



The Village News



November 2023

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Storms Babet and Ciarán

Following recent adverse weather conditions, the following contact information has been given by East Suffolk & Suffolk Councils:

Powercuts: Call 105 or report online to UK Power Networks.

Damaged Power Lines: Stay away, call 105 or 999 if immediate risk to safety.

Fallen/Overhanging Trees: Call Suffolk Highways on 0345 606 6171.

Flooding/Drainage Issues: Report online at <https://highwaysreporting.suffolk.gov.uk/>

Sewerage Issues: Call Anglian Water on 0345 145 145.

Water Supply Issues: Call Essex & Suffolk Water on 0345 782 0999.

Further help is available online:
www.eastsuffolk.gov.uk/features/
www.suffolk.gov.uk/about/

To receive The Village News by Email, sign up here:
<http://eepurl.com/hHHSZv>



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Friends of Kessingland Parish Council

Parish Council Committee Meetings for November



All meetings listed below take place in the Parish Council Offices, Marram Green.

Full Council:

- 7pm, Wednesday 8th November

Finance & Governance Committee:

- 11am, Wednesday 1st November
- 10am, Wednesday 22nd November

Planning & Highways Committee:

- 10am, Wednesday 1st November
- 10am, Wednesday 15th November
- 10am, Wednesday 29th November

Leisure & Amenities Committee:

- 10am, Tuesday 21st November

Events & Communications Committee:

- 11am, Tuesday 28th November

Personnel Committee:

- No meetings scheduled for November

Climate, Culture & Community Development Committee:

- 2pm, Monday 13th November

Emergency Planning Committee:

- No meetings scheduled for November

The dates & minutes of all committee meetings are listed on the council website:
www.kessinglandparishcouncil.co.uk

The public & press are all legally entitled to attend such meetings and submit any questions relevant to the agenda.

Hidden Needs Forum:

- 3pm, Monday 6th November

Your Parish Councillors



Ian Graham
Chair of Council

07985 462200

igraham@kessinglandparishcouncil.org.uk



David Boyle
Vice-Chair of Council

07707 201300

dboyle@kessinglandparishcouncil.org.uk



Christine Cook
Councillor

07592 555345

ccook@kessinglandparishcouncil.org.uk



Martin Dunne
Councillor

01502 741945

mdunne@kessinglandparishcouncil.org.uk



Alan Green
Councillor

07789 644645

agreen@kessinglandparishcouncil.org.uk



Stephen "Sid" James
Councillor

01502 740521

sjames@kessinglandparishcouncil.org.uk



Julie McLean
Councillor

07539 696904

jmclean@kessinglandparishcouncil.org.uk



Lisa Truman
Councillor

01502 341720

ltruman@kessinglandparishcouncil.org.uk



Bob Saunders
Councillor

07901 530770

bsaunders@kessinglandparishcouncil.org.uk



Caroline Carter
Councillor

07811 753930

ccarter@kessinglandparishcouncil.org.uk



Robin de Brea
Councillor

07812 601256

rdebrea@kessinglandparishcouncil.org.uk



Neil Glendinning
Councillor

07801 681136

nglendinning@kessinglandparishcouncil.org.uk



Position Vacant

Kessingland Parish Council

Committees/Groups/Representatives



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair
The Council has 7 committees which deal with different areas of Council business.

Climate, Culture, Community & Development Committee

Councillors:

R. De Brea, C. Cook, I. Graham,
A. Green, S. James, J. McLean,
B. Saunders, L. Truman

Events & Communications Committee

Councillors:

D. Boyle, C. Cook, J. McLean,
L. Truman, C. Carter

Emergency Planning Committee

Councillors:

D. Boyle, M. Dunne, A. Green,
S. James, J. McLean, C. Carter

Planning & Highways Committee

Councillors:

M. Dunne, I. Graham, A. Green,
B. Saunders, L. Truman, C. Carter,
N. Glendinning

Leisure & Amenities Committee

Councillors:

C. Cook, M. Dunne, J. McLean,
L. Truman, R. De Brea

Finance & Governance Committee

Councillors:

I. Graham, A. Green, J. McLean,
S. James, B. Saunders,
N. Glendinning

Personnel Committee

Councillors:

D. Boyle, C. Cook, I. Graham,
A. Green, S. James, N. Glendinning

Kessingland Parish Council

Committees/Groups/Representatives



As well as sitting on its 7 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens

North – Cllr D. Boyle
South – Cllr S. James

Hidden Needs Forum

Cllr D. Boyle, Cllr C. Cook,
Cllr J. McLean, Cllr L. Truman

Community Speed Watch & SID Co-ordinator

Position Vacant

Marsh Warden

Cllr D. Boyle
David Fox (Deputy)

Youth Culture Forum

Chair & Vice Chair of Council,
Cllr L. Truman, Cllr J. McLean

Kessingland in Need Trust

Cllr D. Boyle, Cllr L. Truman

East Suffolk Community Partnership

Cllr J. McLean, Parish Clerk

Kessingland Sports & Social Centre

Cllr C. Cook, Cllr J. McLean

Community Garden

Co-ordinator
Cllr J. McLean

Village & Beach Clean-Up

Co-ordinator
Cllr D. Boyle

Community Fridge

Cllr C. Cook, Cllr J. McLean,
Cllr L. Truman

Kessingland Events Group

All of Events Committee

Benacre & Kessingland Flood Group

Cllr M. Dunne

Compass Suite Trust

Cllr M. Dunne

Suffolk Bus Passenger Interest Group

Cllr A. Green

Suffolk Police

Cllr L. Truman

Kessingland Parish Council Staff



Kessingland Parish Council

Office Hours:

Monday – Thursday, 10am – 4pm

Telephone:

01502 744367

Email:

admin@kessinglandparishcouncil.org.uk

Website:

www.kessinglandparishcouncil.co.uk



Parish Clerk & R.F.O.:
Neil Coleby



Deputy Clerk:
Shelley Hogg

Awaiting
Image

Admin / Committee Clerk:
Debbie Blowers

Awaiting
Image

Senior Youth Leader:
Ryan George

Awaiting
Image

Youth Leader:
Daniel Fisk



Cleansing Operative:
Ruth Hill



Cleansing Operative:
Niall McLean



General Factotum:
Paul Reed

District & County Councillors



County Councillor:
Michael Ladd

Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 675603
Email: michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: 01502 741888 / 07818 563003
Email: alan.green@eastsuffolk.gov.uk



District Councillor:
Alan Green



Councillor Surgery

with **Councillor Alan Green**

District Councillor for the ward of Kessingland

Telephone: 07818 563003

Email: alan.green@eastsoffolk.gov.uk



**1st Saturday of each month
from 10am until 12pm**

**Kittiwake Room
Marram Green (1st Floor)
Hall Road
Kessingland**

An opportunity for residents of Kessingland to come and chat with me about any concerns or queries they would like my help with.

