





December 2023

Inside The Village News:

- 1 Parish Council Meetings
- 2 Message from the Chair
- 3 Your Parish Councillors
- 4 Parish Council Structure
- 6 Parish Council Staff
- 7 District & County Councillors
- 8 District Councillor Surgeries
- 9 Kessingland W.I.
- 12 Kessingland United Working Men's Club
- 14 BACT Community Transport
- 16 Kessingland Methodist Church
- 18 St Edmund's Church
- 21 Community Wildlife Garden
- 22 Village Clean-Up Teams
- 23 Kessingland Men's Shed
- 24 Chef's Fayre @ Marram Green
- 25 Citizens Advice East Suffolk
- 27 Community Help & Support
- 32 Community Noticeboards
- 51 Community Recycling
- 52 Volunteering Opportunities
- 54 Useful Contact Information



To receive The Village News by Email, sign up here: http://eepurl.com/hHHSZv



Parish Council Meetings December 2023

All meetings listed below take place in the Parish Council Offices, Marram Green.

Finance & Governance Committee:

- 10am, Wednesday 20th December

Planning & Highways Committee:

- 10am, Wednesday 13th December
- 10am, Wednesday 27th December

The dates and minutes of all the committee meetings are listed on the council website: **www.kessinglandparishcouncil.co.uk**.

The public and press are all legally entitled to attend such meetings & submit any questions relevant to the agenda.



Message from the Chair, Ian Graham





The Village has had another very busy year, coming together for the coronation of King Charles the Third, with all the wonderful events put on by local groups and the Parish Council.

Also, in May we had our Parish Council Election with some long serving members stepping down to finally enjoy their well-deserved retirement. Special thanks go to Billy Nicholls and Barry Burdon, and welcome to our enthusiastic new councillors who have come on board.

There are many groups and individuals that I must take this opportunity to thank:

- Firstly, our dedicated litter pickers how do a fantastic job keep the village clean,
- Secondly, all of the people running groups in the village from Bingo to Lego, Knit and Natter to Baby Bounce & Tots Rock and all the others. For a full list please check the Parish Council Website.
- Thirdly, our District and Country Councillors and officers who work closely with the parish council.
- and lastly the local businesses, the new Owners of the Spar for their generosity, the community team at Morrisons who are always ready to help and, last but not least, our local Co-op.
- And of course, not forgetting our wonderful Library which is at the heart of our community.

Looking forward to the coming year we will be installing two benches along the promenade, one to commemorate the Platinum Jubilee and the other The Coronation, and we are also hoping to have a village fete alongside the Halloween and Christmas Trails.

I Wish you all a Merry Christmas and a Happy New Year.

Ian Graham, Chair of Kessingland Parish Council

Your Parish Councillors





lan Graham Chair of Council

igraham@kessinglandparishcouncil.org.uk



Christine Cook Councillor

07592 555345





Alan Green Councillor

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David Boyle Vice-Chair of Council

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Martin Dunne Councillor

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Stephen "Sid" James Councillor

sjames@kessinglandparishcouncil.org.uk



Julie McLean Councillor

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Awaiting Image Bob Saunders Councillor

bsaunders@kessinglandparishcouncil.org.uk

Awaiting Image Robin de Brea Councillor

d7812 601256 rdebrea@kessinglandparishcouncil.org.uk



Position Vacant

Awaiting Image Lisa Truman Councillor

01502 341720 Itruman@kessinglandparishcouncil.org.uk



Caroline Carter Councillor

ccarter@kessinglandparishcouncil.org.uk

Awaiting Image Neil Glendinning Councillor

07801 681136 nglendinning@kessinglandparishcouncil.org.uk



Kessingland Parish Council consists of 13 members, including a Chair and Vice-Chair The Council has 7 committees which deal with different areas of Council business.

Climate, Culture, Community & Development Committee

Councillors: R. De Brea, C. Cook, I. Graham, A. Green, S. James, J. McLean, B. Saunders, L. Truman

Events & Communications Committee

Councillors: D. Boyle, C. Cook, J. McLean, L. Truman, C. Carter

Emergency Planning Committee

Councillors: D. Boyle, M. Dunne, A. Green, S. James, J. McLean, C. Carter

Leisure & Amenities Committee

Councillors: C. Cook, M. Dunne, J. McLean, L. Truman, R. De Brea

Planning & Highways Committee

Councillors: M. Dunne, I. Graham, A. Green, B. Saunders, L. Truman, C. Carter, N. Glendinning

Finance & Governance Committee

Councillors: I. Graham, A. Green, J. McLean, S. James, B. Saunders, N. Glendinning

Personnel Committee

Councillors: C. Cook, I. Graham, A. Green, S. James, N. Glendinning



As well as sitting on its 7 Committees, some councillors take on designated responsibilities and others represent Kessingland on outside bodies. These are listed below:

Beach Wardens	Community Garden
North – Cllr D. Boyle	Co-ordinator
South – Cllr S. James	Cllr J. McLean
Hidden Needs Forum	Village & Beach Clean-Up
Cllr D. Boyle, Cllr C. Cook,	Co-ordinator
Cllr J. McLean, Cllr L. Truman	Cllr D. Boyle
Community Speed Watch	Community Fridge
& SID Co-ordinator	Cllr C. Cook, Cllr J. McLean,
Position Vacant	Cllr L. Truman
Marsh Warden	Kessingland Events
Cllr D. Boyle	Group
David Fox (Deputy)	All of Events Committee
Youth Culture Forum	Benacre & Kessingland
Chair & Vice Chair of Council,	Flood Group
Cllr L. Truman, Cllr J. McLean	Cllr M. Dunne
Kessingland in Need Trust Cllr D. Boyle, Cllr L. Truman	Compass Suite Trust Cllr M. Dunne
East Suffolk Community	Suffolk Bus Passenger
Partnership	Interest Group
Cllr J. McLean, Parish Clerk	Cllr A. Green
Kessingland Sports & Social Centre Clir C. Cook	Suffolk Police Cllr L. Truman

Kessingland Parish Council Staff





Kessingland Parish Council

Office Hours: Monday – Thursday, 10am – 4pm

Telephone: 01502 744367

Email: admin@kessinglandparishcouncil.org.uk

Website: www.kessinglandparishcouncil.co.uk



Parish Clerk & R.F.O.: Neil Coleby



Deputy Clerk: Shelley Hogg



Committee Clerk: Debbie Blowers

Awaiting Image Senior Youth Leader: Ryan George



Youth Leader: Daniel Fisk



Cleansing Operative: Ruth Hill



Cleansing Operative: Niall McLean



District & County Councillors





County Councillor: Michael Ladd Michael has been the Suffolk County Council councillor for Kessingland & Southwold since 2013. He is currently the Chair of the Scrutiny Committee which is part of the arrangements for making sure the Council carries out its responsibilities properly and scrutinises the decisions of the cabinet and committees to ensure that procedure and the law have been properly followed.

