night" on 26th

6:30pm to 8:30pm

Age Group:
10 to 16yrs

FREE
ACTIVITIES

at the KSSC
Francis Road
Kessingland

SNACK
SHOP

FRIENDS WHO DANCE

Every Monday Evening 7.30-10.30pm
Kessingland Sports & Social Centre
Francis Road, Kessingland
NR33 7PU

If you just enjoy dancing come and have your own bit of Strictly
All types of dancing: Modern Jive, Rock & Roll, Line Dancing & Ballroom
£5 per person

For more information please contact Sue: 07731380691

Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis
10am – 12pm
- Short Mat Bowls
2pm – 4pm
- Badminton
7pm – 9pm

Wednesdays:

- Knit and Natter
9:45am – 11:45am
- Youth Café
(every Wednesday unless otherwise informed)
6:30pm - 8:30pm

Thursdays:

- Chair-based Exercise
9:30am – 10:30am
- Singing Sensations
(every other Thursday)
6pm – 7pm
- Friendship Club
(every other Thursday)
6pm – 7pm
- Model Flying Club
7:30pm – 10pm

Fridays:

- Shotokan Karate
6pm – 7:30pm

For Bookings: Telephone: 07729 384705 / Email: ksscbooking@hotmail.com

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK LIBRARIES **WHERE I BELONG**

Library Opening Times

MONDAY	Closed
TUESDAY	10am – 4pm
WEDNESDAY	10am – 4pm
THURSDAY	Closed
FRIDAY	10am – 4pm
SATURDAY	10am – 3pm
SUNDAY	10am – 3pm

Take a look at our website for up to date info on all our event and activities.
Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES **WHERE I BELONG**

Regular Library Activities

TUESDAY	10am - Baby Bounce
WEDNESDAY	10:30am-12pm - Stay & Play
WEDNESDAY	2pm - Bingo (Waiting List)
FRIDAY	10am - Baby Bounce
FRIDAY	2pm - BYO craft club
FRIDAY	2:30pm - Scrabble
SATURDAY	10:30-12 - Children's Craft
SUNDAY	10:30-12 - Children's Craft

Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

SUFFOLK LIBRARIES **WHERE I BELONG**

BABY BOUNCE & TOT ROCK

FREE ACTIVITY UNDER FOURS

Tuesdays & Fridays
10am

Followed by a cuppa & biscuits

SCRABBLE

Every Friday
2:30pm

JOIN US FOR SCRABBLE ON A FRIDAY AFTERNOON

£1 PER PLAYER WITH HOT DRINK AND SWEET TREATS INCLUDED

FOR STITCH DROPPERS

Craft Club
2pm Friday

at Kessingland Library
£1.00 including refreshments

SUFFOLK LIBRARIES

SUFFOLK LIBRARIES **WHERE I BELONG**

CHILDREN'S CRAFT

Saturdays & Sundays 10:30-12:00

FUELLED BY IMAGINATION

JOIN OUR FOLK:

THE FRIENDS OF KESSINGLAND LIBRARY INVITE YOU TO JOIN THE 50 CLUB.

TO RAISE FUNDS TO SUPPORT OUR VILLAGE LIBRARY.

Bi-monthly draw with 3 prizes of 25%, 15% and 10% for first, second and third places respectively

Other Groups at Marram Green:

Tuesdays:

- Yoga with Aleyana (Spinnaker Room) 1:30pm – 2:30pm

Wednesdays:

- Kessingland Art Group (Spinnaker Room) 1pm – 3pm

Thursdays:

- Yoga with Aleyana (Spinnaker Room) 4pm – 5pm

Marram Green
coffee and friends events
Supported by Kessingland Parish Council
Formerly MeetupMonday

Mates on Monday
Marram Green Community Lounge
Hall Road
Kessingland
NR33 7AH

Join us on Mondays (except Bank Holidays) 10.30 am until 12.30pm

Do you feel like the weekend has dragged?
Are you fed up with your own company?
Maybe you are new to the area?