ALL WELCOME



Surgery Dates for 2023:

4th November / 2nd December

St Edmund's Church



Transformed
by Christ

Prophetic

Prayerful

Pastoral

From The Rectory Revd Mandy writes: November 2023

Remember, Honour, and seek to live in Peace

How often we see memorials to those who died in active service, this of course came about across the whole country after the horror of World War 1, when millions lost their lives. These memorials were and remain instrumental in providing moments for a nation to remember together, the consequences of war. There are countless memorials built in villages, towns, workplaces, schools, churches and town halls across our country.

This means that each relative, colleague and friend could be, and remains remembered in lots of ways, in the home, the community and nationally. We remember their sacrifice in search of peace, but surely we all want to strive for never having to rely on our young people to make such a sacrifice ever again. **WE REMEMBER THEM.** We must always remember them and the price they paid, and we must **HONOUR** that sacrifice by seeking to **be at peace with one another.**

But also, as lives lost quite properly from long ago, the recent past and current days are remembered; we also remember the actions that brought and bring that loveliness to lives at home and bring HOPE in the most difficult of circumstances, past and present, to families changed forever, because of those sacrifices. Death, life changing injuries, loneliness, separation, so much suffering. Injury, and we seek to bring peace to those who suffered and suffer through being lovely and good to them.

Think on these things says St Paul as his letter from 2000 years ago draws to a close, adding that the God of peace will be with those who hold fast, who turn from darkness to light, grounding their lives in Jesus Christ, and striving to be the peace... makers.

St Pauls letter to the *Philippians*: Chapter 4 verses 6-9

⁶ Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

⁹ Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

On November 12th we will again remember the loss and the pain, we may even cry and weep when we acknowledge and see the trauma and suffering of current wars and conflicts, but we also remember, the courage and kindness, things that are true and pure and worthwhile, the loveliness and goodness of others.

As we remember all these things together, we find the courage to build the future
To pray and work for peace, with our neighbours, our community and ourselves.....
And to hold onto light and HOPE...

In doing this, working for peace, we remember, we pay tribute for lives lost, and we seek to heal. WE MUST STRIVE FOR PEACE.....

COME..... Kessingland War Memorial, November 12th 10.45am.
Come and remember and honour lives sacrificed, come to seek to live in peace as a community.



Remembrance Sunday. November 12th
9.15am Gisleham Church
10.45am War Memorial Kessingland

Greater love has no one than this: to lay down one's life for one's friends.

John 15: 13

God be with you.

Rev'd Mandy.
revdmandy@btinternet.com

THE CHURCH OF ENGLAND
Diocese of Norwich

Transformed
by Christ

Prophetic

Prayerful

Pastoral

Kessingland Women's Institute



Kessingland WI has around 36 Inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's Club, starting at 7.30pm.

At our meeting on 12th October, we sang Jerusalem and had Angela Bishop give a talk on 'Food and Cooking Memories of our Childhood' and 'Tales of what Mum used to say to make you eat'. Along with the utensils used, and 'the food we ate'. The talk was very entertaining.

10 members went bowling and enjoyed themselves.

The reading group is currently reading 'Someone Else's Shoes' by JoJo Moyes,

The craft group are making Christmas Mandalas.

The walking group went to Gorleston and on 18th October they are walking round Carlton Marshes weather permitting.

6 members went to the Bethel to see 'Elf' by the Lowestoft Players, and they enjoyed themselves.

On 19th September the lunch club went to the Hotel Victoria and they enjoyed themselves. Next lunch club is being held at the Spring Tide in November.

The competition was a vintage cookbook:

- First Place went to Pauline Shipley
- Second Place went to Sally Richards
- Third place went to Jill Traynier

Bloom of the month:

- First Place went to Karelyn Smithson
- Second place went to Margaret Thurston
- Third place went to Pauline Shipley

The November meeting is 5 individual Bakewell Tarts made to the schedule which was given out at the meeting in the September meeting. Members also are being asked to make 5 pieces of seaside bunting either knitted or crocheted which will go to 2024's bunting for Kessingland Sea front. Please note, the bloom of the month competition WILL NOT take place until 2024.

For more information and to come along to our next meeting please call Margaret Parker on (01502) 740785



CHARITY NUMBER: 242755

Background Information

The Kessingland Help In Need Trust was initially established in 1965 and its objective is to relieve either generally or individually, persons resident in the Parish of Kessingland who are in conditions of need, hardship or distress.

If you feel you are in need of assistance, then please contact the Trust as per below. The Trust will ask you to complete an application form detailing what you need assistance with. If they then feel they are able to assist, Trustees will visit you at your home, to see how best they are able to help.

Unfortunately, the Trust is unable to accept applications from third parties or from profitable organisations.

How to Contact the Trust

Applications should be sent to the Clerk to the Trust as per below:

Email: clerk.khint@btinternet.com

Guidance may be obtained from a Trustee:-

Reverend Joan Oddy joan.w.oddy@gmail.com

Miss Lucy Bagot khintlu23@hotmail.com

Reverend Mandy Bishop revdmandy@btinternet.com

Councillor David Boyle db_21@hotmail.co.uk

Mrs Lynda Hood kessinglandhint@gmail.com

Mrs Judy Lawson judy.lawson137@btinternet.com

Councillor Lisa Truman ltruman@kessinglandparishcouncil.org.uk



Centre of Excellence for Inclusion

Kessingland Church of England Primary Academy, run by Diocese of Norwich and Education Academies Trust (DNEAT), has retained its Centre of Excellence for Inclusion status awarded by IQM (Inclusion Quality Mark).

