



The Village News



June 2023

Articles submitted are published as received and do not reflect the views of the Parish Council



Community of the Year, 2023

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Photo Credit: David Boyle

PARISH COUNCIL MEETINGS – MAY/JUNE 2023

Full Council:	7pm, Wednesday 14 th June
Planning & Highways:	10am, Wednesday 31 st May 10am, Wednesday 14 th June 10am, Wednesday 28 th June
Finance & Governance:	11am, Wednesday 31 st May 11am, Wednesday 28 th June
Events & Communications:	11am, Tuesday 27 th June
Leisure & Amenities:	10am, Tuesday 6 th June
Emergency Planning:	2pm, Tuesday 6 th June
Personnel:	2pm, Monday 26 th June
Climate, Culture, Community Development:	2pm, Monday 12 th June

The dates & minutes of all the committee meetings are listed on the parish council website: www.kessinglandparishcouncil.co.uk. The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.



Kessingland Parish Councillors

Contact Details



Kessingland Parish Council
1st Floor Marram Green, Hall Road,
Kessingland NR33 7AH

Telephone:
01502 744367

Email:
admin@kessinglandparishcouncil.org.uk

Website:
www.kessinglandparishcouncil.co.uk



Councillor
Ian Graham (Chair)

07985 462200
igraham@kessinglandparishcouncil.org.uk



Councillor
Christine Cook

07592 555345
ccook@kessinglandparishcouncil.org.uk



Councillor
Alan Green

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agreen@kessinglandparishcouncil.org.uk



Councillor
Lisa Truman

01502 341720
ltruman@kessinglandparishcouncil.org.uk



Councillor
Bob Saunders

07901 530770
bsaunders@kessinglandparishcouncil.org.uk

Position Vacant

Position Vacant



Councillor
David Boyle (Vice Chair)

07707 201300
dboyle@kessinglandparishcouncil.org.uk



Councillor
Julie McLean

07539 696904
jmclean@kessinglandparishcouncil.org.uk



Councillor
Martin Dunne

01502 741945
mdunne@kessinglandparishcouncil.org.uk



Councillor
Stephen "Sid" James

01502 740521
sjames@kessinglandparishcouncil.org.uk



Councillor
Robin De Brea

07812 601256
rdebrea@kessinglandparishcouncil.org.uk

Position Vacant

Kessingland Parish Council

Committees, Groups & Representatives



**Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair
The Council has 7 committees which deal with different areas of Council business.**

Climate, Culture, Community & Development Committee

Councillors:
R. De Brea, C. Cook, I. Graham,
A. Green, S. James, J. McLean,
B. Saunders, L. Truman

Events & Communications Committee

Councillors:
D. Boyle, C. Cook, J. McLean,
L. Truman

Emergency Planning Committee

Councillors:
D. Boyle, M. Dunne, A. Green,
S. James, J. McLean

Planning & Highways Committee

Councillors:
M. Dunne, I. Graham, A. Green,
B. Saunders, L. Truman

Leisure & Amenities Committee

Councillors:
C. Cook, M. Dunne, J. McLean,
L. Truman

Finance & Governance Committee

Councillors:
I. Graham, A. Green, J. McLean,
S. James, B. Saunders

Personnel Committee

Councillors:
D. Boyle, C. Cook, I. Graham,
A. Green, S. James

As well as sitting on its 7 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens
North – Cllr D. Boyle
South – Cllr S. James

Community Garden Co-ordinator
Cllr J. McLean

Marsh Warden
Cllr D. Boyle
David Fox (Deputy)

Village & Beach Clean-Up Co-ordinator
Cllr D. Boyle

Community Speed Watch & SID Co-ordinator
Position Vacant

Community Fridge
Cllr C. Cook, Cllr J. McLean,
Cllr L. Truman

Kessingland Events Group
All members of the Events Committee

Hidden Needs Forum
Cllr D. Boyle, Cllr C. Cook,
Cllr J. McLean, Cllr L. Truman

Youth Culture Board
Chair & Vice Chair of Council,
Cllr L. Truman, Cllr J. McLean

Benacre & Kessingland Flood Group
Cllr M. Dunne

Compass Suite Trust
Cllr M. Dunne

Kessingland in Need Trust
Cllr D. Boyle, Cllr L. Truman

Kessingland Sports & Social Centre
Cllr C. Cook, Cllr J. McLean

Suffolk Police
Cllr L. Truman

Suffolk Bus Passenger Interest Group
Cllr A. Green

East Suffolk Community Partnership
Cllr J. McLean, Parish Clerk

SALC East Suffolk Forum
Cllr R. De Brea

SALC Climate Forum
Cllr R. De Brea, Cllr A. Green,
Cllr J. McLean, Parish Clerk

NALC Climate Forum
Cllr R. De Brea, Cllr A. Green,
Cllr J. McLean, Parish Clerk

NALC Coastal Communities Forum
Cllr J. McLean, Parish Clerk

Kessingland Parish Council Staff



Kessingland Parish Council

Office Hours:

Monday – Thursday, 10am – 4pm

Telephone:

01502 744367

Email:

admin@kessinglandparishcouncil.org.uk

Website:

www.kessinglandparishcouncil.co.uk



Parish Clerk & R.F.O.:
Neil Coleby



Deputy Clerk:
Shelley Hogg



Admin / Committee Clerk:
Debbie Blowers



Senior Youth Leader:
Ryan George



Cleansing Operative:
Ruth Hill



Cleansing Operative:
Niall McLean



General Factotum:
Paul Reed

District & County Councillors



County Councillor:
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Dept. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603

Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also a member of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor and representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003

Email: alan.green@eastsuffolk.gov.uk



District Councillor:
Alan Green

The council wishes to record thanks to three people who have been involved over the last four years and some much longer than that, they are Letitia Smith, Billy Nichols and Barry Burden.

Letitia Smith was elected to represent Kessingland on East Suffolk in 2019. She has always been supportive of the parish council and in particular our Hidden Needs Forum and events but she has also championed the village at district level. Letitia was also appointed to the East Suffolk Cabinet with responsibility for Communities & Tourism.