You are invited to come along and enjoy a free cuppa, cake or biscuit & a friendly chat.

COVID SAFETY
For everyone's safety, when arriving for the first time, you will be asked to provide contact details.

Rural Coffee Caravan is a registered charity. No. 1187423

Community Noticeboard

Activities & Groups: Kessingland United Working Men's Club



Kessingland United Working Men's Club
The Avenue, Kessingland, Lowestoft,
Suffolk NR33 7QD

WWW.kuwmc.co.uk

Telephone No: 01502 740218
Email: clubsecretarykuwmc@outlook.com

Quiz Night ?

Thursday 6th March 2025
Doors open 7pm Quiz starts 7:30pm

Teams of 6 people maximum
No minimum

Music and Picture Rounds

Cash prizes and Raffle

£2.50 per person
£1.50 goes to the club, £1 goes into cash prize

Bar and snacks available.

Please book in advance as only 25 team places available.
To reserve your team call Sandra on 01502 742412
or email: clubsecretarykuwmc@outlook.com

Affiliated to the CIU
Society Registration No: 4343 VAT Registration Number: 105 2958

LINE DANCING

**NEW LINE DANCING CLASS STARTING WEEK
COMMENCING 21ST AUGUST 2024**

ALL WELCOME
PARKING & BAR

WITH
ALISON

**WEDNESDAYS
7PM TILL 9.30PM
FROM 21ST AUGUST**

£5 ENTRANCE

**WORKING MANS CLUB, KESSINGLAND
FOR MORE INFO CONTACT ALISON
TEL: 07901871133**

West
Western
dance
academy
Trained Teacher

**yes
you
can**
with
**Slimming
World**

Kessingland
Kessingland
Working Mens Club
Tuesdays
5.30pm & 7pm

With Louise
07725748421

slimmingworld.co.uk

**Slimming
WORLD**

Kessingland Working Men's Club
The Avenue Kessingland (behind the vets)
NR337QD
New members welcome

- Pool & Darts
- Cash Bingo
- Families welcome
- Reasonably priced Drinks
- Live entertainment every weekend
- Monthly country club
- TV Lounge
- Rooms to hire

There is something for everyone
why not come and give us a look !!

For more details contact
us on 01502 740218
Or visit www.kuwmc.co.uk

Community Noticeboard

Activities & Groups: St Edmund's Church & Church Centre



THE CHURCH OF ENGLAND
Diocese of Norwich

Transformed by Christ
Provision
Pastoral
Prophetic

Every Saturday 10am—12noon
Kessingland Church Centre

Saturday Coffee at St Ed's

CAKES

COFFEE is served...
SATURDAYS 10-12
BOOKS, JIGSAWS, BECAUSE A BRAC & CAKE!

FRIENDLY, WARM, SPACIOUS
FUN and LAUGHTER

QUALITY PRE-LOVED ITEMS
LOTS OF EASY PARKING
DISABLED ACCESS
WONDERFUL WELCOME
COME.....

TOGETHER WE CAN DO IT

Craft for Children

'We play loads of fun games, do activities and challenges and sometimes get badges'
Matilda

Rainbows

Girls play, learn and have tons of fun
for ages 4 to 7

At Rainbows, we welcome all girls to play, learn and have fun in a creative, safe space for all abilities.

Join a local Rainbows group girlguiding.org.uk/joinus

Kessingland St Edmunds Church presents...

SMALL WONDERS
FRIDAYS 9:30AM - 11AM
Newborn - School Age
Everybody welcome!

AT THE CHURCH CENTRE

Free of charge

ACTIVITIES, CRAFTS AND SINGING
A RANGE OF TOYS FOR ALL AGES

SNACKS AND REFRESHMENTS

'St Edmunds Ladies Group'

Come...Bring a friend.
Tuesdays Monthly
Kessingland Church Centre
2-4pm
ALL WELCOME

Fun & Laughter

FREE of charge

Tea, cake and friendship

Speakers

ALL ARE WELCOME:
2nd Tuesday each month

PS...Men are also welcome

Speak to Anne 01502 7424654

ALL are very welcome to this very friendly Group

Why not come along and give it a try?