Michael's other key role is liaising with his constituents and the parish councils that he represents, helping with matters relating to his role as a county councillor and raising matters with Suffolk County Council. Michael actively attends as many monthly Parish Council meetings as he can, and also takes an active involvement with the parish council's quarterly meetings with Suffolk County Councils Highways Department. Michael also is involved with the East Suffolk Carlton Colville, Kessingland and Southwold Community Partnership.

Telephone: Email: 01502 675603 michael.ladd@suffolk.gov.uk

Alan was appointed as the East Suffolk Councillor for Kessingland in the 2023 elections. He is also Chair of the Carlton Colville, Kessingland and Southwold Community Partnership.

Alan's other key role is liaising with his constituents and also Kessingland Parish Council, helping with issues relating to his role as a district councillor, and also representing Kessingland's views at district council level. Alan actively attends Parish Council meetings as well being involved in the Carlton Colville, Kessingland and Southwold Community Partnership.

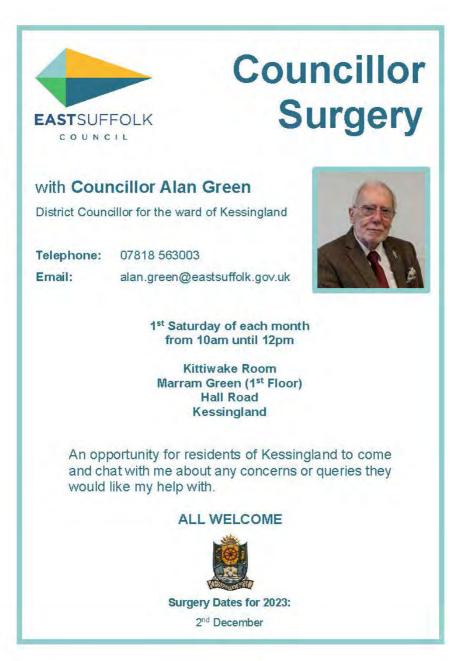
 Telephone:
 01502 741888 / 07818 563003

 Email:
 alan.green@eastsuffolk.gov.uk



District Councillor Surgeries







Kessingland WI has around 36 Inspiring Women members. Meetings are held on the 2nd Thursday of each month at Kessingland Working Men's Club, starting at 7.30pm.

On our 9th November meeting we sang Jerusalem. We went through the Minutes of our 2022 annual meeting. It was proposed and seconded by members that we use an independent financial advisor.

KESSINGLAND W.I. REPORT ON BEHALF OF THE COMMITTEE 2022/23

Our Annual Meeting November '22 was attended by 20 members and our Advisor Kate Peacher. Following the business part of the evening, social time was spent making marzipan fruits, with a coin vote deciding the winner.

Average attendance at our monthly meetings was 26 plus a good number of visitors, who we trust felt they were most welcome. Sadly, three of our members died during the year: Polly Piggott, Ivy Frost & Eve Durrant. We miss seeing them here with us.

At our meetings throughout the year, we have welcomed a variety of speakers & enjoyed varied entertainment. The talk about Medical Detection Dogs was very popular; we joined in songs with the Lowestoft Signing Choir; we could have listened to Mary Newton, forensic biologist, for much longer; Tony Brown, as ever, showed us amazing pictures he had taken of local flora & fauna, and our own Pauline Shipley got us moving with her usual enthusiasm. Our entertainer at Christmas was Stephen Amer who led us in some very enjoyable singing. Our Bloom of the Month and other competitions are usually well supported & we try to ring the changes with the latter, so we had 'a dog, in any medium', 'photo of a flower'; Chinese New Year was marked with a rabbit competition and our special Coronation celebration by a crown.

A vote was held to decide whether we should continue to sing 'Jerusalem' at the beginning of our meetings. A majority voted in favour.

Social events have been a soup, scone & pud evening and two fish, chip, and beetle evenings and an afternoon of kurling. Outings have been to the Lowestoft Players to the pantomime, 'The Hunchback of Notre Dame', & '9 to 5'. Our walking group meets monthly for a stroll if the weather is good enough, it usually includes a stop for refreshments, often travelling to a starting point by bus or occasionally by cars. Outings have included Gunton Woods, Southwold, Beccles & Gorleston. Our craft group meets monthly on a Monday afternoon, presently at the Methodist Church. We have crafted Christmas angels, greetings cards, tried macrame & paper folding and been introduced to Mandala work by one of our members, with time for a cuppa and conversation. Our cinema group meets at the Marina, sometimes eating lunch there beforehand.

Not many films have been showing recently on convenient dates, but we saw 'Mrs Harris goes to Paris', 'Hallelujah' & a screening of 'Oklahoma'. The reading group meets on the first Wednesday afternoon of the month. We have enjoyed, in some cases not so much, non-fiction books and a variety of fiction. We always have a good discussion, and members taking turns to suggest books. Our lunch club has met at Spring Tide, The Bell in Carlton Colville, the Blue Boar at Oulton & the Hotel Victoria. We like to celebrate our Institute's birthday with a meal at the local college, which is always popular. We are part of Group 1 which enables us to meet up with other W Is in the area. We have joined in a garden party at The Dales W.I., 10 pin bowling in Lowestoft, Dabble Day and the Group meetings at the Hotel Victoria. We have attended SEFWI events such as the literary lunch, kurling at Wrentham, the Annual Meeting at Trinity Park & the Christmas Concert in Southwold. We bought the Centenary booklet which is available to borrow.