In a recent review inspection, both children and leaders are seen to be thriving. It highlights that 'At the heart of Kessingland Church of England Primary Academy there is significant work put into considering the whole child and the school has worked diligently with families and children to recognise the efforts of every pupil.'

Ms Shirley Young, IQM Assessor said: "I continue to be firmly of the opinion that the school fully meets the standard required by the Inclusion Quality Mark to maintain its status as a Centre of Excellence. I therefore recommend that the school retains its Centre of Excellence status and is reviewed again in 12 months."

The assessor's evaluation for the IQM award said, "The school learning environment is especially impressive as you walk around Kessingland school. The displays are vibrant, colourful, and often 3D. There is a consistent approach to them which runs from the nursery provision right the way through to Year 6. Many of the displays are interactive and children have worked alongside adults to create some specialist pieces. There are consistent reminders of the Thrive initiative through photographic evidence. Consistent use of the three roadways behaviour system and wherever books are displayed, there is a highly noticeable balance of cultures, equalities and topics relating to acceptance that can be seen throughout the school community."

Headteacher, Mr Adrian Crossland, said: "I am extremely proud of our wonderful school community. Everyone works extremely hard to create the inclusive, nurturing ethos that this award has recognised and we continue to seek ways of best supporting all our young people and their families."

Oliver Burwood CEO of DNEAT said: "The awarding of the centre of excellence status is a fantastic achievement. It reflects the work of this skilled and dedicated staff who are relentless in their efforts to make this a truly inclusive school. Everyone in our Trust are proud of Adrian and his team. Other schools within DNEAT gain an awful lot by visiting and working with the school on this vital area."

The Inclusion Quality Mark Award provides UK schools with a nationally recognised validation of their inclusive practice and ongoing commitment to developing educational inclusion and there are currently less than 250 schools in the UK who have the IQM Centre of Excellence for Inclusion status.



Photographs published with permission.



Ancient Egypt Immersive Day

At the start of term, Year 3 and Year 4 started off their new History topic, Ancient Egypt, by hosting an immersive day run by a company called Make the Classroom Disappear. The day was split into two parts, which included some time meeting an Ancient Egyptian scribe and a carousel of activities that helped the children develop their understanding of life in Ancient Egypt.

The day began with a visit from Sabef, an Ancient Egyptian scribe, and he taught us all about life as an Ancient Egyptian. Some of the activities he led included learning about the Egyptian number system, having a go at writing on wax tablets, making a mud brick and learning about the houses, by building a full-size house. The children then discovered how the Ancient Egyptians prepared people for burial, including the process of mummification.

During the afternoon, the children had the opportunity to explore objects such as copper tools, a hand quern for grinding grains and cosmetics that they applied to a mask. They also completed a quiz to develop their knowledge by searching through artefacts and information cards and played a game in which an Ancient Egyptian boy had to escape being eaten by crocodiles!

This immersive day was a fantastic start to our Ancient Egypt topic, and all of the children thoroughly enjoyed this unique learning experience. We would like to thank the Parish Council as we used some of the Youth Culture Funding to bring Making the Classroom Disappear into the school.



Photographs published with permission.



Anglo Saxon Immersive Day

The Year 5 and Year 6 pupils started the year by experiencing life as an Anglo Saxon – some of us even dressed-up for the event! Our themed day introduced our History topic on the Anglo Saxons and we began in AD449 when two Saxon brothers, Hengest and Horsa, were hired to fight for Britain. However, they later decided they liked it, turned against the current King and invaded.

Throughout the day we heard more about Anglo Saxon villages, jobs and feasting. In fact, we actually got to explore Anglo Saxon artefacts in a multi-sensory handling activity including wooden and bone tools, iron artefacts, foods and spices, grinding quern and trying on clothing. In one of our activities, we played 'Brunhild and the Wolves', a tense game of capture and defence where Brunhild attempts to collect the wood for the fire whilst avoiding the hungry wolves!

The day continued in the afternoon as we 'crossed the North Sea' - just like the Anglo Saxons – and built a full-size representation of an Anglo-Saxon boat. We got to explore house-building techniques using wood joints as well as wattle and daub. It was quite a surprise to find out that Anglo Saxons built houses with animal dung! Actually, some of the most gruesome information was saved for learning about crime and punishment: all of which are too grisly to describe here!

By the end of the day we had so much knowledge on the Anglo Saxons that we aced the retrieval quiz. But our time as Anglo Saxons is not over. In Forest School next week, we are going to feast on vegetables, craft earthenware and weave on a loom. In our next History lesson, we will learn how England was split into Northumbria, Wessex, Mercia and East Anglia.



We would like to thank the Parish Council for enabling us to bring this learning to life. We used some of the Youth Culture Fund to bring 'Making the Classroom Disappear' into the school and they really made the learning memorable.



Photographs published with permission.



Update from Kessingland Library

It's the time of year where we begin to spend more time indoors, snuggled up trying to stay positive while the wind howls and the rain pours down. Although the summer wasn't much to write home about either, we had a really successful Summer Reading Challenge this year and I would like to congratulate all the children who took part. We had 60 children participate this year which is brilliant, and nearly 70% completed the challenge which is fantastic! I'm so proud of the children in this village, not only are they positive about the library, but they are also a joy to have in here.

The past few months have been really positive and I am excited to share our plans for the library, in the near the future. One recent addition to the library is our brand new children's table and chairs, funded by the Friends of the Library in Kessingland (FOLK) through fundraising and library activities. The new furniture has added a pop of colour and given our children a place to do colouring, homework, or our seasonal activity sheets. A big thank you to FOLK!

Now the colder weather is upon us we have switched on our cosy underfloor heating and are busy preparing for the winter; this year we will be running a 'Warm Welcome' scheme. We will be encouraging the donation of quality warm coats, and children's new toys which can be re-gifted to a child in need this Christmas. If you have any brand new children's toys sitting around, please bring them in! Alos, if you are sitting at home shivering, come down to the library where we can make you a hot drink while you warm up.