Billy Nicholls was re-elected to the council in 2019. He has been a very active councillor and chaired the Leisure & Amenities committee for several years taking on responsibility for the allotments bringing all the councils' procedures up to date and organising water to be installed at the St Edmunds allotments. Billy also proposed the Kessingland Remembers wall and was instrumental in seeing the first plaques developed and placed on the wall.

Barry Burden has been a Kessingland Parish Councillor for more years than he'd probably like to remember. He has been a stalwart of the council's finances and served as Chair of Finance & Governance. Barry's attention to detail and vast knowledge of everything to do with the council's finances, assets and insurances has been invaluable to the council particularly over the last four years.

All three have served Kessingland and made it a better place through their involvement and the council wishes to express a vote of thanks to all of them.

Cost of Living Assistance



Kessingland Parish Council are currently running a Hidden Needs Forum in the village, in which plans to help local households throughout the colder months are being discussed. If there are any local businesses or clubs that feel as though they could help us out, please email us at admin@kessinglandparishcouncil.org.uk.



**Kessingland
Parish
Council**



If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



For help with Local Welfare Assistance Scheme & Household Support
www.suffolk.gov.uk/costofliving
0345 606 6067



For help with Finances/Food & Essentials/Fuel & Energy/Housing
www.eastsuffolk.gov.uk/community/squeeze
0333 016 2000



For general enquiries
www.kessinglandparishcouncil.co.uk
01502 744367
admin@kessinglandparishcouncil.org.uk

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of The Village News

Cost of Living Assistance

SUFFOLK LIBRARIES

FREE PRIDE AND PERIODS
MENSTRUAL PRODUCTS HERE

Speak to a member of staff about the products we currently have available. No need to apply, no questions asked.

East of England COOP
Suffolk Community Foundation

Kessingland Library, Marram Green, Hall Road, NR33 7AH

SUFFOLK LIBRARIES

Free Warm Clothes

A selection of second hand and knitted clothing kindly donated by our community to others who need them this winter.

kind in kind

For more information visit suffolklibraries.co.uk/??????

By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

**Kessingland Library
Marram Green
Hall Road
Kessingland NR33 7AH**

OPENING ON WEDNESDAY 7th DECEMBER

OPENING TIMES

MONDAY:	Closed
TUESDAY:	12:00 – 17:00
WEDNESDAY:	10:00 – 17:00
THURSDAY:	Closed
FRIDAY:	12:00 – 17:00
SATURDAY:	10:00 – 15:00
SUNDAY:	10:00 – 15:00

If you have excess food or items approaching their "Best Before" date & don't want to throw it away,
BRING IT TO THE FRIDGE

Be part of the nationwide initiative to reduce food waste in our community

Kessingland Parish Council | SUFFOLK LIBRARIES | go op

PET FOOD PANTRY

Helping Pet Owners in Need

UPDATE

The Parish Council have made a donation to our local branch of the RSPCA :-Mid Norfolk and North Suffolk Branch, to thank them for their kind donations to our pet food pantry over the winter.

Remember if you are needing support with feeding your pet or any other financial concerns relating to pet care, including neutering vouchers, help and support can be found on their website :-

www.rspcanorwich.org.uk

Kessingland Parish Council | RSPCA

Cost of Living Assistance



Information & Advice about
Benefits, Employment
& Lots More

Disability Advice

North East Suffolk

Free, Impartial & Confidential

01502 511333
info@danesonline.co.uk

Do you or a member of your family have a disability, long term health condition and / or care for someone who does?

Have you thought you may be entitled to financial help but find it too confusing or difficult?

Would you like someone to help you with free, impartial information and advice?

.....

Disability Advice North East Suffolk
(formerly DIAL Lowestoft & Waveney)
are here to help.

.....

Our free service extends from Halesworth to Corton, Southwold to Bungay and all places in between.

If you have any questions about benefits, employment, activities, equipment, transport etc. simply phone us on **01502 511333**, leave us a message and one of our advisers will call you back

DANES will next be at Marram Green on 31st May, 9:30am – 12:30pm

Disability Advice

North East Suffolk

Free, Impartial & Confidential

#IAmConfident

I am a Mental Health First Aider

We offer a **FREE** Information, Advice, Advocacy & Representation Service for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop in service to assist with your enquiries such as benefits, transport, mobility, grants.

Starting 25/01/23, 22/02/23, 29/03/23, 26/04/23, 31/05/23, 28/06/23, 26/07/23, 30/08/23.

Contact us for details
01502 511333
info@danesonline.co.uk

Cost of Living Assistance



HELPING EAST SUFFOLK EASE THE SQUEEZE ON COST OF LIVING

WWW.EASTSUFFOLK.GOV.UK/SQUEEZE

East Suffolk Council are co-ordinating a comprehensive programme of support to help people in East Suffolk with the rising cost of living. Whether you are worried about the cost of living, or you want to help those who are, their website provides information on the services and support available as well as helpful tips and advice.

If you, or someone you know, need immediate support with the cost of living, please complete the online cost of living referral form available at:



W: www.eastsuffolk.gov.uk/community/squeeze
E: col@eastsuffolk.gov.uk
T: 0333 016 2000

Cost OF Living
SUPPORT   

suffolk.gov.uk/CostOfLiving 

Help for households through the ongoing
cost of living pressures

The Government website has lots of resources and links to support you and your family at this time.

www.helpforhouseholds.campaign.gov.uk

Suffolk Infolink details all the support in your community which is local to you and through various national charities and organisations.

www.infolink.suffolk.gov.uk



Cost of Living Assistance



We're here to help

Whatever the problem, we're here for free, impartial and confidential advice



Call us on 0808 278 7866

Lines are open 10am to 2 pm Monday to Friday

or email us from our website caes.org.uk



Our offices are in :
Beccles • Felixstowe • Leiston • Lowestoft
plus outreach centres across the region



Mini Monsters visit the Nursery



On Monday 27th March 2023, the Zebra Class (Nursery) welcomed The Mini Monster Creepy Crawly Roadshow!