We support National W I by selling raffle tickets annually. This year National W.I. day was made more of. and our tombola & information point was very successful in advertising the W.I. We have supported village events: the library cake stall; the Christmas tree festival at St Edmund's; we provided a poppy wreath and poppy covered net for Remembrance Sunday & our colourful bunting has been displayed at the sea front all summer. We have attended Parish Council meetings and presented a report at their annual meeting. We received a certificate for our part in making Kessingland a great village. You can see the commemorative trees we have planted in the community garden.

Members donate items or money for the Christmas shoe boxes, which last year were sent to Ukraine. We donated cakes for the stall in support of National NHS Day. We have ongoing collections of used postage stamps for Hearing Dogs for the Deaf, small change collection & a donations in lieu of sending Christmas cards to one another for the Association of Country Women of the World. We try to recommend an eco-tip each month, such as bringing your own container if you buy items at the cake stall. We also collect your emergency contact number – just in case!

Whether you have been attending W I for more years than you care to remember, have joined recently or are still thinking about it we hope you enjoy our meeting nights and other activities available. Please do ask questions & make suggestions – it's your W.I. and we want to continue inspiring women.

The President gave her report and awarded Pauline Shipley the President's Cup for her hard work within the institute.

We also had a talk by Doreen Cowie who is member of our institute, who leads a fun and varied life such as being the president of the mother's union. She took part in visits to Trinidad and Tobago and South Africa; she also was a reader within the church. Her Husband was a vicar, and both retired to Kessingland. She also learnt to read within the church of England.



Our competition was to make Bakewell Tarts using Paul Hollywood's recipe which was provided at our September meeting.

- The first place was Christine Mabb
- Second place was Jennifer Jagger
- Joint third place was Karelyn Smithson and Connie Niblett

The Cookery cup was awarded to Christine Mabb.

Our other competition was to make 5 pieces of bunting on a ribbon,

- The first place is Glynis Lake
- Second place goes to Sandra Warner
- Joint third place was Sally Richards and Karelyn Smithson.

The Craft Cup was awarded to Glynis Lake

With our Shoebox appeal, we filled a total of 15 boxes which will go to Eastern Europe places like Ukraine.

Walking Group was rained off last month, for their next walk, they will be walking from Kessingland through Gisleham to Morrisons for a well-earned cuppa.

The Craft group are making Suffolk Punch decorations. On 27th October 7 members attended Group 1's dabble day where they made a varied range of crafts such as glass painting, making cards, making Gingerbread men to brooch, and other craft activities.

Next month is our Christmas party on 14th December (Invitation only). Members have been asked to bring a plate of food to the meeting. A table centre is the competition as well and our entertainment is Just Andy.

For more information about our W.I. and to come along to future meetings please call Margaret Parker on (01502) 740785





The Avenue, Kessingland, Lowestoft, Suffolk NR33 7QD Telephone No: 01502 740218 / Website: www.kuwmc.co.uk Affiliated to the CIU

Newsletter – November 2023

What a busy Month we have had, our Saturday night's Music has been very popular. Friday Darts night is also going well, and we have recently had the full-size Pool Table refurbished which is a pleasure to use.

We have just had an evening with Mary Newton, a retired Forensic Scientist, "Blood, Sweat and Fears". There was nearly 90 people who found it fascinating, you could have heard a pin drop. She was very entertaining. We raised £350 plus bar profits. Everybody asked when the next talk is, so I will book her for the Spring with a different talk. **SO**, **WATCH THIS SPACE**. We have also just had a Charity evening, "Les's Yarn and Dance", for Alzheimer's and Dementia. It was a very successful night the total raised is yet to be released.

We are looking forward to the next month and Christmas:

- Saturday December 2nd: KCR (Band)
- Saturday December 9th:
- Sunday December 10th:
- Saturday December 16th:
- Sunday December 17th:
- Saturday December 23rd:
- Club Music Night 7pm-10pm, £2.50

Country Club with Kevin Barry (very popular)

Stigma (Band)

Rob Charles

Tony Barker

DON'T FORGET NEW YEARS EVE. If you want to book a table, you need to hurry. "Kenny Lee and Hustler" (very good). Bring your own food, a very good evening with Balloons at Midnight. Handy to walk home so everyone can have a drink.

We have Bingo Sunday lunch time and Wednesday evening and over Sixties Bingo Monday evening. Darts to watch Friday when they are home and our refurbished pool table. Slimming World every Tuesday, W.I. second Thursday in the month.

The club is available to hire for Parties and other activities. Wakes are free. A comfortable venue with plenty of parking, disabled entrances, and disabled toilet

We look forward to seeing you.

President: R A Hood	
Society Registration No: 4343	

Secretary: R Gasking VAT Registration No: 105 2958

CHRISTMAS & NEW YEAR OPENING TIMES

HALL BAR

Saturday 23rd December 7pm - 11pm (live music with "Stigma")

MAIN BAR

Sunday 24th December (Christmas Eve) Lunchtime - OPEN for BINGO Evening - CLOSED

Monday 25th December (Christmas Day) - CLOSED

Tuesday 26th December (Boxing Day) - 12noon - 3.00pm

HALL BAR

Saturday 30th December (No Live Music) CD's only

Sunday 31st December (New Year's Eve) 7pm - 12.30am (live music with "Kenny Lee & Hustler" TICKET ONLY)

MAIN BAR

Monday 1st January 2024 (New Year's Day) - CLOSED

President: R A Hood Society Registration No: 4343 Secretary: R Gasking VAT Registration No: 105 2958



Exciting new additions to bact community transport

There have been some new and exciting additions to bact community transport operations recently.

Firstly, following a successful bid to the Suffolk County Council Innovation fund, bact secured money to purchase a new Hybrid Ford Kuga car. This is a new addition to bact's fleet as previously they only had wheelchair accessible vehicles and minibuses with volunteers who drove their own cars. Manager, Debbie Blowers said "We are so excited to receive the new car as it opens new opportunities for volunteers to drive for us. bact are struggling to meet the demand for its transport requests, and we are in competition for volunteers with many other organisations these days. We are hopeful that having a lovely new car will attract new volunteers".