Our mental health is super important, and we all need to be taking care of ourselves and each other, if you or anyone you know is not feeling quite right and need someone to talk to, or advice, please pop into the library. Libraries are Safe Spaces, we are here to listen and if you would like us to, refer you to services which can support you. Please do not suffer alone.

I feel really lucky to be a part of this community, and taking part in the Hallowe'en Sweetie Trail was definitely a highlight for me; how many places do you know of where local organisations come together to put on such a fantastic display?! Plus, I got to dress up as a witch which was super fun, and hand out sweets to our brilliant kids, kindly donated by the SPAR. Thank you again to all that took part and organised such a great evening.

Library Opening Times

SUNDAY	10am - 3pm
MONDAY	Closed
TUESDAY	12pm - 5pm
WEDNESDAY	10am - 5pm
THURSDAY	Closed
FRIDAY	12pm - 5pm
SATURDAY	10am - 3pm

Take a look at our website for up to date info on all our event and activities.

Don't forget to follow us on Facebook!

Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary



By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate
 0800 0471900 ext 1124/20

Regular Library Activities

SUNDAY	10:30-12 - Craft & Play
TUESDAY	10am - Baby Bounce
TUESDAY	11-11:45 - Stay & Play
WEDNESDAY	2:45 - Bingo
FRIDAY	10am - Baby Bounce
FRIDAY	2:30pm - Scrabble
FRIDAY	2pm - BYO craft club

Take a look at our website for all our activities

Don't forget to follow us on Facebook!

Find us at: Marram Green, Hall Road, NR33 7NY
suffolklibraries.co.uk/kessinglandlibrary




By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate
 0800 0471900 ext 1124/20

Macmillan Coffee Morning, 29th September 2023



A big THANK YOU to everyone who came along to our recent Coffee Morning to raise vital funds for Macmillan. You helped to raise an amazing £661.00 !!

A photograph of a woman with a yellow and black patterned headscarf and a green long-sleeved shirt high-fiving a man in a dark blue polo shirt. They are both smiling and looking at each other. The background is a clear blue sky.

**Thank you for
making our Coffee
Morning special**

Whether you joined us for the cause, the chatter or the tasty treats, your generosity helped raise a fabulous

£ 661.00

to help support people living
with cancer.



Macmillan Cancer Support, registered charity in England and Wales (23107), Scotland (SC039907) and the Isle of Man (606). Also operating in Northern Ireland. H4C1998_THANK YOU POSTER.

**MACMILLAN
CANCER SUPPORT**

Kessingland Photography Competition 2023



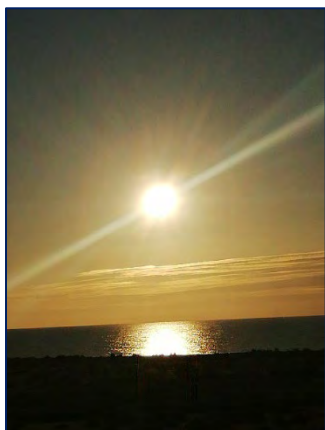
Thank you to everyone who took part in this year's Photography Competition, the winning pictures are below and, along with as many of the other entries as possible, will be featured in the Kessingland 2024 Calendar.

Kessingland Wildlife/Environment Category - Adult



1st Place

"Frosty Church" by Jane George



2nd Place

"On Reflection" by Anne Ashford



3rd Place

"Just a Step Away" by Nicky Blake

Kessingland Wildlife/Environment Category – Under 16



1st Place
“Caterpillar” by Amelia Mottram

Kessingland Celebrations - Adult



1st Place
“Coronation Post Box” by Sheena Owens



LANDSCAPES FOR ALL

Connecting communities with Landscapes

We believe that visitors and local communities of all backgrounds, ages and abilities should have equal opportunity to experience the Dedham Vale and Coast & Heaths Areas of Outstanding Natural Beauty.

Our events have been created to support community groups across Suffolk and Essex to enjoy and experience the wellbeing benefits of nature, enabling people to build prosperous, lasting relationships with our landscapes.

These events will provide opportunities for individuals to connect with the natural environment, enjoy the outdoors and learn why our landscapes are so important. Our events can be tailored to suit the needs of the groups taking into account interests and abilities.

Our Events



Riverside Rambles

Walking and talking near to or along a river is a great way to gain relief from stress and improve mental health, wellbeing and social interactions.



Woodland Wonders

Immerse yourself in a woodland landscape and learn about why it is so special and be inspired by the textures, patterns and colours.



Coastal Active

Getting active by the coast is a great way to improve mental health, wellbeing and fitness. Why not arrange a beach clean to help keep our beautiful estuaries and shore lines free from litter or a stunning coastal or estuary walk.



Volunteering Tasks

We have a variety of opportunities to get involved in, from practical conservation to beach cleans. Volunteer with us and make friends, learn new skills, get fit, fill a gap in your CV, get work experience and make a real difference.