We are very grateful to the Kessingland Parish Council for funding this amazing experience and opportunity.

Ed, from Mini Monsters, brought some very interesting animals in for us to explore and learn about.



We met Gerald the Giant African Land Snail, Mildred the Millipede, Trinny the Tarantula, Winston the Bearded Dragon and Salsa the Milk Snake.

We learnt lots of fun facts about these different animals.

The snail's favourite food is cucumber, and the slimy part is called a foot! The Millipede has 250 legs and we saw them being very wiggly!



The tarantula is very delicate as its skeleton is on the outside of its body!

Winston, the Bearded Dragon made us all laugh as he ate worms with his sticky tongue and the milk snake was very soft to touch!



It was a wonderful experience, and the children were brilliant. Ed said we all listened very well, and he was very impressed with how careful we were with the animals. It was lovely to see the children getting more confident as the activity progressed.

Many thanks to the Kessingland Parish Council for supporting this opportunity.





LKS2 Roman Immersive Day – 29.03.2023

On Wednesday 29th March, LKS2 took part in a Roman Immersive Day, which was set up and run by an external company called Make the Classroom Disappear. During this day, the children were able to take part in a variety of experiences and really develop their understanding of our History topic, The Romans.

The day began with everyone gathering in the hall to meet Terrance, a Roman who had come to visit to tell us about what Britain was like when the Romans invaded. We discussed what we would do if faced with the decision of whether to join the Roman army and the different viewpoints to consider. We then learnt about how houses were built, constructed a mosaic floor and even learnt how the Romans used to go to the toilet!

After this, the children were split into three groups and moved around a carousel of activities. This included using research information boards to find answers to quiz questions; learning how to write Roman numerals on slates with slate pencils; playing a game where the Romans had to capture Boudica; and handling artefacts of domestic life including foods, rotary quern, spices, toys and making cosmetics. The children were thoroughly engaged throughout this section of the day and enjoyed the variety of activities available to them.

After lunch, everyone joined together again to learn about the Roman timeline and how this period fits in with other time periods that the children had learnt about. Following this, the children had a go at building arches from wooden blocks and were amazed when they could take away the internal arch and the outside arch still remained standing with no support! This linked to the next activity, which involved operating a replica Roman crane, and the children developed their understanding of how different and much harder it was to build large structures in Roman times. Finally, we ended the day with a gladiator contest, where the audience got to decide whether the defeated gladiator got to survive or be killed!

Throughout the whole day, the children enjoyed learning about how the Romans lived and were able to develop their understanding of what they had learnt about the topic earlier in the term. The feedback from the children and the staff who took part was extremely positive and it was definitely a day that the children will remember. We would all like to say a massive 'Thank You!' to the Parish Council for subsidising this opportunity. We had an amazing time.



Kessingland Women's Institute



Kessingland WI has around 36 Inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's Club, starting at 7.30pm.

REPORT FOR APRIL 2023

On 23rd March we went to East coast college Lowestoft Campus's East restaurant for our annual birthday meal which was enjoyed by everyone who attended. On 30th March 9 members went to the Hotel Victoria for the Lothingland Group 1 Annual Meeting and heard Mary Newton talk about being a forensic biologist, and some of the high-profile cases she had worked on before and how she had been working as a consultant on BBC's "Silent Witness" programme.

Our April 13th Meeting was held, and we had Stephen Poulter who was an auctioneer and spoke about "To the Hammer Born". He gave us a history of auctions, told us about how Bonhams, Christies and Sotherbys started, and how he started as owning a book shop then got into buying books at auctions and added a second-hand book shop to his existing shop. He told us about the different kinds of auctions, he then worked on a Friday at Sawbridgeworth Auction Rooms as an auctioneer. He gave us a quiz about different types of collectors and then had a Q&A session with members.

We had a report on the Suffolk East Women's Institute federation meeting from Sandra Warner - Vice-President. Pam Newell was given a plant to celebrate her Golden Wedding Anniversary by Karelyn Smithson - President. The reading group are currently reading 'The Family Upstairs' by Lisa Jewell. The Craft Club are making Mandalas and preparing the Kessingland WI bunting to go along the seafront in Kessingland for the summer. The Cinema group are going to see 'Alleujah' at the Marina Theatre on Saturday 15th April. 10 members of the walking group went around Kessingland for their recent walk, they are walking round North Lowestoft on Thursday 20th April and exploring more places weather dependent.

The competition was 'An Item bought from a charity shop, Auction and eBay':

- First place was awarded to Margaret Thurston
- Second place was awarded to Sue Goulden
- Third place was awarded to Margaret Brooke

The Bloom of the Month competition was awarded the places as below:

- First place was awarded to Doreen Matthews
- Second place was awarded to Pam Newell
- Third place was awarded to Connie Niblett



Kessingland Women's Institute



Kessingland WI has around 36 Inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's Club, starting at 7.30pm.

REPORT FOR MAY 2023

Our May 11th Meeting was held, and we had our annual resolutions meeting beginning with singing the national anthem and Jerusalem. The resolution of Clean Rivers was passed unanimously.

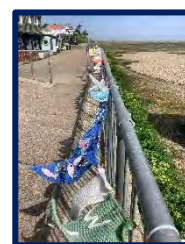
Members made food for an 'afternoon tea'. The committee thanked everyone who made food, also drinks were supplied by committee. We also held a coronation raffle which was received well, prizes included a coronation bell. We also had party dances which was fun, and we had quizzes on subjects such as guess the member of the royal family.



The reading group are currently reading 'Maid' by Nita Prose. The walking group are going to Reydon to view the bluebells.



The Craft Club put up the Kessingland WI bunting to go along the seafront in Kessingland for the summer. Unfortunately, it was vandalised which was upsetting for those who spent time and effort to create the bunting.



Competition of the month was making a crown and the committee decided everyone who made their crown gained 3 points, those that bought their crown and embellished it gained 3 points and those that just bought their crown gained 2 points.

The Bloom of the Month competition was awarded the places as below:

- First place was awarded to Connie Niblett
- Second place was awarded to Margaret Thurston
- Third place was awarded to Pauline Shipley.