The first volunteer to drive the new car was a recent recruit, Judy Cloke, from Bungay. Judy said: "As a District and County Councillor for Bungay I have always tried to support BACT with Community and Locality funding for projects where I can, and it is now a real pleasure to be able to help in another way and I have met many interesting people in my new role. I especially enjoy driving the new KUGA- I just love the smell of a new car !"

Judy took Andy (both pictured below), a regular passenger of bact to Clinks Care Farm, a popular destination for bact passengers. Another passenger, Christine McHugh, said "*My* daughter and I were driven to James Paget hospital in BACT's new car by their volunteer driver, Judy Cloke. It was a real treat to be taken in a brand-new car. It was beautiful, lovely, and comfortable. It was so smooth and quiet, almost as if it wasn't moving - but it was, as we got there in good time! Judy was a lovely person; we had a good chat."

Now, just one month on, the vehicle has been used to take a lady to visit her husband in a home, taken people to both the Spire, James Paget and Norfolk and Norwich hospitals, taken people to Beccles bowls club, taken people for their COVID/Flu jabs, to the dentist, chiropodist and to social clubs as well as taking people to drama workshops and to the 60+ club in Lowestoft. These examples demonstrate the breadth of the type of journeys that bact undertakes every day and the impact that bact and other community transport groups have on enabling people to live a normal life with a little help with transport.

Could you spare a few hours to help bact community transport. Please do get in touch.

Bact was established in 1997 and is essentially a volunteer-based organisation. Bact uses its own accessible vehicles and volunteer cars to transport members who cannot readily use public transport or have no access to a car or live in a rural area.

Bact are seeking volunteers who would enjoy offering time to help those in their local community. They offer transport to medical appointments, day centres, shopping trips, educational outings, and such like. They also offer Dial-A-Ride special days out. Recently, passengers have enjoyed visits to garden centres, retail parks and seaside towns.

Volunteers need to know that DBS checks and references are required. Training is provided and a mileage allowance is paid (for drivers using their own vehicles).

If this sounds interesting and you would like to find out more about volunteering in your local community, please call the office team on 01986 896896

www.Bactcommunitytransport.org.uk



Judy Cloke and Andrew Jaye (photo taken by bact)



Kessingland Methodist Church

Dear Friends,

'Christmas is coming, the geese are getting fat, Please put a penny in the old man's hat, If you haven't got a penny than an ha'penny will do, If you haven't got an ha'penny then God bless you.'

Yes, Christmas is sneaking up upon us, although signs of Christmas have been in our shops for weeks. I love the anticipation of Advent but for many people Advent is skipped, and they go straight to Christmas. Advent is about getting ready for Christmas and the birth of Jesus.

Let me introduce myself. I am Deacon Linda Kinchenton, one of the ministers at Kessingland Methodist Church. I am married to Joe and our family is made up of four legged babies. We have 4 cats, but we also foster cats for Cat's Angels, Lowestoft, and I also help with the rescue and rehabilitation of hedgehogs.

For me, Christmas is not only about ourselves and our families but how we respond to others too. This is reflected in this poem by Warren Meyer.

YOU ARE CHRISTMAS

'You are Christmas... Every time you smile and help to make the world a brighter place You are Christmas... Every time you laugh and let the sound join with all the happy music of the world You are Christmas... Every time you speak a word of faith to some fearful soul along an unpaved road. You are Christmas... Every time you pray a prayer for those who need your very special blessing. You are Christmas... Every time your loving hand goes out of the way to give that extra special service.'

So, this Christmas be Christmas in the world!





I invite you to Join Kessingland Methodist Church for the following activities.

- Christmas Bazaar on 2nd Dec between 2pm and 4pm
- **Nativity service** with Rev Pam Bayliss **on Sunday 10th Dec** at 10.30am a time to dress up and children are welcome.
- Christmas songs with Karen & Kayleigh on Friday 15th Dec at 7pm
- Carols outside the Doctors Surgery on Saturday 16th Dec at 10am
- Christmas Eve service on Sunday 24th Dec at 11.30pm a Candlelight service with Michelle Wood
- Christmas day morning service on Monday 25th Dec at 9.30am with Rev Pam Bayliss

All are welcome.

Love and Blessings for a lovely Christmas

Deacon Ginda





What is the True Meaning of Christmas?

Most people would agree that Christmas time is different from any other time in the year and that we see the genuine "warm heart" of the community at this time. "Goodwill to all men and Peace on Earth", is generally adopted, and we see special campaigns to raise money for those less privileged than ourselves, and projects to re-unite families or look out for the



elderly on their own. Homelessness has again come into the news headlines and organisations such as Crisis and Shelter see to provide shelter over the Christmas holiday. Yet..... in other ways the Christmas magic that people seek is something of an illusion. The current concept that we adopt is often far removed from the real celebration of the events 2023 years ago, a tiny baby coming into the world to reconcile us all to God, and it is becoming very rare to see illuminations or even Christmas cards depicting the nativity scene. Instead, we are all subjected to intense marketing campaigns to buy, buy, buy. Sadly, today Christmas has become no more than a commercialised holiday about 3 things,

GETTING, DOING and GOING.

Let me give you some examples:

1.0 GETTING: Generally, there are three questions many people ask at Christmas time. The one that children often ask one another is "What are you "getting" for Christmas?". Unfortunately, there is this deeply entrenched expectation of getting



and we sometimes begrudge the season because we wonder whether our bank balances can really stand the getting expectation of our families, we are emotionally blackmailed to give to by commercialised campaigns. Christmas is a "time for children" but how often do we encourage our children to give, or encourage ourselves to give, in a society where the getting expectation is so

much part of our whole social fabric. "What's in it for me?" appears to be at the front of our basic concerns.

2.0 DOING: A second question is "What are you **"doing"** for Christmas?". Christmas, of course, is a holiday season. Schools are on leave, most businesses are closed



down, (although even that is becoming less likely as more business look to capitalise on the ever-growing commercialism of Christmas). Only essential services like electricity supply, police, nursing staff, and yes vicars... are on duty. Sometimes, in the course of conversation we may ask someone, "What are you <u>"doing</u>"? So much of our "doing" doesn't reach beyond ourselves at all at Christmas, a most current advert, was a perfect example of this and

caused quite a stir on social media. Sometimes the "doing" of our life is selfish. AND.....sadly, Christmas is one of the times when, despite all our messages of Christmas "is a time for giving, sharing and loving", we exhibit this selfish quality more profoundly.