Choir Master: Colin Jobson
colinlinda1082@icloud.com
Or

Come along on a Sunday morning at 10.45am and speak with Colin in person

EVERYONE is welcome at Kessingland Church

We currently have 11 choristers
We only have one male chorister and are seeking other male voices in addition to new female choristers

KESSINGLAND CHURCH CHOIR

Singing is good for you and FUN

If you would like to join us
(We are VERY Friendly and welcoming)

Available to Hire.
Contacts Pat Briggs
01502 740478

Parking, Disable Access & Toilets,
Kitchen and Tables

Meetings, Children's Parties, Events.

Community Noticeboard

Activities & Groups: Kessingland Methodist Church



Kessingland Methodist Church
Church Road, Kessingland NR33 7TQ

World Day of Prayer

Please join us, to share in prayer
With others all around the world

Friday, 7th March
6pm

Focusing on The Cook Islands

Bring and Share
Supper to follow



SUNDAY SERVICES at 10:30am

Volunteering Opportunities



Give back to bact!
We're looking for new
volunteers



Call bact on
01986896896 or visit our
website
www.bactcommunitytransport.org.uk
To find out more.

Volunteer with us!

Join our team as a volunteer and make a difference in your community.
A range of roles are available

- Advisor
- Admin support
- Reception
- IT Support
- Fundraising
- Research
- Campaigns
- Social media

Interested? You can email us
volunteer@caes.org.uk
Or for more information visit our website - caes.org.uk

citizens advice East Suffolk

Our offices are in :
Beccles • Felixstowe • Leiston • Lowestoft • Woodbridge
plus outreach centres across the region


THE WAY TO GO

 **Suffolk**
County Council

Supported by
 **Active Travel England**

Volunteers needed to support our walking and cycling groups

Could you give a couple of hours two or three times a month to support our active travel social prescribing pilot project?
We're running free one-hour cycling and walking groups for residents in Ipswich and Lowestoft and need volunteers to help.



Interested in finding out more?
Email thewaytogosuffolk@suffolk.gov.uk or call 01473 260060



Pakefield Coastwatch

Can you spare 3-4 hours per week?

VOLUNTEERS NEEDED

to assist us in safeguarding our seas and coast.

Full training given.

Contact our Station Manager on
07788 377501

Pakefield Coastwatch is a registered charity. No. 1178259

Volunteering Opportunities



**KESSINGLAND
YOUTH CAFÉ**

Our Youth Café
is looking for Volunteers to help us run our club which provides
a safe environment for Kessingland's young people

**Volunteers Needed
for our
YOUTH
CAFÉ**

The Café is run on the 1st and 3rd
Wednesdays of each month from
6.30pm until 9.30pm.

Duties include:

- Assist with setting up & running activities.
- Safeguard our young people.
- Be a positive role model.

DBS check & full training given.

For more details & an application form,
please contact the Parish Council office:

T: 01502 744367
E: admin@kessinglandparishcouncil.org.uk



**KESSINGLAND
Community
Kitchen & Wildlife
Garden**

**VOLUNTEERS
NEEDED !!**

Do you have some spare time?
Want to meet new people & make new friends?
Do you like nature & want to help make a difference?