Again, we would like to say thank you to the Committee for an enjoyable evening.

Our next meeting is on 8th June. Our next meeting's speaker is retired forensic biologist talking about "Rape: Short Word, Long Sentence".

For more information, please contact Margaret Parker – Secretary on 01502 740785

Kessingland United Working Men's Club



The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD

Telephone No: 01502 740218 / Website: www.kuwmc.co.uk

Affiliated to the CIU

June Newsletter

What a fantastic time we had celebrating King Charles III Coronation at Kessingland Working Men's Club. The weather was very kind and so many people turned out to celebrate the day with us, thank you for your support. The classic cars and motorbikes were certainly the highlight of the day, looking fantastic all lined up in the sun. A very big thank you to the Lowestoft Classic Cars and the local motorbike lads for coming along to show off their vehicles and bikes. The owners seemed to enjoy themselves too.

Volunteers manning the refreshment stall were rushed off their feet selling teas, coffees, homemade cakes and sausage rolls. Thanks to everyone for their very tasty donations!

The Bottle Tombola sold out, with about 100 bottles, most of them being donated by club members, many thanks to them as well. The Baking competition was also very well supported with some great entries. One family virtually wiped the board winning three out of the four categories. Amanda Loud won Best Decorated Sponge, Theodore won Cupcakes and Imogen came first in the Biscuits. They were all well decorated and tasted delicious. Margaret Parker won the Scones category, which were also very tasty. It certainly was busy but a great day which we couldn't have done without the help of the Committee and the many volunteers that gave up their time.

The Club is getting busier with new members joining, and a warm welcome awaits you. Don't forget drinks are cheaper.

Bingo is booming on a Sunday lunchtime and Wednesday evenings, and the Over 60's hold their session on a Monday evening. Saturday night live music and monthly Country Club are very well supported with people enjoying their favourite groups and artistes. It is great to see everyone dancing and enjoying the music. For Saturday nights in June we have 3 Steps To Heaven, Kevin Solo, Kenny Lee & Hustler and Just Andy. Friday 16th June is Country Club featuring Stubby.

The Pigeon Club has started their racing season. You can see them on a Friday evening sending the pigeons off to race and Saturday evenings at the club with their clocks to register returning times. They went to Sheffield this week; it's fascinating how they find their way home. The Bowls season is also underway, a lovely sight seeing them play in their whites. They pride themselves that the Bowling Green is the best in the area.

Please do come and give us a look if you are looking to host a party or celebration, we have a large hall and a smaller lounge to accommodate all requirements.

President: R A Hood

Society Registration No: 4343

Secretary: T Gasking

VAT Registration Number: 105 2958

Community Kitchen & Wildlife Garden



Well....everything in the Garden seems to have exploded into life ! Colourful poppies & calendula have appeared and the peas, potatoes, radish & lettuce are growing at a great pace. Carrots & tomatoes are coming along nicely too. New vegetable plants kindly donated (including tomato, runner bean & cabbage) have been planted and, fingers crossed, these should grow well too.

Work will soon start on creating new accessible raised beds and renovation/planting of the boat. New fruit trees will also be planted to replace the trees lost last year.



Also happening soon will be some planting around the pond.

If you're looking for a half-term activity then you're more than welcome to come along to this event, which is being hosted by Greener Growth on Tuesday 30th May from 12:30pm.



Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library.



Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome. Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, please do make good use of it.



Join us on Facebook:
Kessingland Community Kitchen & Wildlife Garden

Village Clean-Up Teams

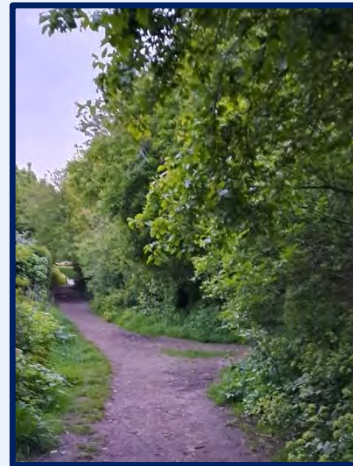


The Village clean-up teams continue to go out & about on a Thursday (verge & promenade clearing) and for the last few weeks have been concentrating on clearing the path on London Road; and also on a Friday (around the village) and are doing a great job keeping everything neat & tidy. The Monday Beach Cleans are also taking place. If you wish to join us, meet up at Marram Green at 9am.

More volunteers are always needed, so if you have an hour to spare, please contact Cllr David Boyle