3.0 GOING: A third question is "Where are you **"going"** this Christmas?" How many of us will receive an invitation or invite our families to share Christmas? This is a good



thing that so many families do endeavour to get together at Christmas time, no-one would dispute that. However, it is a sad fact that, at Christmas time there is a large increase in family arguments and domestic violence. It would be fair to say that there are even those in the community who really dread the coming of Christmas. This is the sadness we face today, at a time

when we should feel encouraged to evaluate the direction of our life and celebrate the love and goodwill of the season; all too often, the main priority is the direction of our car, so that we can get to where we're going, to do what we've planned.

Relevance today

I guess the message we should take on board at Christmas is.... not to focus on what we are <u>"getting"</u> or what we are <u>"doing"</u> or where we are <u>"going</u>" - but whether we believe in Jesus, Gods Son whom He sent to lead by example and show us the way. This is



how we are encouraged to celebrate Christmas, and this will help us become answerable to ourselves when asking what we <u>need</u> to be doing or where we <u>need</u> to be going over the Christmas holiday.

With so many of our community and family struggling to make ends meet, maybe we could take a bit of time, to really offer goodwill to

all and seek to come together as community. To share in the experience and joy, of just being amongst each other and offering hospitality and inclusion to those feeling alone and isolated.

Christmas is an event that is special and different from any other time of the year, so let's focus and enjoy it and celebrate it with our loved ones and others. Celebrate with

 THE CHURCH OF ENGLAND
 Transformed
 Prophetic
 Prayerful
 Pastoral

 Diocese of Norwich
 by Christ
 Prophetic
 Prayerful
 Pastoral
 our children at their school Christingle and Nativity play, as well as engaging with them at the Family service at 4pm at the Church Centre, coming together as community to sing carols on December 17th at 3pm and attend Christmas events around the villages. Maybe this Christmas we can give, as God gave, to offer us hope for our futures alongside our neighbours, celebrating the true gift of Christmas..... Jesus.

CHRIST-mas is about celebrating the gift of a tiny baby to bring us all hope for a different future.

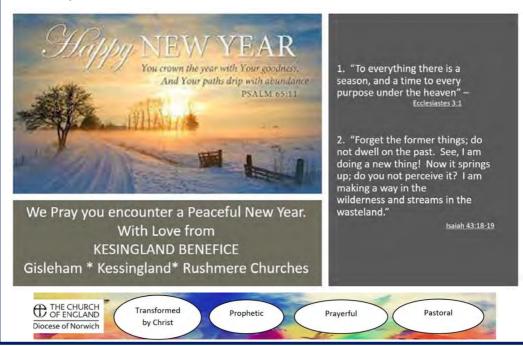
Kessingland Church prays you encounter a peaceful and joyous Christmas.

Merry Christmas to You All. God bless you.



Silent Night. Holy Night.

Rev'd Mandy. revdmandy@btinternet.com





Congratulations to the Community Garden and our Volunteers

Your Community Garden has been given special recognition in the Lowestoft in Bloom Awards 2023, a fabulous achievement.





With Winter approaching & the weather turning colder, our volunteers are doing basic maintenance now until the Spring. The main job at the moment is digging out the new Wildlife Pond which will look fantastic once finished.

Please remember that anything that is grown & harvested in the garden is for the Community so please do help yourself to anything that is ready. Any surplus will be given to the Community Fridge based in the library.

Our volunteers will be on site from 9am every Tuesday morning (weather permitting of course) so come along and see for yourself the progress being made in your Community Garden. If you have some spare time on your hands, come along and join the Volunteer Group, everybody is welcome. Dogs are also welcome into the Garden, but please remember to keep them on leads & clear up after them. Also, don't forget our Seed Swap box is available for donations of unwanted/surplus seeds, please do make good use of it.

Wishing you all a very Merry Christmas

F Join us on Facebook: Kessingland Community Kitchen & Wildlife Garden





The Village clean-up teams continue to go out & about - on a Thursday for verge and promenade clearing, and also organized litter picking groups going around the Village on a Friday morning and are doing a great job keeping the Village nice and tidy.

The Monday beach cleans have now finished until March. Thank you to all our volunteers who helped to keep it clean & tidy.

More volunteers, for litter picking & work at the Marsh, are always needed. So, if you have an hour or two to spare, please contact Cllr David Boyle for more details.

Telephone: 07707 201300 Email: dboyle@kessinglandparishcouncil.org.uk

Come and join our friendly Team.

(all equipment provided)



Clearance of fallen tree on footpath between Catchpole Close & Church Centre

Kessingland Men's Shed



December 2023 Update

Now that December has arrived, we at the Shed would like to wish all of you a Merry Christmas and Happy New Year. We hope you enjoy the holidays.

We had some good news from the local Co-op during November. Kessingland Men's Shed has been one of the Local Causes under the Co-op Local Community Fund and we have benefitted to the tune of £1379.38. This was made up of customer contributions which were then matched by the Co-op. Thanks to everyone for your support.



Pictured are Simon from the Co-op with Niall, Tom, Mike, Alan & Billy from the "Shed".

We are still welcoming new members, so pop down to the Shed, on Bethel Drive, for a coffee and a chat, where you can fill in a form if you want to join up or contact the Secretary on 07950 837083. Opening times are 9-1pm on Mondays, Wednesdays, Fridays, and Saturdays.









ity Kessingland Southwold

Chef's Fayre Café @ Marram Green

How great to have a community Café back !!

A very warm welcome to Chef's Fayre, who officially opened on 20th November with a day of complimentary drinks and cakes. We wish you all the very best in vour venture!

The café is open everyday from 8:30 until 4:30, serving a great selection of hot & cold foods & drinks, with daily specials and a roast dinner on Sundays.

Please do support your new café as much as you can so we can ensure it stays open as it is an important asset to our community.