Criteria for participation and transport funding



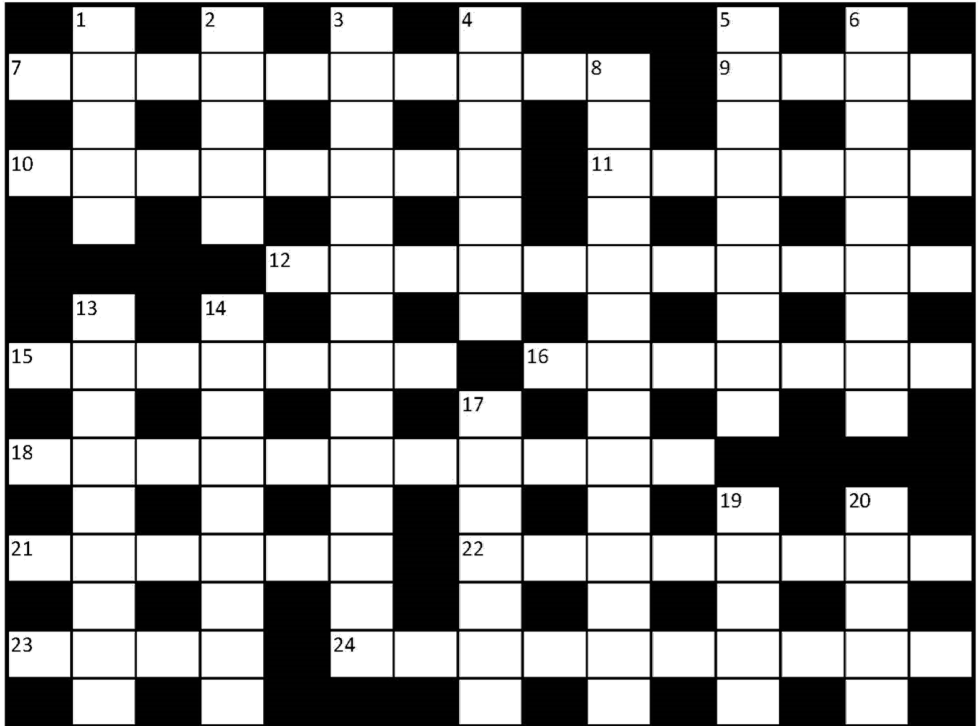
- This events programme is open to Community groups that are engaging with or wanting to engage with the Landscapes for All Community Reference Group.
- These opportunities are available to groups that need to attend with staff or volunteers to support the group and any additional needs. Children must be accompanied by an adult.
- Times are flexible but we recommend 10am to 3pm to maximise your visits.
- There is no cost for the delivery of the event. Simply choose the day and type of event you think is best for your group. Dates need to be flexible depending on staff availability.
- Transport can be provided by minibus for a group size of up to 8 people and funding is available towards transport costs for larger groups accessing the Areas of Outstanding Natural Beauty by public transport (max group size 20).
- Groups need to bring a picnic, water and suitable clothing, which doesn't need to be expensive kit.
- Please contact Landscapes for All officer jenny.moss@suffolk.gov.uk for more information and to book.

This project has been funded by the Coast & Heaths and Dedham Vale Areas of Outstanding Natural Beauty Sustainable Development Funds.





Crossword 101-17 (solutions on back page)



ACROSS

- 7 - Shopping thoroughfare (4,6)
- 9 - Children's observation game (1-3)
- 10 - Major disruption (8)
- 11 - Argue logically (6)
- 12 - Virtually out of use (11)
- 15 - *Evita/The Lion King* lyricist (3,4)
- 16 - Butcher's large knife (7)
- 18 - US political drama series (3,4,4)
- 21 - Meeting's list of topics (6)
- 22 - Put forward as a candidate (8)
- 23 - Nocturnal birds (4)
- 24 - North Cornwall town (10)

DOWN

- 1 - Huge African animal (5)
- 2 - Bedding item (5)
- 3 - Host of BBC's *Deadly...* series (5,9)
- 4 - (Young?) hotel porter (7)
- 5 - Concerning money matters (9)
- 6 - Given the job (9)
- 8 - Nursery rhyme featuring a farmer's wife (5,5,4)
- 13 - Garment worn in bed (9)
- 14 - Mast-top lookout platform (5-4)
- 17 - Old-style, combined washer and spin dryer (4-3)
- 19 - Persistent feeling of worry (5)
- 20 - Milking parlour seat (5)



Kessingland
Parish
Council



HELP
for
HOUSEHOLDS

If you, or someone you know, are worried about the increasing cost of living, please use the contact details below:



Suffolk
County Council

For help with Local Welfare Assistance Scheme & Household Support

www.suffolk.gov.uk/costofliving

0345 606 6067



EASTSUFFOLK
COUNCIL

For help with Finances/Food & Essentials/Fuel & Energy/Housing

www.eastsuffolk.gov.uk/community/squeeze

0333 016 2000



For general enquiries

www.kessinglandparishcouncil.co.uk

01502 744367

admin@kessinglandparishcouncil.org.uk

Where you can get information & advice about what help & services are available to you.

Further information will be published in future issues of
The Village News

Help & Support in the Community



SUFFOLK LIBRARIES

FREE PRIDE AND PERIODS
MENSTRUAL PRODUCTS HERE

Speak to a member of staff about the products we currently have available. No need to apply, no questions asked.



East of England COOP
KESSEINGLAND LIBRARY
SUFFOLK

Kessingland Library, Marram Green, Hall Road, NR33 7AH

We're here to help

Whatever the problem, we're here for free, impartial and confidential advice

- Debt & money
- Housing
- Benefits
- Consumer
- Family
- Work
- Immigration
- Health

Call us on 0808 278 7866
Lines are open 10am to 2 pm Monday to Friday
or email us from our website caes.org.uk

citizens advice East Suffolk

Our offices are in :
Beccles • Felixstowe • Leiston • Lowestoft
plus outreach centres across the region



Kessingland Church: SUPPORTS



WHERE CAN I DONATE FOOD?

Kessingland Church Centre when attending any group
Saturdays 10-12noon Sundays 10.30- 12noon

The Rectory 1 Wash Lane ANYTIME
We also take perishable food at The Rectory
& hygiene products.

The Co-op Field Lane have a designated
Basket for Food Bank

The SPAR in the High Street have a
designated Basket for Food Bank

HOW DOES IT WORK?

Food is donated by lovely people, like you, at drop-off points. This is collected, and taken to a consolidation place in Lowestoft. From there it is sorted and distributed in food hampers to feed a family or individual for three days. Contents provide items for complete meals.

In addition Food Bank network helps people break free from poverty by providing additional support to help people resolve the crises they're facing so that they don't need to use a food bank again in the future.

This could include things like debt advice, mental health support, or benefits guidance. **Food banks rely on the support of their local communities to support people in crisis.**

DO LOCAL PEOPLE BENEFIT?

YES. Care professionals such as health visitors, staff at schools and social workers identify people in crisis and either issue them with a food bank voucher or direct them to: **The Lowestoft Food Bank** is located at **5-6 Bevan Street E, Lowestoft NR32 2AA**. The food bank is open on Mondays, Wednesdays and Fridays from 10.00 AM to 12.00 PM. You can contact them at **07307 866146**. This means people can receive a food bank parcel of three days' **nutritionally balanced**, food from their local food bank.