Email: dboyle@kessinglandparishcouncil.org.uk

Come and join the Team

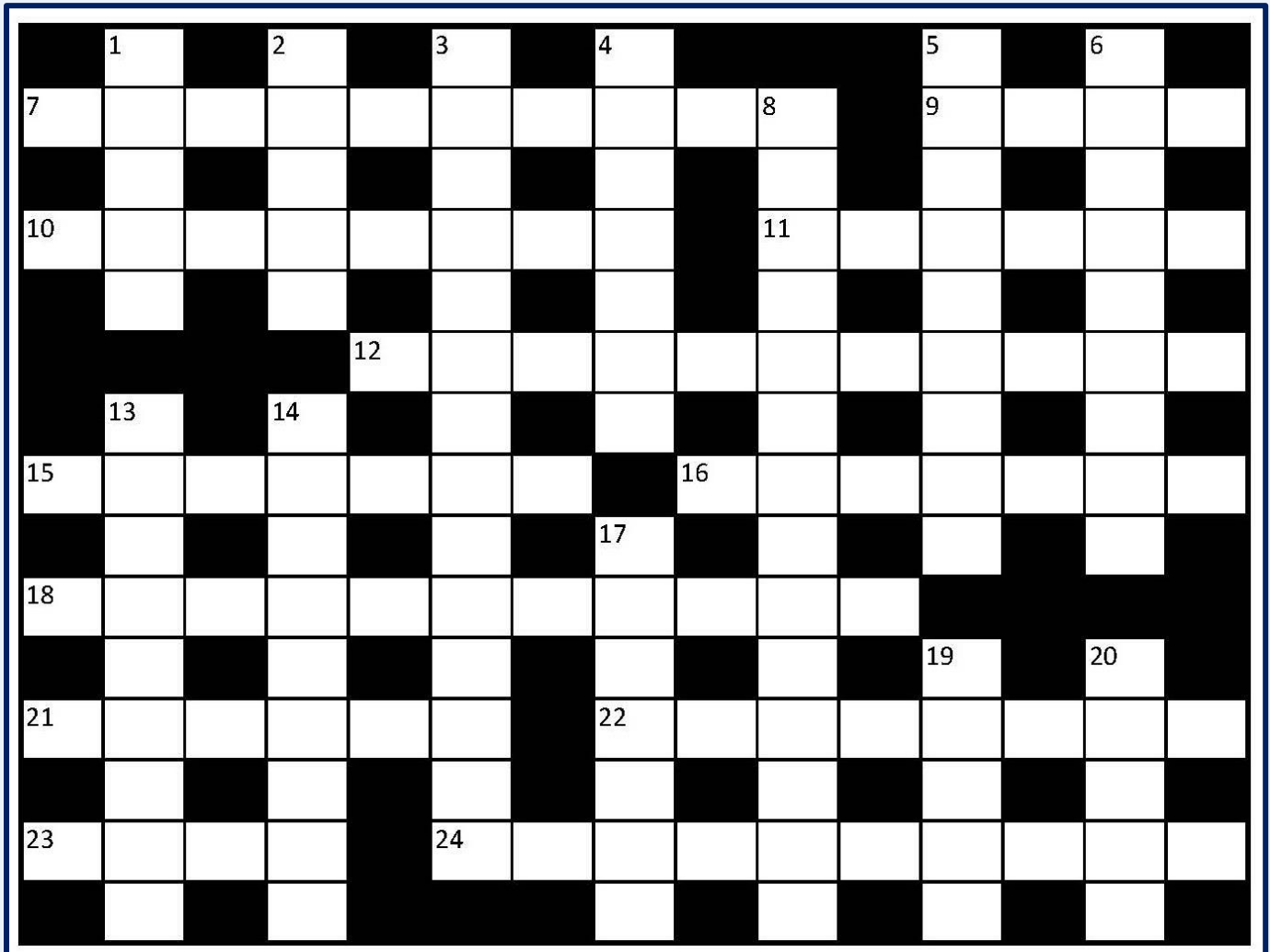


When walking along the Prom, you may have noticed new litter bins in place by Roy Brown's Gardens. These bins, the first of many, take all types of litter, including dog waste.

Puzzle Corner



Crossword 101-12



ACROSS:

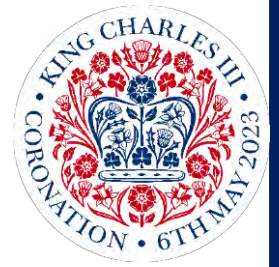
- 7 Excessively greedy (10)
- 9 Close at hand (4)
- 10 Occurring at intervals (8)
- 11 Half of a quarter (6)
- 12 Aeronautical stunt (4,3,4)
- 15 Feeling of worry and concern (7)
- 16 Coroner's death investigation (7)
- 18 Lee Mack sitcom (3,5,3)
- 21 Watch out! (6)
- 22 Emptying your lungs (8)
- 23 Broad waistband (4)
- 24 Rooftop power-generating device (5,5)

DOWN:

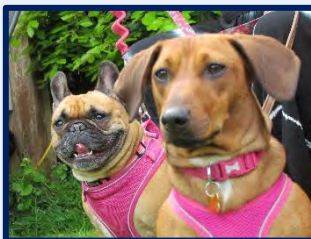
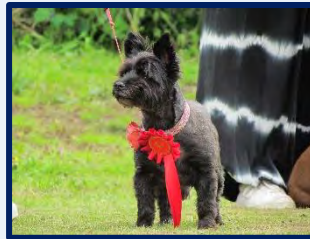
- 1 Country's group of ships (5)
- 2 Permanent dirty mark (5)
- 3 Fitness to be driven on public highways (14)
- 4 Surgical pincers (7)
- 5 Cuddle together (7,2)
- 6 Skin painter (9)
- 8 *Catchphrase* presenter (7,7)
- 13 Deduction from gross earnings (6,3)
- 17 Author of *The Time Machine* (1,1,5)
- 19 Fold in a skirt (5)
- 20 A to Z list (5)

Coronation Celebration - Your Pictures

May 2023

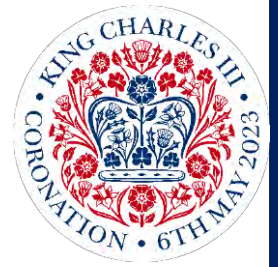


Thank you to everyone who came along to the Coronation events.
We hope you all enjoyed yourselves.
Thank you to Livingstones for hosting the Coronation Dog Show.
Photo credits: Jonny Hawes



Coronation Celebration - Your Pictures

May 2023



Thank you to everyone who came along to the Coronation events.
We hope you all enjoyed yourselves.

Thank you to the Working Men's Club for hosting the Bake-Off Competition, Craft Stalls & Classic Car Display, to the KSSC for hosting the Family Fun Day, and to the Library for hosting the "Design a Crown" Competition



"When it rains it pours, but so do we"



The Sunflower Challenge

2023

How TALL is yours?

Join in the Fun, Prizes to be Won
Simply grow the tallest Sunflower to win

Register your details by Email:
event@kessinglandparishcouncil.org.uk

Prizes include Gift Vouchers
and delicious Sunflower Cupcakes made by Alison Jones

Entries to be submitted by
Friday, 25th August 2023
The Winner will be announced on
Monday, 28th August 2023

Good Luck



Kessingland
Parish
Council



SCARECROW Competition 2023



1st Prize
Winner's Trophy
£20 Voucher

2nd Prize
£15 Voucher

3rd Prize
£10 Voucher

**GET
CREATIVE**

Place Scarecrows in your front garden for judging (or email us a photo) by **Friday, 18th August 2023**.