Don't forget to pick up your loyalty card too !!

> Telephone: 01603 748822

Email: enquiries@chefsfayre.co.uk

> Website: www.chefsfayre.co.uk

Facebook: Chef's Fayre at Marram Green

OPEN EVERYDAY 8.30am to 4:30pm

Find us on F3 (S)

Citizen's Advice





November 2023 – Press Release

FUEL POVERTY AWARENESS EVENTS

On 11th and 13th December between 10am and 2pm, Citizens Advice invite you to come and join them for a chat and cuppa to learn about fuel poverty, energy efficiency and other topics connected to energy with the aim to see if help is available to you to prepare for winter and keep warm.

Event: Fuel Poverty Awareness Date: 11th and 13th December Time: 10am-2pm. Venue: Citizens Advice, St Margaret's House, Gordon Road, Lowestoft, NR32 IJQ.

"This event was inspired by National Energy Action who share our goal of ensuring everyone gets the help they need to stay warm during the winter. Citizens Advice has a lot of knowledge in this area and we look forward to meeting you face to face to see what help may be available", Sally Blake, Community Engagement Coordinator.

Citizens Advice helps people find a way forward. We provide free, confidential, and independent advice to help people overcome their problems. We are a voice for our clients on the issues that matter to them. We value diversity, champion equality and challenge discrimination and harassment. We are here for everyone. For free, confidential, and independent advice:

Call us on **0808 278 7866** between 10am to 2pm Monday to Friday. Our lines are very busy at the moment, so alternatively visit **www.caes.org.uk** for all the different ways you can contact us - face to face drop ins, email and video link.

CITIZENS ADVICE CENTRES IN EAST SUFFOLK

Main offices:

Beccles: 12 New Market, Beccles, NR34 9HB. Monday, Wednesday and Friday by appointment. Felixstowe: 2 - 6 Orwell Road, Felixstowe, IP117HD. Monday-Friday 10-Ipm by appointment.

Leiston Office: 14 Colonial House, Leiston IP16 4JD. Monday, Tuesday, Thursday and Friday by appointment.

Lowestoft: St Margaret's House, Gordon Road, Lowestoft, NR32 1JQ. Tuesdays and Thursdays by appointment.

Outreach drop-in centres:

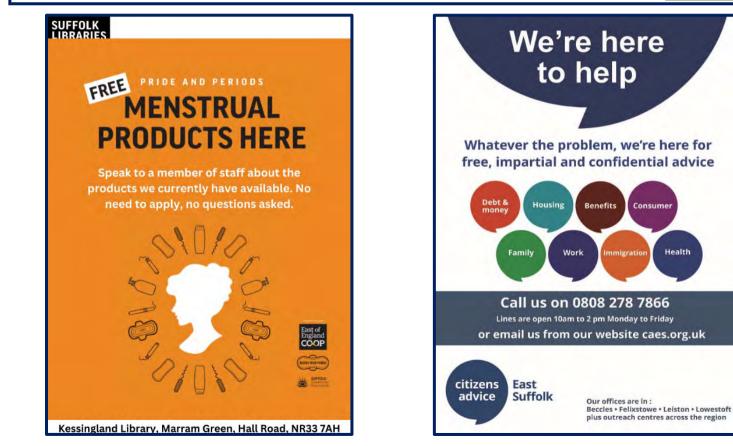
- Aideburgh and Alderton by appointment.
- **NEW VENUE**** Bungay 28 Wingfield Street, Bungay, Suffolk NR35 IEZ. Drop in every Tuesday I0am-12 noon.
- **NEW VENUE**^{**} The Oaks Family Hub (Children's Centre), Grange Road, Felixstowe IP11 2LA on first Wednesday of every month from 1-4pm
- Framlingham Library, The Old Court House, Bridge Street, Framlingham IP13 9BA. Drop in every Friday 10am-12noon.
- Halesworth Library Bridge St, Halesworth IP198AD. Drop in on the 1st and 3rd Tuesday I0am-12 noon.
- **NEW VENUE**^{**} Kesgrave Community and Conference Centre, Twelve Acre Approach, Kesgrave, Suffolk IPS IJF. Drop in on the third Tuesday of the month from 9am-12 noon- starting from 15th August.
- Saxmundham Library, Street Farm Road, Saxmundham IP171AL. Drop in every Wednesday I0am-12 noon.
- NEW** Stella Peskett Millenium Hall, Mights Road, Southwold IP18 6BE.
 Drop in second Monday of each month from 10- 12noon starting on 7th July.
- Wickham Market Resource Centre, Chapel Lane, Wickham Market IP13 0SB. Drop in every Tuesday 1.30pm-3.30pm.
- Woodbridge Library New St, Woodbridge IP121DT. Drop in every Monday I0am-12 noon.



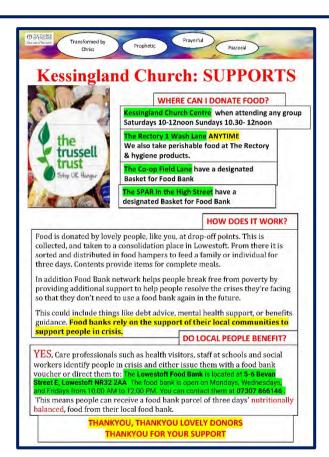
























KSSC

Community Noticeboard Events, Competitions & Local Groups

Counci





KSSC, Francis Road 3rd December only (after the Tree Lighting) 4:30pm until 6pm



Community Noticeboard

Events, Competitions & Local Groups







- 34 -

Events, Competitions & Local Groups

The Sailor's Home, Kessingland

Open every Saturday 2-5pm and Sunday 12-3pm in the run up to the Big Day (other dates/times available on request)

£5.00 per person (no age limit) Includes Christmas gift and donation to St Edmund's Church Payment required in advance

To book, please call: 01502 740245 (Sailor's Home) or 01502 740632 (The Beach Hut)

Santa at the Sailor's Home



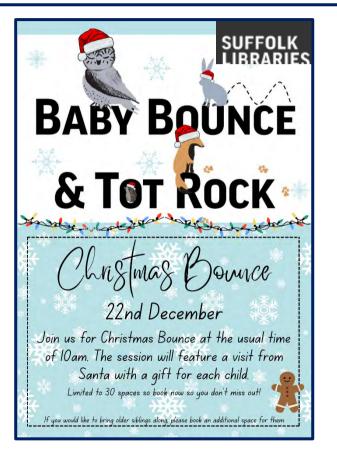


Community Noticeboard

Community Noticeboard

Events, Competitions & Local Groups







You are welcome.