**THANKYOU, THANKYOU LOVELY DONORS
THANKYOU FOR YOUR SUPPORT**



CHRISTMAS HAMPER APPEAL

Each week, please buy an item from the list below.

When you have 6 to 8 items, please pop them into a bag or a small box and then leave them at your local supermarket or church.

We will then give the donated items to someone living in food crisis this Christmas

- Christmas Pudding
- Mince Pies
- Tinned Meat
- Trifle Mix
- Custard
- Bread Sauce Mix
- Cranberry Sauce
- Stuffing Mix
- Christmas Biscuits
- Fruit Juice
- Tinned Fruit



Help & Support in the Community



PET FOOD PANTRY

Helping Pet Owners in Need

FOOD PROVISIONS

The RSPCA & Kessingland Spar have kindly donated a supply of wet/dry dog & cat food to the Parish Council to help pet owners who are struggling financially during the cost-of-living crisis.



WHO CAN APPLY?

Pet owners who live within the parish of Kessingland

HOW TO APPLY

Contact the Parish Council for help by telephone or email:

Tel: 01 502 744367

Email: admin@kessinglandparishcouncil.org.uk

A small selection of pet food is also available at the Community Fridge in the Library. Please only take what you really need as supplies are very limited.

If you require additional help, please contact the Council office.



Kessingland Library
Marram Green
Hall Road
Kessingland NR33 7AH

OPENING TIMES

MONDAY:	Closed
TUESDAY:	12:00 – 17:00
WEDNESDAY:	10:00 – 17:00
THURSDAY:	Closed
FRIDAY:	12:00 – 17:00
SATURDAY:	10:00 – 15:00
SUNDAY:	10:00 – 15:00

Be part of the nationwide initiative to reduce food waste in our community



DANES will next be at Marram Green on 29th November, 9:30am – 12:30pm

Disability Advice

North East Suffolk

Free, Impartial & Confidential



#IAMConfident



I am a Mental Health First Aider +

We offer a **FREE** Information & Advice, for anyone with a Disability, their carers, family or professionals.

Our Adviser will be at Marram Green, Kessingland, in the Kittiwake Room, between 9.30 & 12.30 for a drop in service to assist with your enquiries such as benefits, transport, mobility, grants.

Next drop in - 26/04/23, 31/05/23, 28/06/23, 26/07/23, 30/08/23, 27/09/23, 25/10/23 and 29/11/23.

Contact us for details
01502 511333

info@danesonline.co.uk

Community Noticeboard

Events, Competitions & Local Groups



Remembrance Sunday. November 12th
9.15am Gisleham Church
10.45am War Memorial Kessingland

*Greater love has no one than this: to
lay down one's life for one's friends.*

John 15: 13



HALLOWE'EN DISCO

Saturday, 4th November 2023
6pm – 8pm
Kessingland Sports & Social Centre

£2.00 per child
Ages: 3-11yrs

Music & Games with Barrie Thornton

Snacks & Drinks

Fancy Dress Contest

To Book Your Place:
Text 07729 384705 or Email ksscbooking@hotmail.com
when booking, please make sure to include your child's/children's details

PLEASE NOTE:
For Health & Safety reasons, Prams will **not** be permitted

PUMPKIN CARVING Competition 2023

SUNDAY, 5th November
Marram Green (Spinnaker Room)
Hall Road, Kessingland

FREE To Enter

Prizes To be Won

Crafts & Activities in the Library

Face Painting

Photo Booth

Bring your carved Pumpkin to the Spinnaker Room
between 1pm & 3pm
Competition results announced later in the afternoon

Community Noticeboard

Events, Competitions & Local Groups



**MANOR FARM'S
CHRISTMAS FAYRE**
SATURDAY 16TH DECEMBER
2PM - 4PM
KESSINGLAND CHURCH CENTRE, NR33 7SJ

*. CHOIR . TOMBOLA . FOOD & DRINK . STALLS . SURPRISE GUEST .
& MUCH MORE...*

www.kessinglandmethodist.org.uk



Kessingland Methodist Church

**Christmas
Bazaar**

Saturday
2nd December

2 - 4pm
Free Entry
Raffle, Tombola,
cakes, toys, refreshments



KESSINGLAND UNITED WORKING MENS CLUB

Presents a talk by Mary Newton, a retired Forensic Scientist. About her life and Crime scene investigations:

"40 YEARS BLOOD, SWEAT AND FEARS."

16th November

Tickets £5

Starts 7:30pm

To buy tickets ring

Sandra: 01502742412

Or the Club: 01502740218

**Not for the
faint hearted...**

**Bar open
Teas and Coffee
served**

The Avenue
KESSINGLAND
NR33 7QD



Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



DO YOU LIKE TO DANCE?

COME AND JOIN OUR GROUP **DANCING FRIENDS**

EVERY MONDAY EVENING
7.30pm

KESSINGLAND SPORTS & SOCIAL CENTRE
FRANCIS ROAD, KESSINGLAND, NR33 7PU



ALL TYPES OF DANCES, INCLUDING JIVE, ROCK 'n' ROLL, MODERN DANCE,
LINE DANCING etc
IF YOU JUST ENJOY DANCING COME ALONG AND JOIN IN A FUN EVENING

ENTRANCE: £5.00 per person
FOR MORE INFORMATION, RING: SUE DYER 07731 380691

KESSINGLAND



CLUB

WE MEET EVERY TUESDAY
& FRIDAY AFTERNOONS
1.45 PM FOR START AT
2PM UNTIL 4PM

£2.50 PER SESSION
INCLUDING TEA/COFFEE & BISCUITS

FIRST TIME? COME AND TRY FOR
FREE.

FOR FURTHER INFORMATION PLEASE
CONTACT:-

STAN & CHRIS RAMSAY
01502 740704

WE ARE A
FRIENDLY CLUB
LOOKING FOR
NEW MEMBERS

WE LOOK
FORWARD TO
SEEING YOU
THERE!

KESSINGLAND
COMMUNITY
CENTRE
FRANCIS ROAD
KESSINGLAND

Community Noticeboard

Activities & Groups: Kessingland Sports & Social Centre



Kessingland

Friendship Club

The Kessingland Friendship Club meets at the KSSC on alternate Thursdays from 2.00pm until 4.00pm

Come and join in with us and make new friends, enjoy a cup of tea and a biscuit in convivial surroundings, join in the bingo and try and win the raffle!