Winners to be announced on **Monday, 28th August 2023**

Register your details by **Friday, 18th August 2023**:

Email: event@kessinglandparishcouncil.org.uk

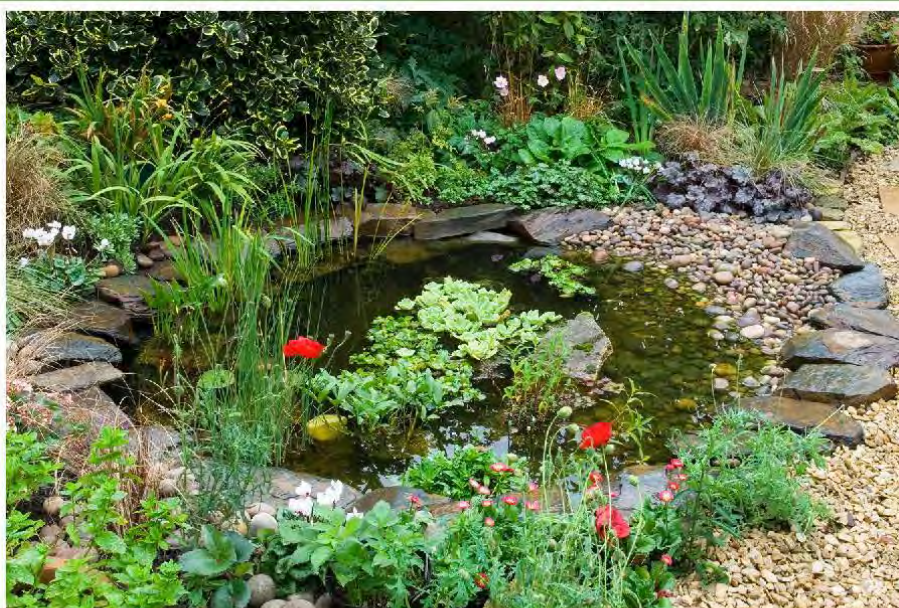


Kessingland
Parish
Council



KESSINGLAND
Community
Kitchen & Wildlife
Garden

VOLUNTEER DAY POND PLANTING



TUESDAY 30TH MAY 1-4PM

Come and discover the pond life in your community garden!

contact kate@greenergrowth.co.uk
or fill in the form via the QR code.

**Kessingland Community Kitchen and Wildlife Garden
is on Rider Haggard Lane**



www.greenergrowth.co.uk

Scan QR Code
and register to
volunteer:



Community Noticeboard

Events, Competitions & Local Groups



PLEASE NOTE

From June, the Youth Café will be on a Wednesday evening.

KESSINGLAND YOUTH CAFÉ

JUNE 2023

Wednesday
7th and 21st June

Session 1 6:30pm – 7:30pm Age Group: 10yrs to 13yrs	Session 2 7:45pm – 8:45pm Age Group: 13yrs to 16yrs
-------------------------------------------------------------------------	-------------------------------------------------------------------------

FREE
Activities

Snack
Shop

at the KSSC,
Francis Road, Kessingland



Kessingland
Parish
Council



**SUFFOLK
LIBRARIES**

**WHERE
I BELONG**

AUTHOR EVENTS FOR CHILDREN

NIGEL LUNGENMUSS-WARD

Wednesday 31st May
From 10am to midday

Kessingland Library
Marram Green, Hall Road
NR33 7AH 01502 741212



Join Nigel, a local author and Get Suffolk Reading Literacy Champion, for the launch of our story competition for local primary school children!

Free event with refreshments

Children of all ages welcome



By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate

HMRC charity number: XT34476

Community Noticeboard

Events, Competitions & Local Groups



DO YOU LIKE TO DANCE?

COME AND JOIN OUR GROUP **DANCING FRIENDS**

EVERY MONDAY EVENING
7.30pm
KESSINGLAND SPORTS & SOCIAL CENTRE
FRANCIS ROAD, KESSINGLAND, NR33 7PU



ALL TYPES OF DANCES, INCLUDING JIVE, ROCK 'n' ROLL, MODERN DANCE, LINE DANCING etc
IF YOU JUST ENJOY DANCING COME ALONG AND JOIN IN A FUN EVENING

ENTRANCE: £5.00 per person
FOR MORE INFORMATION, RING: SUE DYER 07731 380691

CHAIR YOGA

Gentle exercise designed for people with mobility issues

Come & join us for a chair yoga class led by Jan Lacey, BWY Dip. a qualified & experienced British Wheel of Yoga teacher



Every Thursday
11:00 until 12:00

£5.00 per session

The Spinnaker Room
Marram Green (Ground Floor), Hall Road, Kessingland

YOGA

KESSINGLAND



CLUB

WE MEET EVERY TUESDAY & FRIDAY AFTERNOONS
1.45 PM FOR START AT 2PM UNTIL 4PM

£2.50 PER SESSION
INCLUDING TEA/COFFEE & BISCUITS

FIRST TIME? COME AND TRY FOR FREE.

FOR FURTHER INFORMATION PLEASE CONTACT:-

STAN & CHRIS RAMSAY
01502 740704

WE ARE A FRIENDLY CLUB
LOOKING FOR NEW MEMBERS

WE LOOK FORWARD TO SEEING YOU THERE!

KESSINGLAND COMMUNITY CENTRE
FRANCIS ROAD
KESSINGLAND

Kessingland Gardeners Club



We meet on the 2nd Monday of each month at St Edmunds church hall Church Road Kessingland at 7.30pm

New members are always welcome
Speakers on gardening nature and wildlife,
Strawberry fayre in June and Christmas party in December.

Come along and join us

Contact Tony 01502 349068

Community Noticeboard

Events, Competitions & Local Groups



THE CHURCH OF ENGLAND Diocese of Norwich

Transformed by Christ: Prayerful Pastoral Prophetic

Every Saturday 10am—12noon
Kessingland Church Centre

Saturday Coffee at St Ed's

CAKES

FRIENDLY, WARM, SPACIOUS
FUN and LAUGHTER
QUALITY PRE-LOVED ITEMS
LOTS OF EASY PARKING
DISABLED ACCESS
WONDERFUL WELCOME
COME.....