Your Community Garden
Rider Haggard Lane, Kessingland

NEEDS YOU

Volunteers meet every Tuesday from 9am
We look forward to seeing you



**Community
Litter Pickers**

**VOLUNTEERS
WANTED**

Are you fed up with seeing litter all over the place?
Fed up with seeing overgrown paths & alleyways?
Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact the Council office:

Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk



Kessingland Parish Council
Parish Council Office, First Floor, Marriam Green, Hall Road, Kessingland NR33 7PP

Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk
Web: www.kessinglandparishcouncil.co.uk

Community Recycling



CLOTHES BANKS

Kessingland Church Centre
Carpark
Church Lane
Kessingland

Livingstones Freehouse
Carpark
Whites Lane
Kessingland



Support Suffolk Libraries: Donate to our fundraising RECYCLING SCHEME

**WE'RE A
CHARITY**

suffolklibraries.co.uk/support-us

♻️ OLD AND FOREIGN CURRENCY

♻️ MOBILE PHONES

♻️ STAMPS

♻️ TABLETS AND GAMES CONSOLES

TETRAPAK CARTONS

Lowestoft Recycling Centre
Haddenham Road
Lowestoft NR33 7NF

BOOKS / USED PRINTER CARTRIDGES

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op
44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH



GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD

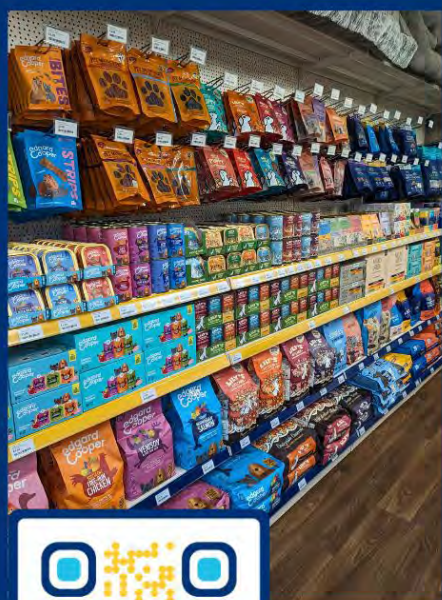
The Sailor's Home
302 Church Road, Kessingland NR33 7SB



Sandy Paws



Kessingland's Dog Specialist Pet Shop



Your brand new dog specialist pet shop. We provide good quality products for your furry friends, including premium dog food, toys, accessories, treats, beds and much more.

Wed - Sat
8am - 4pm

Sun
10am - 4pm

www.thesandypaws.co.uk

info@thesandypaws.co.uk

198 Church Road, Kessingland, NR33 7SF

Welcome to the new Kessingland Business Page. To advertise on this page your business must be based in Kessingland. For details of how to submit your advert and the subscription rates, please contact the Parish Council office on 01502 744367, or email admin@kessinglandparishcouncil.org.uk

Useful Contact Information



Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Jess Asato MP (Lowestoft)	jess.asato.mp@parliament.uk
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways	0345 6066171
- What's happening in my area?	www.one.network
- Report a fault	www.highwaysreporting.suffolk.gov.uk
- Email	www.suffolk.gov.uk/about/contact-us
- Telephone	0345 606 6171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police - Emergency Only	999
Police - Non-Emergency	101
or online at www.suffolk.police.uk/contact-us/report-something	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Veterinary Clinic	01502 664656
Wangford Veterinary Clinic	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785

National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040
Suffolk Trading Standards	0808 223 1133

Crossword Corner - Solutions



The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor –
jmclean@kessinglandparishcouncil.org.uk
Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for a subscription form. Rates are £10.00 for 1 issue or £100.00 for 12 issues. Adverts may be up to A6 (quarter page) Portrait and supplied preferably as a PDF or JPEG file.



Large Village of the Year
2023



Community of the Year
2023



Crossword Solution 101-30

- ACROSS:** 6 Appraisal 8 Shiny 10 Plop 11 Ecologists 12 Six Feet Under 15 Justice 16 Student 18 Three-wheeler 20 Vermicelli 22 I-spy 23 Hutch 24 Long johns
- DOWN:** 1 Spell 2 Proprietor 3 Bayonet 4 Thai 5 Anita Rani 7 Inefficiency 9 Volunteering 13 Didgeridoo 14 Rustled up 17 Shallow 19 Spend 21 Mock