Community Noticeboard



Events, Competitions & Local Groups





Activities & Groups: Kessingland Church Hall

C THE CHURCH DF ENGLAND Discase of Norwich Transformed Prophetic Provide Pastoral by Christ Christmas Services **Carol Services** December 16th RUSHMERE 5.30pm December 17th Gisleham 10am December 17th Kessingland 3pm Christmas Eve Kessingland Family Christmas Service 4pm Midnight Communion 11.30pm **Christmas Day** GISLEHAM Holy Communion 9.15am Happy CHRIST-mas www.kessinglandbenefice.co.uk

Activities & Groups: Kessingland Church Centre









Activities & Groups: Kessingland Church Centre



Community Noticeboard Activities & Groups: Kessingland Church Centre







Activities & Groups: Kessingland Church Centre



Activities & Groups: Kessingland Sports & Social Centre

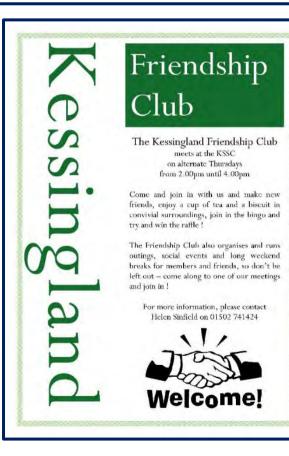






Activities & Groups: Kessingland Sports & Social Centre





Other Groups at the KSSC:

Tuesdays:

- Waveney Table Tennis 10am – 12pm
- Badminton 7pm – 9pm

Wednesdays:

- Knit and Natter 9:45am – 11:45am
- Kessingland Dance Academy 5pm – 6:30pm

Thursdays:

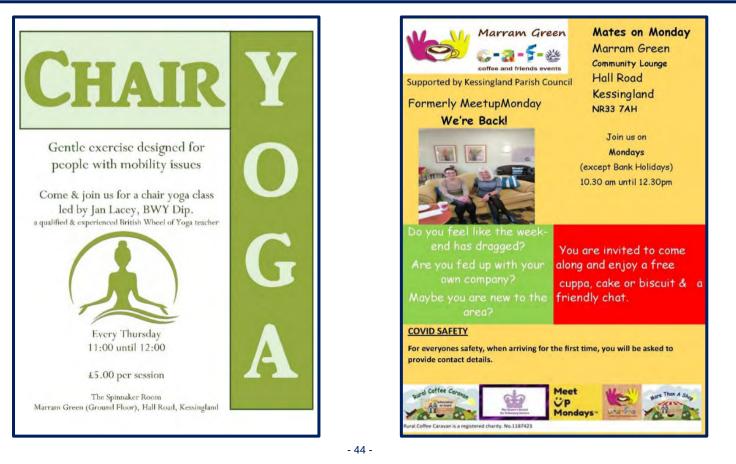
- Chair-based Exercise (alternate weeks)
 9:30am 10:30am
- Pilates
 6pm 7pm
- Model Flying Club 7:30pm – 10pm

For Bookings:

- Telephone: 07729 384705
- Email: ksscbooking@hotmail.com







Activities & Groups: Kessingland Library & Marram Green





Find us at: Marram Green, Hall Road, NR33 7NY

suffolklibraries.co.uk/kessinglandlibrary

f S donating to Suffok Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffokhibraries.co.uk/donate

Regular Library Activities		
SUNDAY	10:30-12 - Craft & Play	
TUESDAY	10am - Baby Bounce	
TUESDAY	11-11:45 - Stay & Play	
WEDNESDAY	2:45 - Bingo	
FRIDAY	10am - Baby Bounce	
FRIDAY	2:30pm - Scrabble	
FRIDAY	2pm - BYO craft club	
Take a look at our website for all our activities		
Don't forget to follow us on Facebook! Find us at: Marram Green, Hall Road, NR33 7NY suffolklibraries.co.uk/kessinglandlibrary		
f y (a) by donating to Suffok Libraries you can help us fund arousal additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffoktionaries.co.de/donate attest airware.track		

Activities & Groups: Kessingland Library & Marram Green

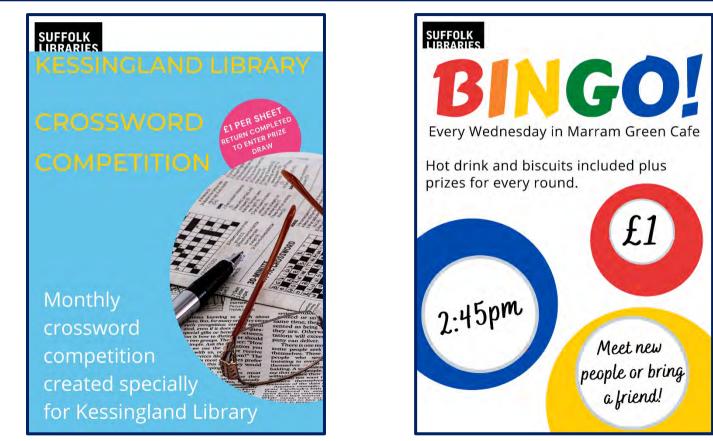






Activities & Groups: Kessingland Library & Marram Green





Activities & Groups: Kessingland Library & Marram Green





* Support Suffolk Libraries and other charities

SUFFOLK WHERE

By buying your seasonal cards at the library this year, you will be supporting multiple charities!