TOGETHER WE CAN DO IT

Craft for Children

Mission Strategy 2021: Listen Imagine Empower Celebrate

St Edmund Church KESSINGLAND

Singing is good for you and FUN

If you would like to join us
(We are VERY Friendly and welcoming)

Interested???

Please Contact Helena Lord on Facebook

OR

**Come along any Thursday to
Kessingland Church at 6pm**
or Come and see if you like us
any Sunday at 10.45am

TOGETHER WE CAN DO IT

1st Kessingland Brownies & Guides

Brownies 7-10yrs, Guides 10ys+


Thursdays 5.30pm at Kessingland Church Centre

Contact Tawny Owl 07773 960 747
Snowy Owl 07891 607540

Community Noticeboard


Events, Competitions & Local Groups




 Transformed by Christ Prophetic Prayerful PASTORAL

GISLEHAM* KESSINGLAND * RUSHMERE
Whoever you are, Wherever you come from,
Whatever your background, faith or no faith; you are
 very welcome in these churches and all the groups across
 the three villages. COME.....

Pastoral Care and Support




We are here to serve
 • Confidentiality. • A Listening Ear.
revdmandy@btinternet.com

If you have a loved one who is poorly
 and would like home visits or hospital visits
 Please call or email the Rector


 Transformed by Christ Prophetic Prayerful Pastoral

Kessingland Benefice, is a group of three villages:
 GISLEHAM* KESSINGLAND * RUSHMERE
Whoever you are, wherever you come from, whatever your background,
 faith or no faith; different faith;
 you are very welcome in our churches and groups.
 Visit: [Face Book Kessingland Benefice](#)

Kessingland St Edmunds
(The Welcoming Church)
Every Sunday 10.45am


Gisleham Holy Trinity
(The Friendly Church)
2nd & 4th Sundays 9.15am


Rushmere St Michael & All Angels
(The Rural Church)
5th Sundays 10.30am


THE CHURCH OF ENGLAND
A CHRISTIAN PRESENCE IN EVERY COMMUNITY


 Listen Imagine Empower Celebrate

Community Lunch
 4th Wednesday monthly.
 £6 for 2 courses + drink
Kessingland Church Centre





Book through Margaret 740748
or Anne 742012



Community Noticeboard

Events, Competitions & Local Groups



SUFFOLK LIBRARIES wordplay

BABY BOUNCE & TOT ROCK

FREE ACTIVITY **UNDER FOURS**

Tuesdays & Fridays
10am

Followed by a cuppa & biscuits

SUFFOLK LIBRARIES

STAY & PLAY

me, myself and baby

A group specially for under 5's

Becoming a parent isn't easy and sometimes we just need someone to talk to. Me, Myself and Baby is a perinatal mental health project run by Suffolk Libraries in partnership with Suffolk Mind. 1 in 5 women experience mental health difficulties during pregnancy or after having a baby, with dads and partners commonly affected too.

We are here to help parents of children under the age of 5. We would also love to see parents-to-be who may like to find out about all the wonderful things that are on offer in our area and start making new connections.

Our new sessions will be on:
 Tuesdays—11-11:45
 Sundays— 10:30-12

Friday From 9.30am onwards

SMALL WONDERS

For children from 0 years to School-age

FREE OF CHARGE

KESSINGLAND CHURCH CENTRE

Come and make friends ...everyone is welcome

Singing, Dancing, Crafts.

Fun for everyone

Community Noticeboard

Events, Competitions & Local Groups



SUFFOLK LIBRARIES

Toddler Time

Pop along after nursery for toddler time in the library. Simply read some books together or take part in a free activity including craft.

12pm Wednesdays

FREE session

TEXT TO GIVE

TEXT LIBRARY TO 7000 TO DONATE £1
TEXT LIBRARY TO 7000 TO DONATE £5
TEXT LIBRARY TO 7000 TO DONATE £10

GET SUFFOLK READING

Reading outside school can make your child happier and support their wellbeing.

Getsuffolkreading.org.uk

f GetSuffolkReading

GET SUFFOLK READING

Reading for just 10 minutes a day is enough to make a difference.

Getsuffolkreading.org.uk

f GetSuffolkReading

SUFFOLK LIBRARIES WHERE I BELONG

LEGO CLUB

JOIN US AT THE LIBRARY EVERY SUNDAY

1:00 - 2:30PM

FOR ALL AGES

NOW FREE!
REFRESHMENTS INCLUDED

LEGO AND DUPLO DONATIONS WELCOME!

Community Noticeboard

Events, Competitions & Local Groups



Craft Group

2pm onwards
EVERY FRIDAY!

Bring anything along that you are working on and spend time with others in a warm space.

£1 per person which includes refreshments.

At the
Library



SCRABBLE

Every Friday

2:30pm

**JOIN US FOR SCRABBLE ON A FRIDAY
AFTERNOON**

£1 PER PLAYER WITH HOT DRINK AND
SWEET TREATS INCLUDED



BAKE GROUP

Fourth Tuesday of the Month

2pm

JOIN OUR LONG ESTABLISHED BAKE GROUP
IN THE LIBRARY ONCE A MONTH

EACH MONTH WE SET A THEME THEN MEET
TO ENJOY OUR CREATIONS



SUFFOLK
LIBRARIES

BINGO!

Join us from 2:45pm on a Wednesday
afternoon in the Library for Bingo!

Refreshments included

£1

2:45pm
Wednesdays

Meet new
people or bring
a friend!

Community Noticeboard

Events, Competitions & Local Groups



Join our weekly online*
Cuppa & Chat sessions
 and enjoy a cuppa in the
 comfort of your own home
 whilst connecting with
 others living in East Suffolk

*If you need support with how to get
 online, call us on 01449 707030

Zoom Number:
895 476 2738
 Monday 10am - 11am
 Wednesday - 7pm - 8pm
 Friday - 12noon - 1.00pm



Cuppa & Chat
 East Suffolk

Phone - 01449 707030
 www.communitiestogethereastanglia.org
 Registered Charity - 1004198

For those living in
 East Suffolk wanting to
 connect with others





Marram Green
 coffee and friends events

Supported by Kessingland Parish Council

Formerly MeetupMonday
We're Back!