The Friendship Club also organises and runs outings, social events and long weekend breaks for members and friends, so don't be left out – come along to one of our meetings and join in!

For more information, please contact Helen Sinfield on 01502 741424



Welcome!

Other Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis
10am – 12pm
- Badminton
7pm – 9pm

Wednesdays:

- Knit and Natter
9:45am – 11:45am
- Kessingland Dance Academy
5pm – 6:30pm

Thursdays:

- Chair-based Exercise (alternate weeks)
9:30am – 10:30am
- Pilates
6pm – 7pm
- Model Flying Club
7:30pm – 10pm

For Bookings:

- Telephone: 07729 384705
- Email: ksscbooking@hotmail.com

Community Noticeboard

Activities & Groups: Kessingland Methodist Church



Kessingland Methodist Church Activities 2023

Family friendly services every Sunday 10.30 am

Coffee morning every Tuesday 10-12

Prayer meeting on zoom

every Wednesday 7.30pm

2nd December Christmas Bazaar 2-4pm

December 24th Christmas Eve midnight

candle light service 11.30

Monday December 25th Christmas day 9.30am

Prayer Group

Every Wednesday 7.30 on zoom

Any prayers left in prayer box included



Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



CHAIR

Y

Gentle exercise designed for people with mobility issues

Come & join us for a chair yoga class led by Jan Lacey, BWY Dip. a qualified & experienced British Wheel of Yoga teacher



Every Thursday
11:00 until 12:00

£5.00 per session

The Spinnaker Room
Marram Green (Ground Floor), Hall Road, Kessingland

O

G

A



Supported by Kessingland Parish Council

Formerly MeetupMonday
We're Back!



Do you feel like the weekend has dragged?
Are you fed up with your own company?
Maybe you are new to the area?

Mates on Monday

Marram Green
Community Lounge
Hall Road
Kessingland
NR33 7AH

Join us on
Mondays
(except Bank Holidays)
10.30 am until 12.30pm

You are invited to come along and enjoy a free cuppa, cake or biscuit & a friendly chat.

COVID SAFETY

For everyone's safety, when arriving for the first time, you will be asked to provide contact details.



Rural Coffee Caravan is a registered charity. No.1187423

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



**BABY BOUNCE
& TOT ROCK**

Christmas Bounce
22nd December

Join us for Christmas Bounce at the usual time of 10am. The session will feature a visit from Santa with a gift for each child.

Limited to 30 spaces so book now so you don't miss out!

If you would like to bring older siblings along, please book an additional space for them

10am on 22nd December 2023

Usual Baby Bounce followed by tea/coffee etc.

Santa will visit with gifts for the children which have been donated by Get Suffolk Reading.

£2 to be paid at time of booking. If payment hasn't been received by 17th and we have a waiting list, then the ticket will be lost.

All money collected will be going towards our new Children's Area.



Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK LIBRARIES

KESSINGLAND LIBRARY

CROSSWORD
COMPETITION

£1 PER SHEET
RETURN COMPLETED
TO ENTER PRIZE
DRAW



Monthly
crossword
competition
created specially
for Kessingland Library

SUFFOLK LIBRARIES

BINGO!

Every Wednesday in Marram Green Cafe

Hot drink and biscuits included plus prizes for every round.



Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK LIBRARIES **WHERE I BELONG**

CHILDREN'S *craft*

Every **Saturday & Sunday**

10:30 - 12:00

FREE ACTIVITY

Including snacks!

Kessingland Library, Marram Green

    By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate HMIC charity number: XT34678

SUFFOLK LIBRARIES **WHERE I BELONG**

Support Suffolk Libraries and other charities

By buying your seasonal cards at the library this year, you will be supporting multiple charities!

    By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate HMIC charity number: XT34678

Community Noticeboard

Activities & Groups: Kessingland Library & Marram Green



SUFFOLK
LIBRARIES

WHERE
I BELONG

Would you be interested in a

Writing Group?

We have had enquiries about starting a writing group at the library. If you would be interested, please get in touch with the library and register your interest.



By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate HMRC charity number: XT34476

Community Noticeboard

Activities & Groups: Kessingland Church Centre



We meet on the second Monday of every month at Kessingland Church Centre, Church Road Kessingland at 7,30pm.

The Centre is open from 7pm

We have member and guest speakers on various gardening and wildlife topics, we have a strawberry fair in June and a

Christmas party in December as well as Summer outings.

Membership is just £10 per year plus £3.00 per meeting to cover the Centre charges, and refreshments will be served.

Contact Tony or Anne 01502 740639

KESSINGLAND GARDENERS CLUB

Community Noticeboard

Activities & Groups: Kessingland Church Centre



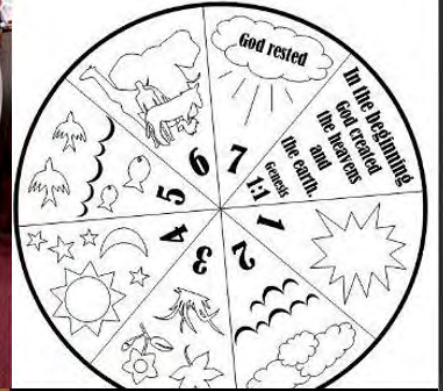
GO – CLUB (God's Own)

Thursdays
3.15pm – 4.15pm
in Kessingland School

Sunday School on a Thursday

Craft, songs, games and much more.

A time to wonder and find out for yourself about God, the Bible and the Church



Crafting The Word Of God



Community Noticeboard

Activities & Groups: Kessingland Church Centre



Kessingland Church Presents
Small Wonders
We meet on a **Friday** at the
Church Centre from
9:30am-11.00am
Newborn to School-age
FREE OF CHARGE



Arts and Crafts
SINGING STORIES, GAMES
EVERYONE IS WELCOME

THE CHURCH OF ENGLAND
Diocese of Norwich

Transformed by Christ: Prayerful Pastoral Prophetic

Every Saturday 10am—12noon
Kessingland Church Centre
Saturday Coffee at St Ed's

CAKES



FRIENDLY, WARM, SPACIOUS
FUN and LAUGHTER
QUALITY PRE-LOVED ITEMS
LOTS OF EASY PARKING
DISABLED ACCESS
WONDERFUL WELCOME
COME.....