> By donating to Suffolk Libraries you can help us fund crucial additional services that reduce social, digital and rural isolation in our communities. For details visit www.suffolklibraries.co.uk/donate



Kessingland Methodist December Events Christmas Bazaar 2nd Dec 2-4 Sunday 10th Dec Nativity service with **Rev Pam Bayliss** Children always very welcome Friday 15th December Christmas songs with Karen & Kayleigh, 7pm at Kessingland • • **Methodist** Dec 16th join us for carols outside Dr surgery **Kessingland 10am** 24th December Christmas Eve 11.30pm Candlelight service with Michelle Wood Monday 25th December Christmas Day short morning service 9.30am ••• with Rev Pam Bayliss

Activities & Groups: Kessingland Methodist Church



Kessingland Methodist Church Activities 2023 Family friendly services every Sunday 10.30 am

> Coffee morning every Tuesday 10-12 Prayer meeting on zoom every Wednesday 7.30pm

2nd December Christmas Bazaar 2-4pm December 24th Christmas Eve midnight candle light service 11.30 Monday December 25th Christmas day 9.30am

Prayer Group

Every Wednesday 7.30 on zoom Any prayers left in prayer box included





Community Recycling



Kessingland Church Centre Carpark

Serving our Community. Serving those in need



BOOKS

Kessingland Library Marram Green, Hall Road, Kessingland NR33 7AH

UNWANTED / USED BATTERIES

Kessingland Co-op 44-48 Field Lane, Kessingland NR33 7QA

Kessingland Library Marram Green, Hall Road, Kessingland NR33 7AH

USED PRINTER CARTRIDGES

Kessingland Library Marram Green, Hall Road, Kessingland NR33 7AH

GLASS & BOTTLE RECYCLING

Kessingland United Working Men's Club The Avenue, Kessingland NR33 7QD

The Sailor's Home 302 Church Road, Kessingland NR33 7SB



Volunteering Opportunities





MAKE A CHANGE BECOME A COUNCILLOR

Could you be a voice for your community?

Do you think that you would represent a different group of people on the Parish Council?

Do you have strong views about what Kessingland Parish Council should be doing?

Do you know what the Parish Council can do?

Kessingland Parish Council has a vacancy for a new councillor

If you're over eighteen years of age and live or work within Kessingland (or within three miles of the Kessingland boundary) and do not have any of the disqualifying criteria, then we would like to hear from you! Especially if you are different than the people already on the council. Kessingland is a diverse community, and the council wants to recognise, celebrate, and represent that diversity. The key qualities for a councillor are to keep an open mind and to listen to, learn about, care for and represent your community to the best of your ability.

Applying is easy, there is a short form which you can collect from the parish council or download online. Just complete and either email or drop it off at the council. You'll be invited to attend a Parish Council meeting (generally the second Wednesday each month) and tell the council more about yourself, what you can bring to the council and what you would like to achieve for the community.



If you are interested or want to know more, please speak to one of the current councillors or contact the council office. There is more info as well as information on a range of different local councillors nationally at: https://www.nalc.gov.uk/our-work/local-elections#what-do-local-councils-and-councillors-do



Kessingland Parish Council, First Floor, Marram Green, Hall Road, Kessingland NR33 7AH Telephone: 01502 744367, Email: admin@kessinglandparishcouncil.org.uk, Web: www.kessinglandparishcouncil.co.uk

Volunteering Opportunities





Telephone: 01502 744367 admin@kessinglandparishcouncil.org.uk www.kessinglandparishcouncil.co.uk

mail

Alah



Useful Contact Information



Useful Local Telephone Numbers

East Suffolk Council (Customer Services)	0333 0162000
East Suffolk Council (Out of Hours Emergency)	0800 440 2516
East Suffolk Council (Automated Payments)	0300 7900509
Kessingland Parish Council	01502 744367
Peter Aldous MP (Waveney)	01502 586568
Citizens Advice Bureau	01502 518510
Disability Advice North East Suffolk (DANES)	01502 511333
Suffolk County Council Highways (if immediate danger to life) or online at www.highwaysreporting.suffolk.gov.uk	0345 6066171
Kessingland Doctors (Longshore Surgery)	01502 740203
Kessingland Pharmacy	01502 740251
James Paget Hospital A and E	01493 452200
NHS Helpline	111
Police- Emergency Only999Police- Non-Emergency101or online at www.suffolk.police.uk/contact-us/report-something	
Coastline Vets (Carlton Colville)	01502 531999
Three Rivers Vets (Kessingland)	01502 741988
Pakefield Vets (Pakefield)	01502 664656
Wangford Vets (Wangford)	01502 578999
Kessingland Library	01502 741212
St Edmund's Church	01502 743154
Kessingland Primary Academy	01502 740223
Kessingland Sports & Social Centre	07729 384705
Kessingland United Working Men's Club	01502 740218
Kessingland Women's Institute	01502 740785



National Organisations and Helplines

Suffolk Trading Standards

Age Concern	0800 6781602
Childline	0800 1111
NSPCC helpline	0808 800 5000
Cruse Bereavement Support	0808 8081677
Samaritans	116 123
Macmillan Cancer Support	0808 8080000
Mind Infoline	0300 1233393
Alcoholics Anonymous	0800 9177650
Refuge National Domestic Abuse Helpline	0808 2000 247
RSPCA helpline	0300 123499
RSPCA (Mid Norfolk and North Suffolk branch)	0303 040 1565
Action Fraud (Fraud & Cyber Crimes)	0300 123 2040

If you are experiencing any antisocial use of vehicles racing along the dual carriageway in Kessingland during the Late evenings especially over the weekend periods Then please report this to Police online – At <u>www.suffolk.police.uk</u> then click the report something tab Followed by ASB, or Call 101 or 999 as appropriate. Please use the QR code for further advice.



Thank you Lowestoft Police,



0808 223 1133

The Village News welcomes contributions from everyone within the Parish; news, photographs and reports from village organisations are particularly welcome but contentious issues or articles promoting personal causes should be avoided – the Editor reserves the right not to print items and to edit items submitted for publication.

The views expressed in the Village News, unless stated as such, are not those of the Editor or the council, and no liability can be accepted for any error or omissions although we will publish corrections.



If you would like to submit articles or cover photographs, the deadline for copy is 12 Noon on the 24th of each month.

Please send submissions to the Editor – jmclean@kessinglandparishcouncil.org.uk Articles can be half or full page.

If you would like to advertise in the Village News (Kessingland businesses only), please contact the Parish Council on 01502 744367 for more information & subscription rates.