Mates on Monday
 Marram Green
 Community Lounge
 Hall Road
 Kessingland
 NR33 7AH

Join us on
Mondays
 (except Bank Holidays)
 10am until 12pm

Do you feel like the week-
 end has dragged?
 Are you fed up with your
 own company?
 Maybe you are new to the
 area?

You are invited to come
 along and enjoy a free
 cuppa, cake or biscuit & a
 friendly chat.

COVID SAFETY
 For everyone's safety, when arriving for the first time, you will be asked to
 provide contact details.






Rural Coffee Caravan is a registered charity. No.1187423

Dementia cafe group

2nd Tuesday of month
A fun group for people and families
living with dementia
10.00am - 11.30 am



March 14th	Aug 8th
April 11th	Sept 12th
May 9th	Oct 10th
June 13th	Nov 14th
July 11th	Dec 12th




Kessingland


Friendship Club

The Kessingland Friendship Club
 meets at the KSSC
 on alternate Thursdays
 from 2.00pm until 4.00pm

Come and join in with us and make new
 friends, enjoy a cup of tea and a biscuit in
 convivial surroundings, join in the bingo and
 try and win the raffle!

The Friendship Club also organises and runs
 outings, social events and long weekend
 breaks for members and friends, so don't be
 left out - come along to one of our meetings
 and join in!

For more information, please contact
 Helen Sinfield on 01502 741424



Welcome!

Parish Councillor Vacancies



MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

Kessingland Parish Council are looking for three councillors to fill the vacancies on the parish council which were not filled in the May election.

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community and the council wants to recognise, celebrate and represent that diversity.

The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community. There may be more candidates than spaces, so be really positive about yourself as the council will only be able to choose three people to co-opt.

The deadline for applications to be received & considered is 5pm Wednesday 7th June 2023



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at:

<https://www.nalc.gov.uk/our-work/local-elections#what-do->



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland, NR33 7AH
Tel: 01502 744367, Email: admin@kessinglandparishcouncil.org.uk, Web: kessinglandparishcouncil.org.uk

Volunteer Opportunities



Kessingland Village Volunteers



**Village
Recorder**

**Community
Gardener**

**Youth Club
Volunteer**

**Warm
Rooms
Host**

Could you become a Village Volunteer and help make Kessingland a better place to live?

You don't have to have hours to give, just an interest or enthusiasm for Kessingland and how the community can come together and build a great community spirit.

**Marsh
Mate**

**Skills
Sharer**

The community has volunteering opportunities coming up which are shown around this box. Some may actually excite you to be involved. If any of them interest you and you would like to know more, then visit the new parish website:

**Litter
Picker**

**Tree
Warden**

www.kessinglandparishcouncil.co.uk
email:
admin@kessinglandparishcouncil.org.uk
call
01502 744367
or pop into the council office

**Climate
Carer**

**Accessibility
Auditor**

**Community
Fridge
Champion**

**Village News
Columnist**

Community Recycling



**ONE ITEM IN THE
WRONG BIN CAN'T
HURT, CAN IT?**

**YES
IT CAN!**

**LET'S GET REAL
ABOUT RECYCLING**

#RecycleWeek



 **Suffolk recycles**

www.suffolkrecycling.org.uk

Community Recycling



Kessingland Church Centre Carpark

CLOTHES BANK

**Serving our Community.
Serving those in need**



GLASS & BOTTLE RECYCLING

**Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD**

**The Sailor's Home
302 Church Road, Kessingland NR33 7SB**



Useful Contact Information



Useful Local Telephone Numbers

East Suffolk Council (Customer Services) 0333 0162000
East Suffolk Council (Out of Hours Emergency) 0800 440 2516
East Suffolk Council (Automated Payments) 0300 7900509
Kessingland Parish Council 01502 744367
Peter Aldous MP (Waveney) 01502 586568
Citizens Advice Bureau 01502 518510
Disability Advice North East Suffolk (DANES) 01502 511333
Suffolk County Council Highways 0345 6066171 (if immediate danger to life) or online at www.highwaysreporting.suffolk.gov.uk

Kessingland Doctors (Longshore Surgery) 01502 740203
Kessingland Pharmacy 01502 740251
James Paget Hospital A and E (Gorleston-on-Sea) 01493 452200
NHS Helpline 111

Coastline Vets (Carlton Colville) 01502 531999
Three Rivers Vets (Kessingland) 01502 741988
Pakefield Vets (Pakefield) 01502 664656
Wangford Vets (Wangford) 01502 578999

Kessingland Library 01502 741212
St Edmund's Church 01502 743154
Kessingland Primary Academy 01502 740223

Kessingland Sports & Social Centre 07729 384705
Kessingland United Working Men's Club 01502 740218

National Organisations and Helplines

Age Concern 0800 6781602
Childline 0800 1111
NSPCC helpline 0808 800 5000

Cruse Bereavement Support 0808 8081677
Samaritans 116 123
Macmillan Cancer Support 0808 8080000

Mind Infoline 0300 1233393
Alcoholics Anonymous 0800 9177650
Refuse National Domestic Abuse Helpline 0808 2000 247

RSPCA helpline 0300 123499
RSPCA (Mid Norfolk and North Suffolk branch) 0303 040 1565

Puzzle Corner - Solutions



Crossword 101-12

Across: 7 – Gluttonous 9 – Near 10 – Periodic 11 – Eighth 12 – Loop the loop
15 – Anxiety 16 – Inquest 18 – *Not Going Out* 21 – Beware 22 – Exhaling
23 – Sash 24 – Solar panel

Down: 1 – Fleet 2 – Stain 3 – Roadworthiness 4 – Forceps 5 – Snuggle up
6 – Tattooist 8 – Stephen Mulhern 13 – Income tax 14 – Biography 17 – HG Wells
19 – Pleat 20 - Index

The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor - jmclean@kessinglandparishcouncil.org.uk
Articles can be half or full page.