TOGETHER WE CAN DO IT

Craft for Children



1000 x 915

Community Noticeboard

Activities & Groups: Kessingland Church Centre



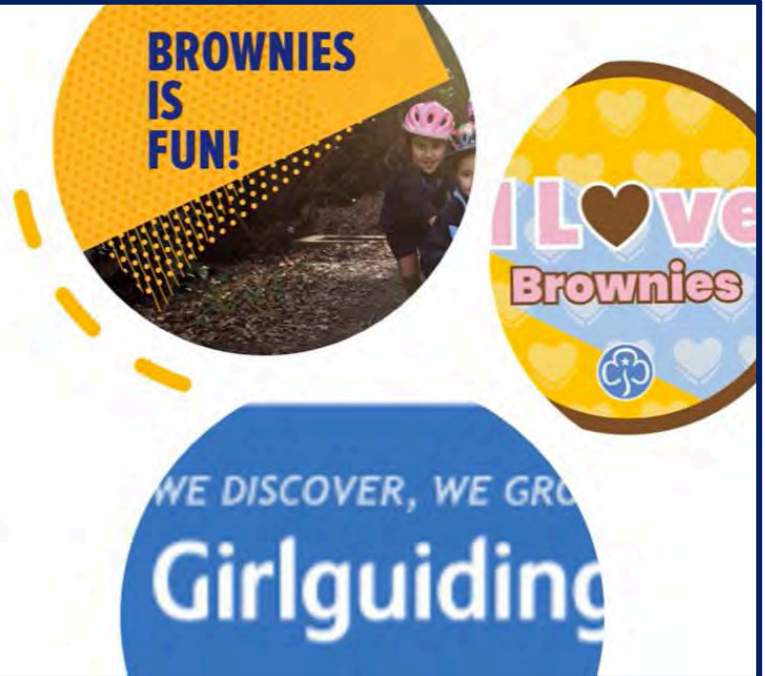
1st Kessingland Brownies & Guides

Brownies 7-10yrs Guides 10yrs+

Thursdays 5.30pm at Kessingland
Church Centre

Contact Tawny Owl 07773 960 747

Snowy Owl 07891 607540



Community Recycling



Kessingland Church Centre Carpark

CLOTHES BANK

Serving our Community.
Serving those in need



BOOKS

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op
44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

USED PRINTER CARTRIDGES

Kessingland Library
Marram Green, Hall Road, Kessingland NR33 7AH

GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club
The Avenue, Kessingland NR33 7QD

The Sailor's Home
302 Church Road, Kessingland NR33 7SB





MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

Kessingland Parish Council has a vacancy for a new councillor

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community, and the council wants to recognise, celebrate, and represent that diversity. The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community.



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at: <https://www.nalc.gov.uk/our-work/local-elections#what-do-local-councils-and-councillors-do>



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland NR33 7AH
Telephone: 01502 744367, Email: admin@kessinglandparishcouncil.org.uk, Web: www.kessinglandparishcouncil.co.uk

Volunteering Opportunities



VOLUNTEERS WANTED

Are you fed up with seeing litter all over the place?
Fed up with seeing overgrown paths & alleyways?
Street signs that are so dirty they are difficult to read?

If so, would you be prepared to give up an hour or two each week, on a day to suit you or as part of our organised group on a Monday & Friday morning, to make this village a better place to live and visit. All equipment will be provided.

For more information, please contact either:
the Council Office: 01502 744367
admin@kessinglandparishcouncil.org.uk

or Cllr David Boyle: 07707 201300
dboyle@kessinglandparishcouncil.org.uk



Kessingland Parish Council
Parish Council Office, First Floor, Marram Green, Hall Road, Kessingland NR33 7PP

Telephone: 01502 744367
Email: admin@kessinglandparishcouncil.org.uk
Web: www.kessinglandparishcouncil.co.uk

KESSINGLAND
Community
Kitchen & Wildlife
Garden

VOLUNTEERS NEEDED !!

Do you have some spare time?
Want to meet new people & make new friends?
Do you like nature & want to help make a difference?

Your Community Garden
Rider Haggard Lane, Kessingland

NEEDS YOU

Volunteers meet every Tuesday from 9am
We look forward to seeing you

Useful Contact Information



Useful Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Peter Aldous MP (Waveney)	01502 586568
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways (if immediate danger to life) or online at www.highwaysreporting.suffolk.gov.uk	0345 6066171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police - Emergency Only	999
Police - Non-Emergency	101
or online at www.suffolk.police.uk/contact-us/report-something	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Vets (Pakefield)	01502 664656
Wangford Vets (Wangford)	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785

Useful Contact Information



National Organisations and Helplines

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040
Suffolk Trading Standards	0808 223 1133

If you are experiencing any antisocial use of vehicles racing along the dual carriageway in Kessingland during the late evenings especially over the weekend periods
Then please report this to Police online –
At www.suffolk.police.uk then click the report something tab
Followed by ASB, or Call 101 or 999 as appropriate.
Please use the QR code for further advice.



**Thank you
Lowestoft Police,**



Puzzle Corner - Solutions



Crossword 101-17

Across:

- 7 - High Street
- 9 - I-Spy
- 10 - Upheaval
- 11 - Reason
- 12 - Obsolescent
- 15 - Tim Rice
- 16 - Cleaver
- 18 - *The West Wing*
- 21 - Agenda
- 22 - Nominate
- 23 - Owls
- 24 - Launceston

Down:

- 1 - Hippo
- 2 - Sheet
- 3 - Steve Backshall
- 4 - Bellboy
- 5 - Financial
- 6 - Appointed
- 8 - *Three Blind Mice*
- 13 - Nightgown
- 14 - Crow's-nest
- 17 - Twin-tub
- 19 - Angst
- 20 - Stool

The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor – jmclean@kessinglandparishcouncil.org.uk
Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for more information & subscription rates.



Large Village of the Year
2023



Community of the Year
2023